

VÉLO. VICTO. FEST.

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SEPTEMBRE
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**Championnats
canadiens maîtres
sur route 2021**

GUIDE TECHNIQUE

**2021 Canadian
Masters Road
Championships**

TECHNICAL GUIDE

UCI

GRAN FONDO
WORLD SERIES



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WELCOMING ADDRESS

Vélo.Victo.Fest. First edition. Take 2.

Like many players in the event and recreation industry, COVID-19 hit us like a ton of bricks. Without the financial support of our main partners, the City of Victoriaville and the MRC d'Arthabaska, as well as the various government assistance programs, we would not be here today. Obviously, we thank them warmly, because here we are again, confident and happy to see you, with the same desire to put on an event that will make people talk— for the prestige of the UCI, the panache of the Canadian Championships, and the pleasure of riding the backcountry in good company.

It's an event that we've been able to organize, despite all the difficulties encountered, because of the many key people in our organization, from our staff to our partners, that have worked so hard. Not to mention the unfailing support of our caring and competent volunteers, without whom we would not have been able to make the Classic and the VVF a reality, let alone expend so much effort and energy to make it shine over the years.

It's an event that we want to make live in honour of an exceptional region and to a welcoming, active and enthusiastic population. One in which to settle down, to meet, or simply to ride. Because we want you to come to love both the place and its people, even though we know that sometimes our routes are as challenging as they are beautiful.

It's an event that we see growing, with several chapters still to be written about this beautiful adventure, including the submission of a bid for the 2026 UCI Gran Fondo World Championships. And between now and then: many editions to allow the Classic and the VVF to grow and become even more spectacular.

And it all starts this year. Exceptional in every sense of the word. So whether you're riding deep or wide, for the Canadian Championships, the Gros Big Gravel, or the UCI Gran Fondo World Series, we say "thank you friends", for choosing us and for being with us in Victo.

Now it's time for the show.



Alexis Pinard, Co-founder and President of the Appalachian Classic

MAIN PARTNERS

Partenaire Hôte



Partenaires publics et touristiques



Municipalités



Partenaires Cycling Canada



SUPPLIERS AND PARTNERS

Official supplier: Sports nutrition



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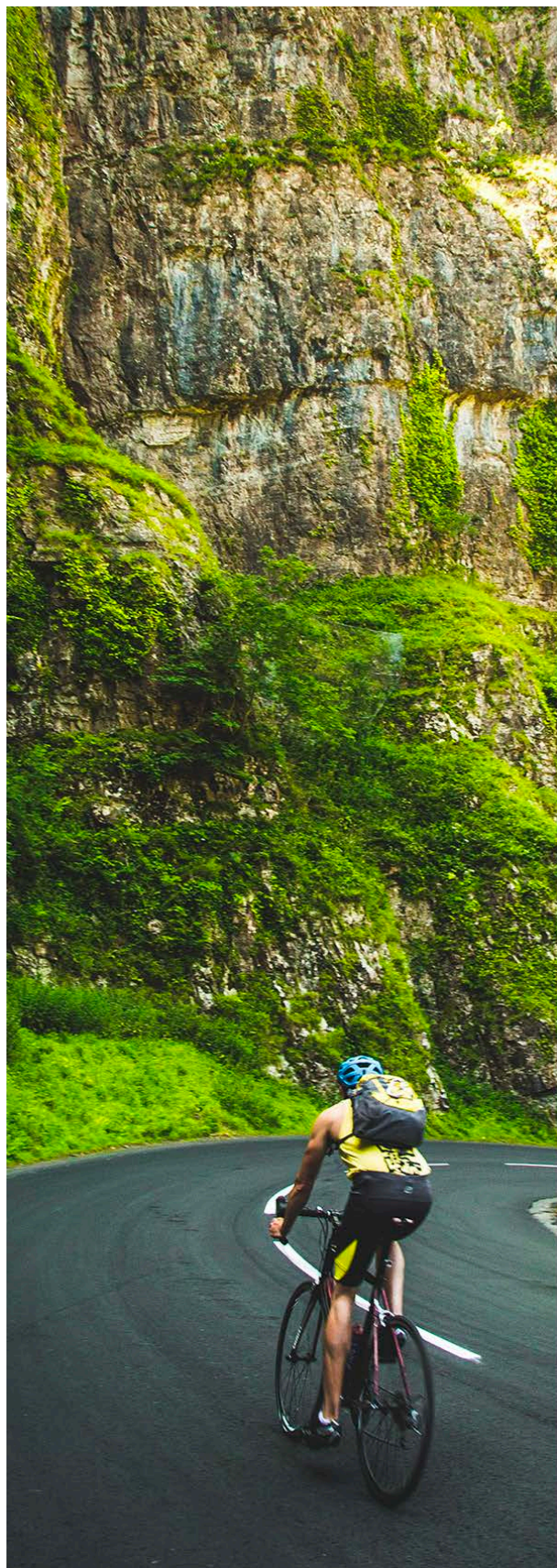
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QUÉBÉCOISE
DES SPORTS
CYCLISTES



Québec
Ministère
des Transports



ELECTROLYTES XL

Une hydratation sans ingrédients artificiels qui contribue à la fonction musculaire et à l'équilibre du pH.

//

Clean hydration that contributes to muscle function and pH balance.



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COVID-19 PROTOCOL AND SANITARY MEASURES

All the health instructions are in the following section. We will notify you by email of any changes in sanitary measures in the event of other public health instructions, depending on the evolution of the situation.

Notwithstanding the aforementioned, the following guidelines apply to all participants, regardless of their home point of origin, or event:

- Riders are required to follow the organization's guidelines at all times. Failure to follow health guidelines may result in expulsion from the event site.
- Each site identified as part of the event is marked by physical barriers. It is mandatory to enter and leave the sites through the designated access points.
- It is mandatory to maintain a minimum distance of 2 metres between people of different bubbles.

Vaccination passport and/or proof

- For all events at the VVF, including the Canadian Championships, the UCI Gran Fondo World Series and the Gravel Gros Big, **a proof of vaccination is mandatory.**
 - For Quebec residents, please download the VaxiCode application and [follow the instructions detailed on this link](#). Your QR code will be scanned upon retrieving your participant package.
 - For athletes coming from outside Quebec or Canada, please refer to the [Quebec Government guidelines for traveling in Quebec detailed on the following link](#).

Instructions on the Registration and Arrival Site

General Guidelines

- Masks must be worn at all times except when the stewards allow participants to remove their masks before the start of a race.
- All persons wishing to access the site(s) identified as part of the event, and who are not themselves participants, employees or volunteers, must register when entering the various event sites. An online form is available to the public at the following address: <https://www.ms1inscription.com/VVF>

- Volunteers will be on hand to control entry and exit. Victoriaville's public infrastructures (park, downtown, street furniture) not part of the event will remain accessible to the general public.
- It is required to respect a distance of 2 metres between the participants of different bubbles. No handshakes will be allowed.
- Handwashing stations will be located at several points on the sites (entrances, exits, etc.). Single-use masks will also be available to participants as a last resort. Participants are responsible for their own equipment.
- It is important to respect the direction of traffic on the sites. This will be clearly indicated with barriers or signs at the sites.
- The toilets will be regularly cleaned and disinfected.

Publication of Schedules, Start Lists and Results

- Start times, start lists and results will be published on the website www.theappalachianclassic.com as well as on our social networks (Facebook page VFF, Classique des Appalaches & Twitter VFF, Classique des Appalaches) only. This measure is to help avoid physical crowds.

Award Ceremonies

- The prize-giving will take place at the scheduled times (see event schedule). Only the winners will have access to the area around the podium. Prizes will be on trays that the winners must pick up themselves. No hugs or handshakes will be tolerated.

Start, Finish and Course Areas

- Masks must be worn in the start and finish areas. Participants must keep the mask on until the steward allows them to remove it.
- There will be a 2 metre space in the start area between each participant. Volunteers will indicate the places to be taken by the participants.
- Once the finish line is crossed, it is required that participants put the mask back on once they are off the bike.

Feedzone Areas

- The organization will identify neutral refreshment zones, where accompanying persons wishing to refuel a participant(s) can be positioned. Volunteers from

the organization will also be on site to offer neutral refreshments (liquid only) to as many people as possible.

- People in the neutral feed zones will have to respect the 2m distance between individuals not belonging to the same bubble. They will also have to follow the instructions of the members of the organization (including the volunteers) who will be clearly identified.
- Volunteers will wear a mask at all times and wash/disinfect their hands frequently.

In Event Support and Service Vehicles

- Wearing a mask is mandatory if there is more than one person in the vehicle and hands must be disinfected before entering. Passengers are expected to respect the two-metre distance between them. The driver must disinfect the seats and door handles after use.

BACKGROUND INFORMATION

Organizing Committee

Director of Operations: Katherine Brûlé-Giroux
 Technical Director: Pierre Hutsebaut
 Medical Director: Julie St-Pierre
 Manager, Site and Logistics: Stéphane Lambert
 Head of Communications: Isabelle Mailhot
 Consultants and Advisors: Julie St-Arnaud, Michel Benoît
 Director General (in training): Gabriel Boileau
 All other related tasks: Alexis Pinard

Board of Directors

Stéphanie Allard, Administrator
 Simon Dugré, Director
 Steeve Gagné, Director
 Mathieu Moreau, Treasurer
 Antoine Cantin, Secretary
 Alexis Pinard, President

Volunteer Council

Registrations: Johanne Hamel
 Volunteers: Cathy Dubois
 Course, Signage and Maintenance: Renald Chabot
 Caravans and Communications : Jacques Provencher
 Security: Simon Dugré
 Provisioning: Audrey Boutin
 Site setup and logistics: Sébastien "Bob" Girard
 Sage among sages: André Guillemette

Commissaires

Chair of the Panel of Commissaires: Louise Lalonde
 Panel of Commissioners: see details in the appropriate section
 Motorcycle: EMC, Moto Trail Aventure

Headquarters (event starting August 30)

Vélo.Victo.Fest.
 81 Rue de Bigarré, Victoriaville, G6P 9P6
 Tel: 514-660-0702

Opening hours are from Monday to Friday, from 8 am to 6 pm

Offices (permanent)

Appalachian Classic
 150 Notre-Dame West Victoriaville, QC, G6P 1R9
 Tel: 819-758-9451, x4302

Opening hours are from Monday to Friday, from 9 am to 5 pm

Important Addresses



Zone	Name	Address	Services
1	Carré 150 parking lot	Located in front of 19 Rue de la Gare, Victoriaville, G6P 3Z1, Québec	<ul style="list-style-type: none"> Registration Area Medical Area Information Centre <p>This area is reserved for participants only. No parking. *</p>
2	Bicycle Park	20 Rue de Bigarré, Victoriaville, G6P9P6, Québec	<ul style="list-style-type: none"> Sanitary Block Refreshment Area at the Finish VVF Terrace Shop Area
3	Square 150	150 Notre-Dame East, Victoriaville, G6P3Z6, Québec	<ul style="list-style-type: none"> Podiums and Medals
4	Head-quarters	81 Rue de Bigarré, Victoriaville, G6P 9P6 Québec	<ul style="list-style-type: none"> Organizers' Offices

GENERAL REGULATIONS

Terms and Conditions

- The 2021 Canadian Road Masters Championships will be held at the dates and times indicated.
- The 2021 Canadian Road Masters Championships will not be extended due to unforeseen stops or delays.
- Registration fees are non-refundable unless the event is cancelled due to COVID-19 or in the case of an injury, justified by the written opinion of a physician.
- The location of the CCES doping tests will be announced at each event.

Eligibility

- Eligibility to compete: The competition is open to Canadian citizens (including dual nationals), permanent residents, landed immigrants and persons with refugee status in all categories including UCI categories. Proof of citizenship may be required (passport, permanent resident card, landed immigrant or refugee status papers).
- Canadian Champion Eligibility: Only Canadian citizens will have access to the Canadian Champion title, Canadian Championship podium and Canadian Championship medals.
- Prize money (if applicable) will be based on order of finish at the 2021 Canadian Road Masters Championships, regardless of citizenship or nationality.
- If a non-Canadian finishes in the top three overall in an event, there will be one podium based on the order of finish of the event and a second podium based on the results of the 2021 Road National Championships - Masters (Canadian citizen ranking only).
- All competitors must hold a valid CC/UCI International license for each of their events.
- Riders with non-UCI provincial licenses or non-UCI national licenses, regardless of origin, will not be allowed to participate.
- All participants must be able to present their licence at all times during the events.
- No one-day licenses will be issued.
- The license must be presented at the time of pick-up of the rider's kit.
- No registration will be possible on the day of the race.
- All competitors must register in their respective category as stated on their license. A rider with an elite license is not eligible.

- The categories are defined by the UCI, according to the year of birth.
- Athletes will be considered registered for an event when all administrative requirements are met:
 - Completed online registration
 - Completed and signed liability release form
 - Payment of the registration fee has been made.
 - Rider's licence validated by the commissaire.

Specific Technical Regulations




- The events are governed by the rules of the Canadian Championships and UCI rules.
- The 2021 Road National Championships - Masters are governed by Cycling Canada.
- Categories with less than five (5) participants may be cancelled or combined with different or combined with other age or level categories at the discretion of the Chief Steward or Technical Delegate.
- Equipment rules will be in effect in all categories without exception.
- Disc brakes will be allowed.
- The helmets authorized according to the standards in force will be mandatory for training and competition.

Anti-doping

It is possible that doping tests will be conducted at the Championships. It is your responsibility to ensure that you are selected or not. If you are selected, you must report to the doping control room immediately after the event. The location of the doping tests will be confirmed at the riders' meeting and will be indicated at the finish site.

INFORMATION ON CANADIAN CYCLING CHAMPIONSHIPS

Canadian Cycling Championship Categories

Event	Category	
Individual Time Trial	Masters Men 35-44 Masters Men 45-54 Masters Men 55-64 Masters Men 65+ Masters Women 35-44 Masters Women 45-54 Masters Women 55-64 Masters Women 65+	
Road Race	Masters Men 35-44 Masters Men 45-54 Masters Men 55-64 Masters Men 65+ Masters Women 35-44 Masters Women 45-54 Masters Women 55-64 Masters Women 65+	
Criterium	Masters Men 35-44 Masters Men 45-54 Masters Men 55-64 Masters Men 65+ Masters Women 35-44 Masters Women 45-54 Masters Women 55-64 Masters Women 65+	

Medals and shirts

Canadian Champions medals and jerseys will be awarded in all Canadian title categories, regardless of the number of riders present.

Podiums

- All athletes who have finished on the podium must attend the awards ceremonies. All athletes who fail to do so will be fined and their awards will be forfeited (including prize money, if applicable).
- In case of absence, the rider must imperatively notify the chief commissaire or the technical delegate in place.
- Riders must wear their cycling uniforms during the ceremony. All athletes who fail to do so may be fined and may lose their awards.

COMMISSAIRES

Position	Name	Assignment dates
Organizer	Alexis Pinard (alpinard@gmail.com)	2-6 September
Medical Director	Julie Saint-Pierre M.D. (Julie.st-pierre@hotmail.fr)	2-6 September
Nurse	Maude Sirois	2-6 September
Director of Race Communication	Jacques Provencher (jacques.provencher@hotmail.com)	2-6 September
Technical Delegate	Josh Peacock (josh.peacock@cyclingcanada.com)	2-6 September
Chief Commissioner	Louise Lalonde (louisevelo@gmail.com)	2-6 September
Motorcycle 1	Anne Coban (anne.coban@gmail.com)	4-5 September
Motorcycle 2	Nathalie Harvey	3-6 September
Member	Serge Fortin	2-6 September
Member Judge-Chrono	Anita Naud	3-6 September
Member	Lyne Girard (lyne.girard@ge.com)	3-6 September
Member	Serge Fortin	3-6 September
Photo	Christian Cardinal	3-6 September

		3 sep	4 sep	5 sep	6 sep
Commissaire		CLM	Course sur Route	GFWS	Critérium
PCP	Louise	X	X	X	X
Membre	Serge	X	X	X	X
Membre	Lyne	X	X	X	X
Membre	Anita	X	X		X
Moto	Anne		X	X	
Moto (PSO)	Nancy		X		X
Membre (PSO)	Nathalie		X		
		4	7	4	5

INFORMATION ABOUT THE PARTICIPANT'S KIT

Information for Pick-up of the Participant's Kit

Proof	Time	Location
Time trial	September 3rd between 10 am and 1:30 pm	Parking of the Carré 150
Road event	September 4th between 6 am and 11:50 am	
Criterium	September 6th between 6 am and 11:45 am	

Licenses

The license must be presented upon receipt of the rider's kit. Please ensure that you read the "Eligibility" section carefully. Racers must respect the above times or they will not be allowed to compete. It is possible that a third party may pick up the kit upon electronic presentation of proof of the rider's valid license.

Identification of Riders

Time Trial

- A bib placed on the lower back and centered. No frame plate required.



Road Race and Criterium Events

- The bibs must be placed on the edge of the right and left pockets, not exceeding the seam.
- It is important not to modify the number or the plate in any way (cut, bend, etc.).
- Install your plate number under the seat so that you can be clearly seen by the photo finish on your left.



SCHEDULES AND START LISTS

Legend

M-A	Master Man 35-44
M-B	Master Man 45-54
M-C	Master Man 55-64
M-D	Master Man 65 and over
M-E	Master Woman 35-44
M-F	Master Woman 45-54
M-G	Master Woman 55-64
M-H	Master Woman 65 and over

Time Trial Schedule

What	Category	Where	When
Collecting the participant's kit	All riders	Square 150 parking lot	September 3rd between 10 am and 1:30 pm
Pre-checking of bicycles	All riders	Square 150 parking lot	September 3rd between 10 am and 12 pm
Departure	All riders	Collège Clarétain, 663 Gamache Street, Victoriaville, G6R 0W3	First departures: September 3rd at 2 pm. Exact schedule will be shared the day before by email
Award ceremony	All riders	Square 150	September 3rd at 4:30 pm

Road Race Schedule

What	Category	Where	When
Collecting the participant's kit	All riders	Square 150 parking lot	September 4th between 6 am and 11:50 am
Start	M-B	Square 150 parking lot	September 4th at 8 am
Start	M-D	Square 150 parking lot	September 4th at 8:05 am
Start	M-E, M-F, M-G, M-H	Square 150 parking lot	September 4th at 8:10 am
Start	M-A	Square 150 parking lot	September 4th at 12:45 pm
Start	M-C	Square 150 parking lot	September 4th at 12:50 pm
Award Ceremony	M-D, M-B, M-E, M-F, M-G	Square 150	September 4th at 11:30 am
Award Ceremony	M-A, M-C	Square 150	September 4th at 4:30 pm

CATEGORY (speed approx.)	START	DISTANCE (Tour/Laps)	#1 EAST RAVITO PASSAGE. FEEDZONE #1	EXPECTED ARRIVAL FIRST EST. FINISH
M-B (34km/h)	8:00 am	98km (4x)	8:50 am	10:53 am
M-D (30km/h)	8:05 am	60km (2x)	9:01 am	10:13 am
M-E, M-F, M-G, M-H (28km/h)	8:10 am	60km (2x)	9:10 pm	10:10 pm
M-A (36km/h)	12:45 pm	98km (4x)	1:31pm	2:38 pm
M-C (32km/h)	12:50 pm	79km (3x)	1:43 pm	2:18 pm

Criterium Schedule

What	Category	Where	When
Collecting the participant's kit	All riders	Square 150 parking lot	September 6th between 6 am and 11:45 am
Departure	M-E, M-F, M-G, M-H	Square 150 parking lot	September 6th at 8 am
Departure	M-D	Square 150 parking lot	September 6th at 9:15 am
Departure	M-C	Square 150 parking lot	September 6th at 10:15 am
Departure	M-B	Square 150 parking lot	September 6th at 11:15 am
Departure	M-A	Square 150 parking lot	September 6th at 12:45 pm
Award Ceremony	M-C, M-D, M-E, M-F, M-G, M-H	Square 150	September 6th at 11:30 am
Award Ceremony	M-B, M-A	Square 150	September 6th at 2:30 pm

Availability of Start Lists

Individual Time Trial

- Available on the Cycling Canada website
- Available on the social networks of Vélo.Victo.Fest (Facebook, Twitter)
- Available from 8 pm on Thursday, September 2nd

Road Race

- Available on the Cycling Canada website
- Available on the social networks of Vélo.Victo.Fest (Facebook, Twitter)
- Available from 8 pm on Friday, September 3rd

DETAILS OF THE EVENT

Time Trial Event

- Here is [the link](#) to the website page and to the [itinerary](#).
- Subsequent starts will be every minute; riders will be grouped in waves.
- All riders must complete 1 lap for a total of 23.7 km
- Riders must present their bike to validate the measurements at least 10 minutes before their start. However, it is possible to have your bike pre-approved between 10 am and 12 pm on September 3rd at the Carré 150 parking lot.
- Riders are asked to remain cautious at all times as car traffic is permitted on the course.
- **Riders must never cross the yellow line.** Crossing the yellow line will result in immediate disqualification.
- Warm-ups are not permitted on the course, but can be done on [this section of Avenue PIE-X](#)
- Traffic will be partially controlled on the course. The course will be open to traffic for most of the course. Racers are asked to respect the Highway Safety Code, and especially to be careful on the first section on Rue Gamache-4ème rang which turns north on Route St Albert at mid-race, and then east on the 5th rang which is the way back to Victoriaville.
- This path is less frequented, but riders are invited to remain attentive and to pay attention to the signs that the organization will have placed.
- **A wooden bridge will be crossed at KM 14.1 of the course. Riders are advised to approach it with caution.**
- As soon as possible, the unofficial results will be posted on the organization's social networks (Facebook and Twitter).
- Once the results are officially confirmed, they will be posted on Cycling Canada's website and the 2021 Road Nationals website.
- The detailed itinerary can be found in the appendix.

Road Event

- [Here is the link](#) to the organization's website and [to the circuit](#).
- The categories of riders determine the number of laps.
 - MA-MB: 4 laps (total distance of 98 km)
 - MC: 3 laps (total distance of 79 km)
 - MD to MH: 2 laps (total distance of 60 km)
- The first 5.5 km will be controlled at 25 km/h (exit from the city).
- Traffic will be partially controlled on the course. The course will be open to traffic for most of the circuit. Riders are asked to respect the Highway Safety Code.
- Riders must never cross the yellow line.
- The feed zones will be located at KM 16.5 of the loop and will be available according to the number of laps of each category in the race.
- No food is allowed on the last lap, snacks will be available near the finish area.
- The dumping of waste or bottles on the course will not be tolerated and will be severely punished at the first offense.
- Riders must confirm their presence (signature) at least 1h10 and not less than 10 minutes before the start of the event.
- There will be no neutral troubleshooting.
- The organization will provide two support cars for riders who wish to bring their own spare wheels. Riders will be responsible for ensuring that their wheels are tagged and placed in the appropriate place in the start area. Two support cars will be present on the course, one with the breakaway and one with the peloton. Riders may put their wheels in the vehicle of their choice or in both vehicles. The deposit of the wheels, identified and ready to be loaded, must be done at the latest 10 minutes before the start.
- Warm-ups are not allowed on the course.
- Traffic will be partially controlled on the course. The course will be open to traffic on most of the circuit. Riders are asked to respect the Highway Code.
- As soon as possible, the unofficial results will be posted on the organization's social networks (Facebook and Twitter).
- After official confirmation of the results, they will be posted on Cycling Canada's website and the 2021 Road Nationals website. The organization will also post them on its website and social networks (Facebook and Twitter).
- The detailed itinerary can be found in the appendix.

Criterium

- Here is [the website page](#), as well as [the link to](#) the 1.38 km circuit
- The free ride rule is in effect until 5 laps remain. One lap is free for recognized accidents (fall, puncture or legitimate breakage of an essential part of the bike).
- A bell will indicate the last lap of the race, the lap counter will indicate one lap to go.
- If two or more riders are one lap ahead of the main field before the final laps, the field will sprint for the final with 3 laps to go and the bell will ring with 4 laps to go for the group.
- Riders overtaken by the lead car in a criterium event shall be eliminated by the chief commissaire when they are overtaken and shall be required to leave the race.
- There will be 2 people for neutral mechanical support in the pit area, which will be located on the right side of the circuit before the finish line. The wheels must be provided in advance and identified with the rider number of the owner and/or user. Neutral wheels must be provided by the participants at least 10 minutes before the start of the race.
- The detailed itinerary can be found in the appendix.

IMPORTANT SAFETY NOTES

General Guidelines

Safety is the priority of the organization and therefore we ask that you pay particular attention to the specific elements related to it.

Some sectors have more technical sections, because of the descents, sharp turns, bridges and other elements requiring your utmost vigilance. The partner municipalities of the event have greatly contributed to the maintenance and optimization of the various routes. However, it is possible that some short passages may be bumpy in places. The cooperation and judgment of the cyclists is required, to ride both on the right side of the road and the shoulder where possible.

On the different courses we will have the support of the Sûreté du Québec, motorcycle and car escorts who will be in charge of the safety of the cyclists on the course. It is important to respect the *Highway Safety Code* and to stay within the yellow line at all times. Once you are outside a group, always stay to the right of the road and in single file.

It is important to know that in addition to the usual directional signs, the organization has put in place visual devices (flags, paint, posters) as well as volunteers to warn cyclists as they approach the more technical sectors. It is important to remain vigilant and to follow the volunteers' instructions at all times, regardless of the time or place.

The marshals and motorcycle escorts will also have the mandate to slow down the peloton at such points as they deem appropriate, in order to maintain safe competition conditions.

Additional Instructions

- Make sure you have your spare hoses, inner tube and basic repair kit so you can be self-sufficient.
- Wearing a helmet is mandatory.
- Headphones and cell phone use are not permitted while riding.
- Hydrate regularly and eat properly.
- Save your waste for the garbage bins at the feeding areas or at the finish line, in order to respect the beauty of the landscape and the safety of other participants and residents.
- At all times, stay safe and pay attention.

Emergency information

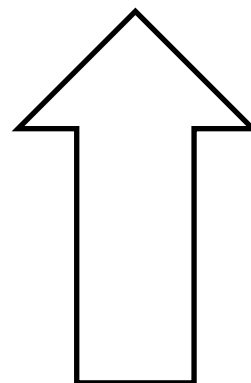
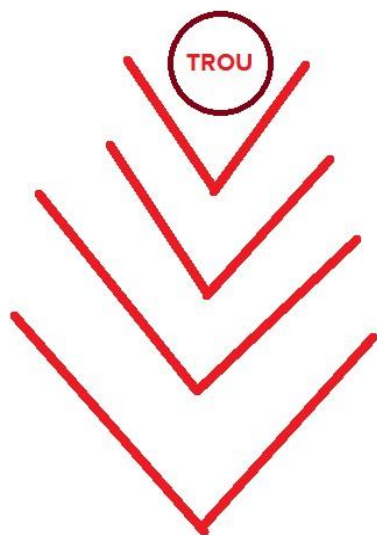
Cycling is unfortunately not a sport without risks. To deal as effectively as possible with accidents that may affect a participant during the event, and in order to best facilitate the work of doctors and first responders, each athlete must complete the following information on the back of his bib when he or she will retrieve the latter:

- Name and first name
- Current condition (asthma, diabetes, allergie(s), epilepsy, etc.)
- Any medication
- Name, first name, telephone number (including regional code) and name of emergency contact

Obstacles of the courses

The safety of the participants is our priority. That is why we ask you to read carefully the description of the routes in the attached cue sheet.

In addition, it is important to know that although most of the holes, cracks and crevices were filled in during the summer by the various municipalities, some areas still have a few. However, the organization has taken care to identify them as much as possible, using paint markings, according to the following system (artistic representation):



CYCLING DIRECTION

In addition, we draw your attention to the few places detailed below, where you will have to be particularly careful and vigilant. All these areas will be controlled by motorcycle escorts, framers and escort cars, as well as identified by volunteers and prominent signs:

SECURITY: IMPORTANT ELEMENTS

On the time trial course,
a wooden bridge will be crossed at KM 14.1 of the circuit. Riders are advised to approach it with care.

On the road race course, there are two places to watch out for in particular:

At the end of the loop, at km 18.9, there is a steep descent that leads to a "T" intersection.

On the way back to town, after the climb to the Antennae, there is a steep descent that leads to a "T" intersection.



Abandonment and Broom Wagon

A participant who withdraws must notify a coach or a member of the organization as soon as possible. The latter will ensure the safety, physical and mechanical condition of the cyclist, and will notify the broom wagon so that the participant can be returned to the starting site safely.

In case of a puncture or minor mechanical problem, participants are expected to be autonomous. However, they will be able to count on the help of the supervisors to solve their problem.

However, no form of universal troubleshooting is provided.

INFORMATION ON THE SITE

City where the event takes place

- City: Victoriaville
- Nearby airport : YUL - Montreal International
- [Directions](#) between YUL and Victoriaville

Hospital

Hôtel-Dieu D'Arthabaska: 5 Rue des Hospitalières, Victoriaville, QC, G6P 6N2

Phone number: (819) 357-2030 (819) 357-2030

Accommodation and Catering

Consult the section of the organization's website dedicated to this purpose:

<https://www.theappalachianclassic.com/plan>

Preferential rates for lodging are in effect at the Quality Inn and the Victorin, with the **mention of "Classique des Appalaches"**.

Amenities

There will be sufficient toilets at both the Start and Finish sites.

Shop

An official shop will be open in the Finish Area. Some promotional items (jersey, socks and t-shirt) will be sold there. **Cash, credit or debit card accepted.**

Showers

Showers are available, for public use, at the Agri-Sports Pavilion located at 400 Bd Jutras E, Victoriaville, QC G6P 7H4

The schedule is as follows:

- Friday, Sept. 3 from 2pm to 6pm
- Saturday, Sept. 4, from 10am to 6pm
- Sunday, Sept. 5 noon at 7pm
- Monday, Sept. 6 1pm to 7pm

Parking - close to the start site

Note: the Start is directly on De Bigarré Street, under the event arch. The same goes for the Finish.

In addition to the main parking lot, located at the Agri-Sports Pavilion, three other parking lots near the Registration/Starting site can be used:

- 1) **Agri-Sport Pavilion:** 400 Bd Jutras E, Victoriaville, QC G6P 7H4
- 2) **The Victoriaville Centre:** 405 Jutras Boulevard E, Victoriaville, G6P 7H4
- 3) **Victoriaville City Hall:** 400 Boulevard Jutras E, Victoriaville, G6P 7H4
- 4) **Saint-Jean-Baptiste Parking:** 59 Place Desjardins, Victoriaville, QC G6P 9C6

Please follow volunteer instructions and other signage where indicated.

Parking downtown? Take the opportunity to visit the local merchants!
Thinking of leaving your vehicle in one place for a long time? Try to keep the parking lots near the businesses free for customers!

ANNEX 1: ROUTE DETAILS AND IMPORTANT INFORMATION

This section gives precise details of all the courses for the Canadian Masters Championships, all of which were designed in close collaboration with the municipalities concerned, the FQSC, Cycling Canada, the Sûreté du Québec and the MTQ. The organization wishes to thank them for their enthusiastic collaboration.

Safety is the priority of the organization and, therefore, we ask that you pay particular attention to the column on the following pages on important items specifically related to safety.

In addition to the usual directional signage, the organization will put in place visual devices (flags, paint, posters) and volunteers will be present to warn cyclists as they approach the more technical sectors. It is important to remain vigilant and to follow the volunteers' instructions at all times and in all places.

The organization has initiated, with the host municipalities, a communication and awareness campaign related to the impact on traffic and road safety for local residents. For the event to be a long-term success, it is essential that local residents also have a positive experience during the event.

As a participant, you can make a big difference by doing small, simple things like saving your garbage for the next bin, being courteous and following the *Highway Safety Code* at all times.

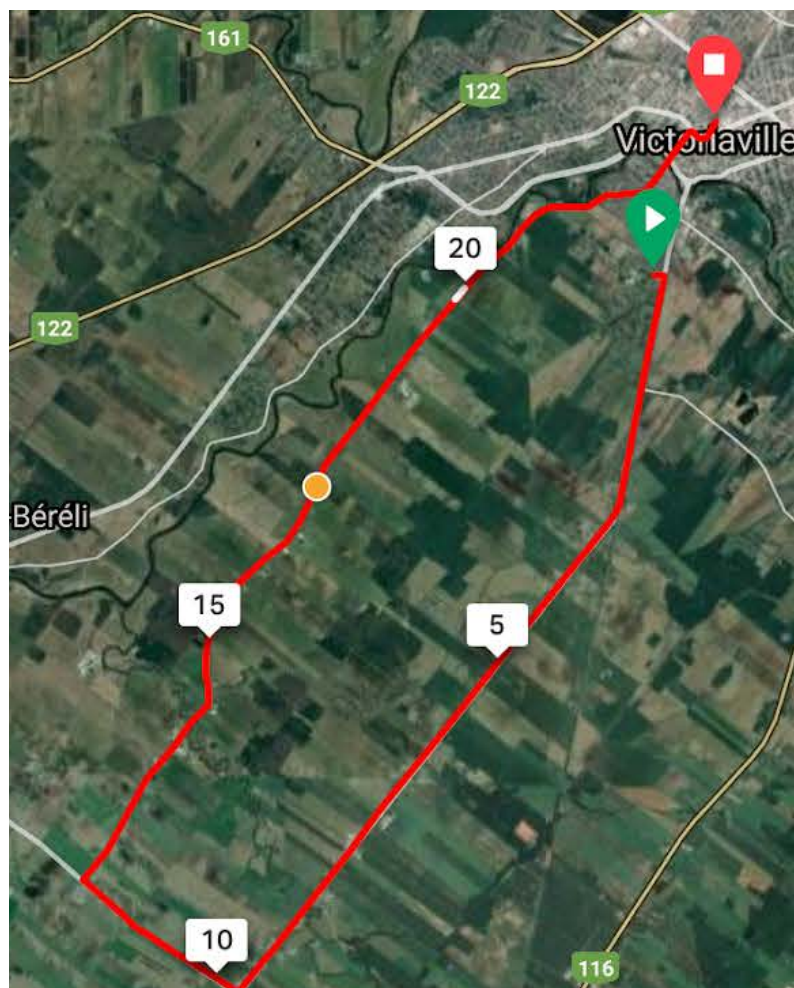
Time Trial

Course Details

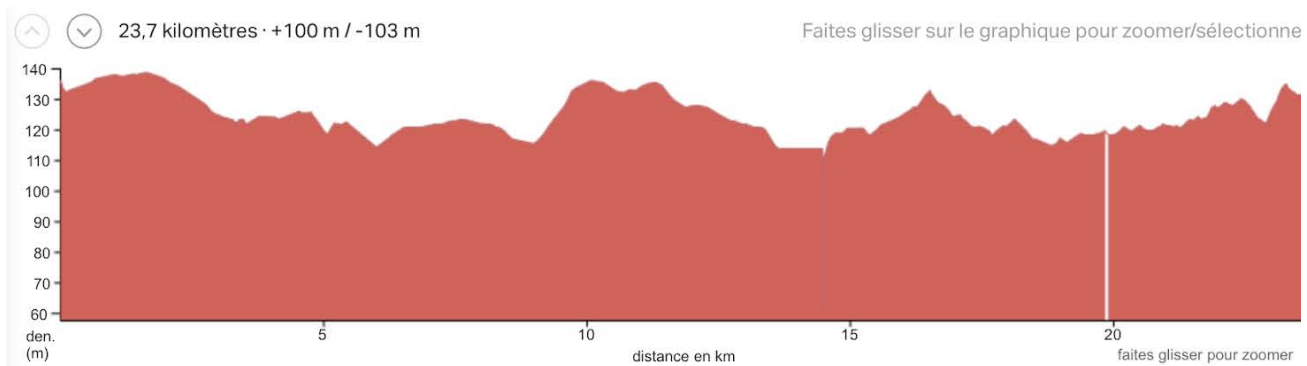
[URL link: https://ridewithgps.com/routes/33720670](https://ridewithgps.com/routes/33720670)

KM	ROUTES	SURFACE	CITY	IMPORTANT-SAFETY
0	Entrance to Claretain College	Asphalt	Victoriaville	
0,13	Right turn on Gamache Street	Asphalt	Victoriaville	
2,8	Keep right to take Rang 4 East	Asphalt	Victoriaville	
9,7	Right turn on Route St-Albert	Asphalt	Warwick	
11,9	Right turn on the 5th Rang East	Asphalt	St-Albert	At KM16, stay on the same road, the 5th Rang curves to become Rue de l'Académie.
22,4	Keep left, stay on Rue de l'Académie	Asphalt	Victoriaville	
23,3	Right turn on Notre-Dame Street West	Asphalt	Victoriaville	Beware, sharp turn. At 23.4 km, there is a natural curve on Notre-Dame Street.
23,5	Left turn on Rue de Bigarré	Asphalt	Victoriaville	
23,7	Finish line	Asphalt	Victoriaville	

Course Map



Climbing Profile



Road Race

Course Details

URL link: <https://ridewithgps.com/routes/37251480>

KM	ROUTES	SURFACE	CITY	IMPORTANT-SAFETY
0	Departure from the VéloGare	Asphalt	Victoriaville	City exit - controlled peloton
0.2	Right turn on Route Notre-Dame Ouest	Asphalt	Victoriaville	City exit - controlled peloton
0.4	Left turn on Rue de l'Académie	Asphalt	Victoriaville	City exit - controlled peloton
1.4	Left turn on Bernard Street	Asphalt	Victoriaville	City exit - controlled peloton
1.6	Right turn on Parc Street	Asphalt	Victoriaville	City exit - controlled peloton
1.7	Left turn on Serré Street	Asphalt	Victoriaville	City exit - controlled peloton
2	Right turn on Gamache Street	Asphalt	Victoriaville	City exit - controlled peloton
3.8	Left turn on Rang Chicago	Asphalt	Victoriaville	City exit - controlled peloton
Real start at km 5.5				
6.9	Left turn on Pouliot Street	Asphalt	Saint-Christophe-d'Arthabaska	
7	Right turn on Rang 11	Asphalt	Saint-Christophe-d'Arthabaska	KM10, Rang 11 becomes Rang Hince
11.3	Go straight on	Asphalt / Graded dirt	Saint-Christophe-d'Arthabaska	Start of the loop. KM14: graded dirt until KM16
16	Right turn on Craig Road South	Asphalt	Saint-Christophe-d'Arthabaska	
21	Right turn on route du 2 Rang	Asphalt	Saint-Christophe-d'Arthabaska	

22.6	Turn right on Rang 3e	Asphalt	Saint-Christophe-d'Arthabaska	CAREFUL: the turn is at a T-shape intersection
23.8	Left turn on route du 2 Rang	Asphalt	Saint-Christophe-d'Arthabaska	
26.2	Right turn on Rang 2	Asphalt	Saint-Christophe-d'Arthabaska	
28	Feedzone	Asphalt	Saint-Christophe-d'Arthabaska	
30.2	Right turn to start the loop again	Asphalt	Saint-Christophe-d'Arthabaska	CAREFUL: the turn is following a steep descent leading to a T-shape intersection. Pavement of the descent is rough. Use caution.

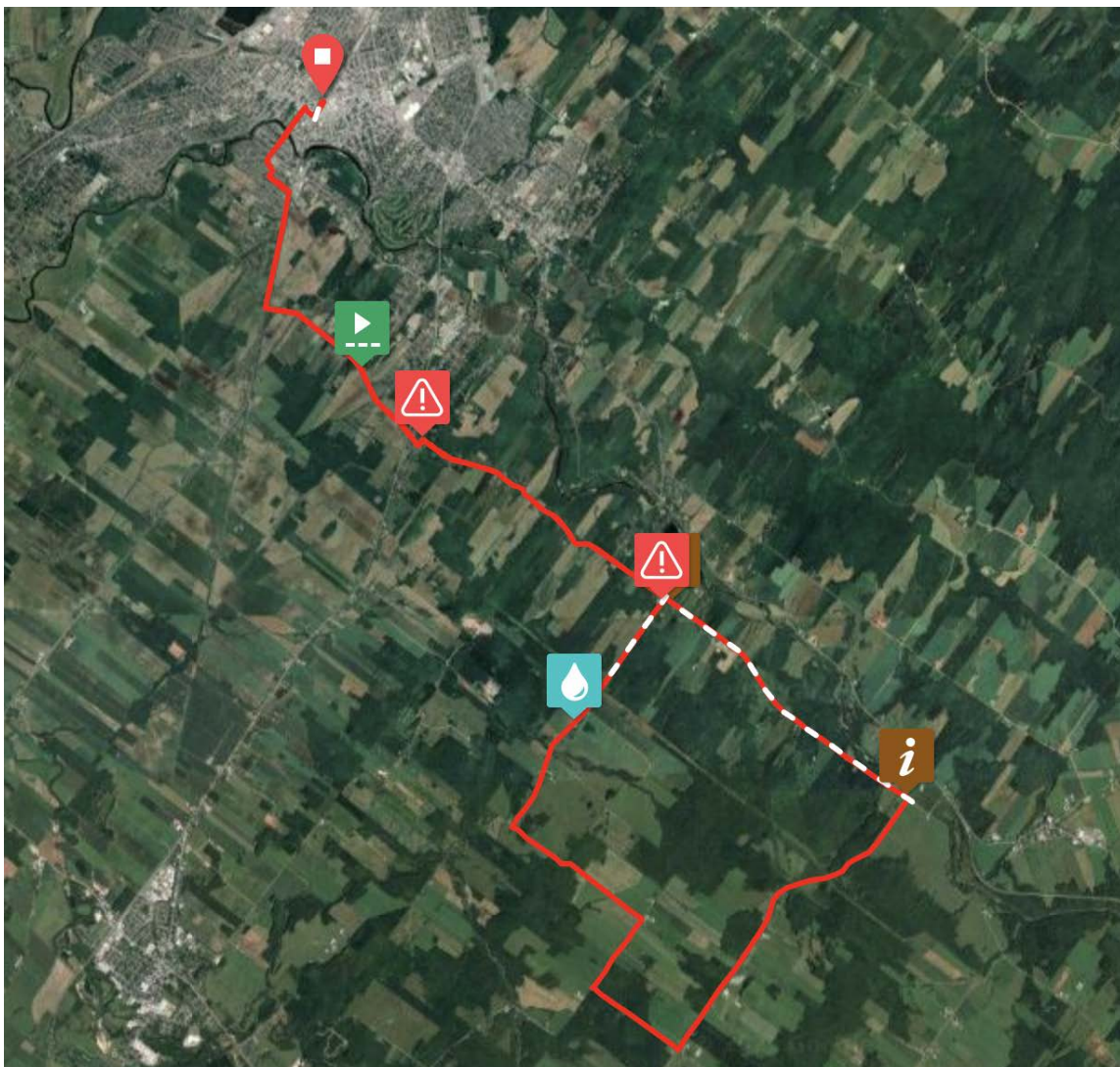
COMPLETE THE NUMBER OF LOOPS AS INDICATED

The return KM (next line) is considered as 0 in this table.

0	Right turn on Rang 11	Asphalt	Chesterville	
4.3	Left turn on Pouliot Street	Asphalt	Chesterville	CAREFUL: the turn is following a steep descent leading to a T-shape intersection. Use caution.
4.4	Right turn on Rang Chicago	Asphalt	Victoriaville	
7.5	Right turn on Gamache Street	Asphalt	Victoriaville	
9.3	Left turn on Serré Street	Asphalt	Victoriaville	
9.7	Right turn on Rue du Parc	Asphalt	Victoriaville	
9.8	Left turn on Bernard Street	Asphalt	Victoriaville	
10	Right turn on Rue de l'Académie	Asphalt	Victoriaville	

10.9	Turn right at Notre-Dame Street West	Asphalt	Victoriaville	
11.7	Turn left on Rue de Coursol	Asphalt	Victoriaville	
12	End of the course	Asphalt	Victoriaville	

Course Map

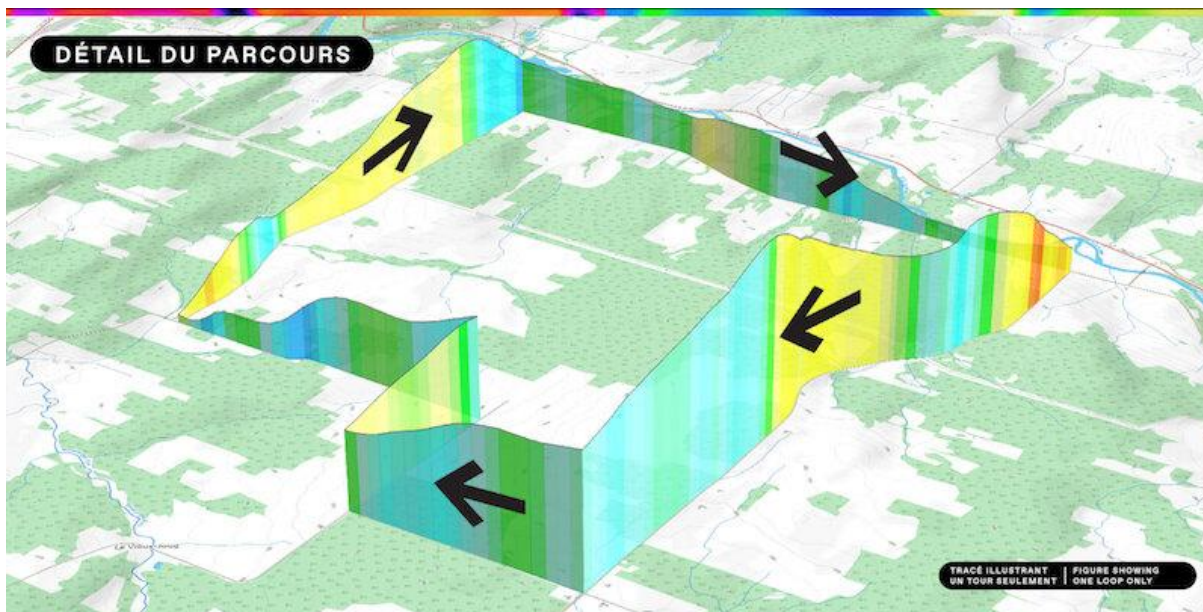


Climbing Profile (round trip from the start, one loop only)



Loop Details

Topography:



Main Difficulties:

Distance	Gain élévation / Elevation gain	Pente moyenne / Average incline
0,75km	76m	10%
1,03km	88m	8,5%
3,09km	148m	4,8%
1,38km	81m	5,8%
2,41km	95m	3,9%
0,36km	38m	10,1%
1,08km	60m	5,5%

CRITERIUM

Course Map

