



UCI Hour Record Attempt – Reference Document

Since the modernisation and simplification of the rules implemented in May 2014, the UCI Hour Record has become a very attractive challenge within the pro-cycling community and a very popular event for fans and spectators. As such, Cycling Canada will continue to work with athletes to aid in the process of attempting Canadian and World Hour Records on the track. This document is intended to share key information that must be considered by all athletes wishing to make an Hour Record attempt.

Rider Application Deadlines:

In conjunction with Cycling Canada's standard event application deadlines, any athlete wishing to make an official Hour Record Attempt will need to complete the relevant Application Form and return to Cycling Canada.

PLEASE NOTE: Each application includes a non-refundable \$50 CAD application fee, payable to Cycling Canada and due at the time of application.

Important Resources

Listed below are important web-resources which must be consulted prior to submitting an application to attempt the Hour Record:

- UCI's "[How to make a UCI Hour record timed by Tissot attempt](#)" webpage
- [UCI Track Cycling Regulations](#) – all relevant Hour Record regulations can be found on Pg. 70, *Chapter V WORLD RECORDS*
- [UCI Hour Record Checklist](#)
- Cycling Canada Hour Record Application (see application deadlines above)

Attempting the Hour Record

Registering for a sanctioned Hour Record Event

Cycling Canada works with independent event organizers to sanction Hour Record Events, whereby multiple hour records may be attempted during the same day(s). By registering for an Hour Record Event, riders benefit from the cost savings resulting from shared resources (officials, venue, etc.), the additional promotion from event organizers, and experienced, knowledgeable event organizers. Hour Record Attempt event dates are outlined on the Cycling Canada application form, and are open to application for all those wishing to make an attempt. Current affiliated Hour Record Event organizers:

Event Date	Event	Location	Website
Aug 24, 2019	Day of the Hour	Milton, ON	http://www.dayofthehour.com/

PLEASE NOTE: Events with limited capacity for attempts will work with Cycling Canada staff to determine the selection of riders who have been successful in their application. Those who have not been successful may be offered alternative attempt dates, or will have the opportunity to make an independent attempt.



Independent Attempts

Any athlete may make an independent Hour Record attempt outside of the above-mentioned event(s). Riders should be aware that independent attempts may incur additional costs, as resources such as venue and officials will not be shared across various attempts on the same day. Similar to Hour Record Events, those riders wishing to make an independent Hour Record attempt must complete and submit the Cycling Canada Application form, indicating the preferred attempt date, before the above-stated application deadlines. Following the application deadline, Cycling Canada staff will work directly with the applicant to determine available dates and fees related to the independent attempt. Relative fees to be covered by the rider for making an independent attempt may include, but are not limited to:

- Officials. Including honorarium, travel, meals, and accommodation where required
- Venue/track rental. *Pending track availability*
- Anti-doping
- Timing

PLEASE NOTE: independent attempts may take place no earlier than 2 months following the application deadline.

Who Can Attempt the Hour Record?

Elite Men/Women and Para-cycling Men/Women are exclusively recognized UCI World Hour Record categories. World Hour records may also be established in the Masters Men & Women categories listed in the table below. Riders attempting World Hour Records in each of the below categories will also be considered for relative Canadian Hour Records.

Hour Record Attempt Recognized Categories

See the table below which outlines the officially recognized World & Canadian Hour Record categories. Both Men and Women are recognized in each of the below-stated categories.

UCI Officially Recognized categories			
Elite [UCI Official]		Para-cycling [UCI Official]	
Masters Categories			
30 – 34	35 – 39	40 – 44	45 – 49
50 – 54	55 – 59	60 – 64	65 – 69
70 – 74	75 – 79	80 – 84	85 – 89
90 – 94	95 – 99	100 – 104	105+

Contact

All those with questions related to making an Hour Record attempt should contact Jolène Dupuis, Cycling Canada Domestic Development Coordinator, at Jolene.dupuis@cyclingcanada.ca or (613)248-1353 ext. 2603.