



# SILVERSTAR CANADA CUP

## DH #1

## TECHNICAL GUIDE

SilverStar Resort, BC

July 8 - 10, 2022

UCI C2 DH



## Pricing

### SilverStar Canada Cup Entry Fee:

**Elite:** \$75\* (Cash prizing)

**Everyone Else:** \$65\*

**U15 categories:** \$50

*\* Registration fees do not include tax or online processing fees*

Lift tickets are not included in the registration fee and must be purchased on-site. (A 50% discount will be given to racers)

**2022 DOWNHILL TICKET PRICES (MORE DETAILS HERE: [DH Tickets |](#)**

[SilverStar Mountain Resort \(skisilverstar.com\)](http://SilverStar Mountain Resort (skisilverstar.com))

TICKET WINDOW RATES		Adult 19-64	Youth 13-18	Child 6-12	Senior 65+
<b>DH Day</b>	<b>10:00am - Close</b>	\$70.00	\$58.00	\$45.00	\$45.00

### **Access to the Bike Trails at SilverStar Mountain:**

All participants must have a valid SilverStar Bike Park season's pass OR day tickets in order to ride the course & additional trails. Visitors or guests who are not racing will need to purchase a regular trail pass at guest services.

## **Event Schedule\***

### **TIMELINE**

#### **Friday July 8**

10:00am – 5:00pm – Courses marked and open to public

5:00 – 7:30pm – Foot inspection only - there will be lift access via the Gondola

5:00pm – 7:00pm – Plate pick-up and new registrations (NATC)

7:00pm – Riders meeting (NATC)

#### **Saturday July 9 - Official practice day – course closed to public**

8:30 – 10:00am – Course walk – You must have your ticket on you to be allowed access on the gondola

9:00am – 2:00pm – Plate pick-up and new registrations (NATC)

10:00am – 12:45pm – Open practice all categories.

1:00pm – 2:00pm – Elite, Jr. Expert only practice

2:00pm – 3:30pm – Open practice

3:30pm – 4:00pm – **Course closed**

4:00pm – 5:00pm – Jr. Expert & Pro seeding runs

5:30pm – Racer Info Session @ DAG's Finish Coral

#### **Sunday July 10 - Race day – course closed to public**

9:00 – 10:00am – Last chance, plate pick-up. NO new registrations

10:00am – 11:15am – Open practice – all categories

11:15am – 12:15pm – Elite practice

12:15pm – 12:45pm – Course inspection

1:00pm – Finish – Canada Cup racing

ASAP after last racer – Awards – Village center

\*Subject to change

## **Adaptive and Novice TIMELINE**

### **Friday July 8**

10:00am – 7:00pm – Courses marked and open to public

7:30pm – Mountain **CLOSED**, cannot be on course after this time

5:00pm – 7:00pm – Plate pick-up and new registrations (NATC)

7:00pm – Riders meeting (NATC)

### **Saturday July 9** – Practice day – Course remains open to public

9:00am – 2:00pm – Plate pick-up and new registrations (NATC)

10:00am – 1:30pm – Open Practice – Course Open to Public

1:30pm – 4:30pm – Official Practice – Course Closed to Public

5:30pm – Racer Info Session @ DAG's Finish Coral

### **Sunday July 10** – Race day – Course closed to public

9:00 – 10:00am- last chance, plate pick-up. NO new registrations

10:00am – 11:15am – Open practice – all categories

11:15am – Course inspection

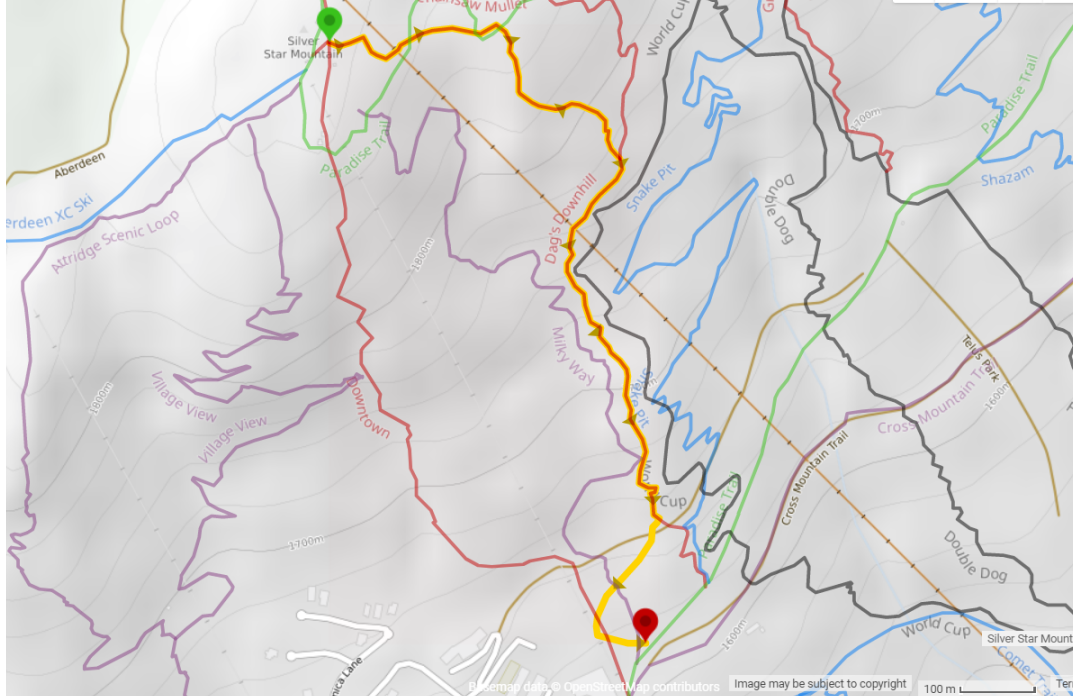
11:20am – 2pm – Adaptive and Novice racing

ASAP after last racer on Dag's course – Awards – Village center (roughly 3:30-4:30pm)

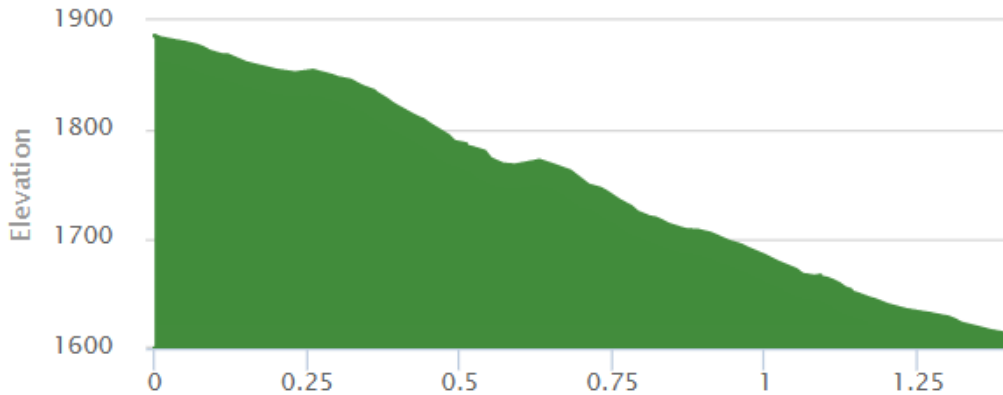
\*Subject to change

## Course Description:

**Downhill Course:** Race Course will take place on Dag's Downhill and will consist of a course comprised of jumps, berms, technical root and rock sections. Comet trail is recommended trail to get to the chairlift. You must obey slow-down banners and corals at bottom. Racers are NOT allowed on easy street, lift ticket will be revoked. You must obey code of conduct and give space when approaching slower riders. It takes approximately 10 minutes to get to the star of the course from the bottom of the Comet chairlift.



<b>1,390 m</b> Distance	<b>8 m</b> Climb	<b>-281 m</b> Descent	<b>1,886 m</b> High Point
----------------------------	---------------------	--------------------------	------------------------------



## **Seeding:**

- Seeding runs will be organized for Junior Expert and Elite riders only
- Results from seeding runs will determine the start order for Canada Cup racing, followed by UCI rank and drawing lots
- Riders do not need to complete the seeding run to be eligible to compete in the Canada Cup race. Seeding is not mandatory.
- As per UCI regulations, seeding run order will be determined by:
  - A. as per the most recently published UCI DHI individual ranking
  - B. unclassified riders: by drawing lots

## **Race Categories**

UCI U17 Expert Men (15-16)

---

UCI U17 Women (15-16)

---

UCI Junior Expert Men (17-18)

---

UCI Junior Women (17-18)

---

UCI Pro/Elite Men

---

UCI Pro/Elite Women

---

Master Women (35-44)

---

Master Women (45+)

---

Master Men (35-44)

---

Master Men (45-54)

---

Master Men (55+)

---

U15 Men (13-14)

---

U15 Women (13-14)

---

U17 Sport Men (15-16)

---

Junior Sport Men (17-18)

---

Sport Elite Men (19-34)

---

Expert Elite Men (19-34)

---

Sport/Expert Elite Women (19-34)

---

Open Women (15+)

---

Adaptive Sport / Expert Mens (E Assist - 32 km Max Speed)

---

Adaptive Womens (E Assist Only)

---

Novice Youth Men (11-16)

---

Novice Youth Women (11-16)

---

PreRunner

---

Novice Men (17-99)

---

Novice Women (17-99)

---

## **Registration**

You can register ONLINE here: [Registration for SilverStar Canada/BC Cup DH - 2022 | CCN \(ccnbikes.com\)](https://ccnbikes.com/Registration-for-SilverStar-Canada/BC-Cup-DH-2022)

For ON-SITE registration. ALL payment must be made on-site at athlete check in at the Town Hall building. Cash, credit or debit accepted.

All participants MUST SIGN the event waiver.

**Participants who are under the age of 19 must have a parent or Legal guardian on-site to sign the event waiver.**

**HELMETS ARE MANDATORY FOR ALL RACERS**

### **Team Pits**

10x10 and 10x20 spaces are available for team pits at the SilverStar village. All teams must register ahead of time by **July 5<sup>th</sup>** at the latest to claim a spot as space is limited. \*\*Please note that no vehicles will be permitted in the pits. Space is limited so please fill out the following details and email them to [penward@skisilverstar.com](mailto:penward@skisilverstar.com) **No sales or sampling of product will be permitted.** Please review the policy and procedures for team pits listed at the end of this document.

Team Name:

Space Required:

Activation Details:

Arrival Date:

Contact Name:

Contact Phone:

Contact Email:

Certificate of Insurance attached: Y/N

There is no dedicated overnight security for team pits.

\*\*Teams are required to provide a certificate of insurance labeling Silver Star Ski Resort LTD. as additionally insured for 5 million in general liability by Wednesday July 11th. Address on the COI should state 123 Shortt Street Silver Star Mountain V1B 3M1

## **Prizing**

### **Prizing: Canada Cup Categories**

- All riders must finish their race to receive Canada Cup points
- Top five (5) athletes in each Elite Canada Cup category will be presented at the official award ceremonies



- Riders must wear clean cycling clothes or official team/sponsor casual clothes (bottom and top part) for the awards ceremony.
- Failure to comply will result in the loss of award (including prize money)
- UCI points will be awarded in accordance with the level of sanction for Junior/Elite DHI.
- All athletes who have placed lower than 5th place, but that are still entitled for prizes in accordance with the prize money awarded by the race, must collect their prizes after the award ceremonies. Failure to comply, with no pre-notification, will result in the loss of prizes (including prize money)
- The Canada Cup leader jersey will be distributed at the award ceremonies by the Chief Commissaire or the Technical Delegate.

The below prize money will be awarded to the UCI Elite Men's & Women's categories as per 2019 UCI Financial Obligations. UCI points and prize money are combined for Elite & Junior Expert categories, therefore any Junior Expert finishing within the top 8 of Elite times will receive UCI prize money accordingly.

Elite Men & Elite Women		
UCI C2		
Place	UCI EUR	UCI CAD
1st	€ 250	\$352.82
2nd	€ 200	\$282.26
3rd	€ 150	\$211.69
4th	€ 125	\$176.41
5th	€ 100	\$141.13
6th	€ 90	\$127.02
7th	€ 80	\$112.90
8th	€ 70	\$98.79

### Prizing Amateur Divisions

Top three riders in each division will be awarded prizing from event sponsors.

## Poor Weather/Course Closures

In the event of severe weather the race may be delayed, but every effort will be made to continue with the event. SilverStar Resort reserves the right to close the course at any time for safety purposes.

## Officials:

<b>Organizer</b>	Paul Kenward
<b>Chief Commissaire (UCI)</b>	Seemann, Fred
<b>Asst. Chief Commissaire</b>	Lefebvre, Mylene
<b>Secretary</b>	Ma, Geordie
<b>Start Judge</b>	Schlesinger, Gary
<b>Finish Judge</b>	Lustig, Gary

**Timing:** Zone 4

**Course Build:** SilverStar Trail Crew

**Event Director:** Paul Kenward, SilverStar Resort, Events & Terrain Park Manager

## **Rider Responsibility Code**

### **Bike Responsibility Code**

Mountain biking involves elements of risk that common sense and personal awareness can help reduce. **Please adhere to the responsibility code, and share a safe experience with others.**

- Ride in control and within your ability level. You must be able to avoid other people or objects.
- Stay off the lifts and trails if your ability is impaired by drugs, alcohol, or fatigue.
- All riders must wear a helmet and gloves. Other protective equipment is strongly recommended.
- Inspect your bike or have it checked by a qualified bike mechanic before you ride.
- Be sure to have the physical dexterity, ability, and knowledge to safely load, ride, and unload lifts. Ask the lift attendant for assistance if you need it.
- Be aware of changing conditions on trails and features. Inspect features before use and throughout the day.
- Stay on marked trails. Obey all signs and warnings. Do not cut switchbacks. Keep off closed areas.
- Avoid riders ahead of you. They have the right of way.
- Look uphill and yield to other riders when entering a trail or starting downhill.
- Do not stop where you obstruct a trail, or are not visible from above.
- If you are involved in or witness a collision or accident, you must identify yourself to the Bike Patrol.
- Do not feed, provoke, or approach wildlife.

### **Mountain Biking | Mountain Bike Safety**

At SilverStar Mountain Resort the safety of our guests is paramount. It is our hope that you will take the time to read this portion of the website in order to support our efforts to ensure that you and other guests have a fun and safe visit.

- **Respect the Slow Zones posted on the mountain.**
- Identify meeting points with your group in case you become separated from your companions. All group members should know where to meet should separation occur.
- Stay in bounds no matter how tempting that terrain may be! Keep off closed trails and out of closed areas. Trails and areas are closed for guest safety. Observe and obey all posted signs and warnings. Signs, markings and fences are in place for the safety of our guests. Ignoring these messages may put guests at greater risk. Those who violate closures will lose lift privileges.
- Think about where you stop on the hill. Take a rest on the side of the trail. Do not stop under rollovers where you can't be seen from above or around blind corners on cat tracks.
- Visibility can be compromised by varying weather conditions. Guests are encouraged to slow down or stop when these conditions exist.
- Always look up before starting downhill. Yield to others.
- Ride in control. You must always be able to quickly stop or turn to avoid objects or other riders. Take particular care in congested areas. Slow down and look ahead. Be aware of your surroundings.
- Hot temperatures increase the likelihood of dehydration. Make sure to carry water and rehydrate frequently. Dress in layers, and keep an eye on exposed skin. Mountain Bike conditions can change quickly — be prepared.
- Do not leave the injured biker/hiker alone. Do not move the injured person. While one person remains with the injured biker/hiker make sure another reports the accident to any bike patroller or the nearest lift operator. Say what the person is wearing – there can be more than one accident on the same trail at the same time. Have someone stand uphill from the accident to give a verbal warning to other trail users when someone, including a bike patroller, is attending to the patient. Give the exact location of the accident and nature of the injury and wait for the patroller. Reassure the patient and keep them calm. Do not move them or attempt to treat them unless you are qualified in first aid.
- Protect your eyes with goggles or glasses and always wear sunscreen and a hat or full-face helmet. Drink lots of water to stay well hydrated.
- Full-face helmets are a critical piece of safety equipment for every mountain biker. Make sure that your helmet fits properly, comfortably and is safety approved to meet specific industry guidelines. A well-fitting helmet should be snug, but not uncomfortably tight. It shouldn't roll off backwards when you have it on.
- Please be aware while loading and unloading on the chairlift. It takes time for a chairlift to come to a complete stop, not unlike a large truck or train. Make sure that you give the chair a wide berth as it loads the group in front of you and be prepared to unload at the top of the mountain. If you need assistance, feel free to ask one of our lift attendants and we will gladly help.

- ALWAYS lower your restraining bar while riding on the lift. Do not lift the bar until you meet the "Raise Restraining Device" sign for your own safety.
- **Bike Patrol's phone number is on your lift ticket.**

## **Barricades**

The entire course is taped off from top to bottom to ensure that riders know course boundaries at all times as well as to protect spectators from accidentally wandering into danger.

## **Alcohol**

SilverStar wishes to promote a safe and healthy environment for all of those taking part in its events. As such, alcoholic beverages are strictly forbidden outside of restaurant areas at all times. This rule will be strictly enforced and those caught in violation will be asked to remove themselves from the event grounds.

## **Start/Finish Areas**

Both the start and finish areas will be clearly marked and will allow room for riders staging at the start line and slowing down after the finish. Areas will also be taped off and marshaled to avoid spectators wandering into danger.

## **Technical Assistance Regulation**

Riders will not be able to perform maintenance on their equipment anywhere on the race course, this includes the start and finish areas. If a rider suffers a mechanical failure while on the course, they are asked to walk their bicycle off of the course and perform maintenance in the pit or parking lot areas. This is due to concerns of both safety and pacing throughout the event.

## **Race Rules:**

- Canada Cup rules are available online at:  
<https://cyclingcanada.ca/wp-content/uploads/2022/05/2022-Canada-Cup-Specific-Rules-2.pdf>
- The penalty scale of the CC/UCI rulebook will apply to all Canada Cup categories
- UCI rules are available online at:  
[https://assets.ctfassets.net/76117gh5x5an/52jcyhbOYV5t64uHFYspXQ/875a24b855c28e47a0da0e4b309b8ab1/2021.11.25\\_-MTB\\_EN-left\\_column\\_final.pdf](https://assets.ctfassets.net/76117gh5x5an/52jcyhbOYV5t64uHFYspXQ/875a24b855c28e47a0da0e4b309b8ab1/2021.11.25_-MTB_EN-left_column_final.pdf)
- The penalty scale of the Cycling BC rulebook will apply to all amateur Categories
- Every rider must read the Cyclists Responsibility Code listed in this document before participating in this event.
- Races will start promptly at the indicated start times.
- Any rider dropping out of the race shall immediately notify a Commissaire.

- Failure to report a DNF may result in a penalty.
- In the event of a red flag during a race run, a rider may ask the Chief Commissaire for a re-run. The grant of a re-run will only be given by the Chief Commissaire.
- A rider shall not enter or ride on the course when it is outside of the published practice / race times. If a rider is caught on the course outside of the prescribed time this will result in disqualification from the race.
- Top 5 finishers for Canada Cup categories, and top 3 finishers for amateur categories are required to attend award presentations or risk forfeiting their awards.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. There are no refunds if the race must be cancelled.
- All riders must sign in at registration.
- Riders at all times must obey instructions given by marshals, organizational staff, Commissaires and Cycling BC staff, failure to do so could result in being disqualified from the race.
- Riders are required to complete one full practice run on the Sunday prior to their race run, failure to do so will result in a DNS (did not start).
- A full-face helmet must be worn properly both when racing and when training for Downhill on the course. The helmet must be fitted with a visor. Open-face helmets may not be worn.
- During practice yellow and red flags will be used along with whistles to communicate with the riders. A yellow flag warns the rider to slow down as there could be a rider down in front of them and a red flag means that the rider must stop.
- During the race only red flags will be used. If a marshal holds up a red flag the rider must stop immediately. In the event that this does happen the rider will be issued a re-run.
- All official runs must start at the start gate
- You must be at the top of the run 30 minutes prior to your race run.
- During practice yellow and red flags will be used along with whistles to communicate with the riders. A yellow flag warns the rider to slow down as there could be a rider down in front of them and a red flag means that the rider must stop.
- During the race only red flags will be used. If a marshal holds up a red flag the rider must stop immediately. In the event that this does happen the rider will be issued a re-run.
- All official runs must start at the start gate

## **Hotel Reservations:**

### **ACCOMMODATION SPECIAL**

SilverStar Holidays are pleased to offer anyone attending or participating in this event a **15% discount on their accommodation when they stay 2 nights or more in select properties.**

- This offer is valid on new bookings July 8<sup>th</sup> to July 10<sup>th</sup> 2022.
- Please quote booking code "**ZB**" at the time of booking to receive the discount.
- To book please call 1-800-663-4431 or email [info@skisilverstar.com](mailto:info@skisilverstar.com).

Available for new reservations only, and is subject to availability. Restrictions apply, not valid in conjunction with any other offer. Open to residents of Canada and the U.S.A. only. Subject to seasonality, change and cancellation without notice.

**Getting Here:**

SilverStar Resort is located 20 minutes from Vernon BC, Canada.

**Parking:**

All race participants should park at the Main Parking lot labeled "B Lot"

**Kelowna International Airport (YLW) to SilverStar Mountain**

**Driving (KMs): 65 Time: 55 min**

**Medical/Hospitals**

There will be course marshals and first aid attendants present on the course should medical attention be needed. The nearest hospital is Vernon Jubilee Hospital. (Ambulance services are available)

**Fast Facts****SilverStar Bike Park**

From mid-June to early September, a progressive **125+km combined XC and DH trail network** attracts every level of downhill biker to **Canada's second largest bike park**. A high-speed bike chairlift offers downhill riders easy access to the top of **an incredible selection of flow and technical trails**, maintained throughout the season by a full-time trail crew. **SilverStar Bike Park is an IMBA Silver Level Ride Centre.**

**Bike Park Facts**

**Bike Park Elevation:** Top 1,915 m (6,280 ft). Bottom 1,155 m (3,780 ft)

**Vertical Drop:** 760 m (2,500 ft)

**Summer Chairlifts:**

- Comet 6-pack Express with bike carriers that hold 4 bikes (1824 meters/5,985 feet)
- NEW for Summer 2018 - 8-Passenger Doppelmayr Gondola for scenic rides (1,063 meters/3,488 feet)

**Trails:** 18 distinct and marked downhill bike trails; 21 distinct and marked cross-country bike trails; 4 hiking only trails; 2 multi-use trails

**Terrain Type:** 15% Easiest; 40% More Difficult; 45% Most Difficult

**Longest Run:** Paradise Trail 7.1 km

**Trailforks.com**

The best mountain biking resource created for riders by riders: Get all the info plus photos, videos, updates and more for [SilverStar Bike Park](#) on our Trailforks.com page.

**Hiking & Scenic Chairlift Rides**

Hiking: 16 km of trails with spectacular views and opportunities to view the wildflowers and wildlife of Silver Star Mountain

Scenic Gondola Rides to Summit: A scenic Gondola takes non-bikers to the upper hiking trails, where hikers can take in the Okanagan's most majestic valley views.

## Mountain Facts

**Location:** 22 km (14 miles/22 minutes) drive from Vernon to SilverStar and a 65 km (40 miles/55 minutes) drive from Kelowna Airport (YLW).

**Elevation:** Village 1,609 m (5,280 ft) – mid-mountain, true bike-in, bike-out

## Village Facts

**Accommodation:** 9 On-Mountain Hotels/Lodges with a variety of Holiday Chalets & Condos. Please note some venues may only be available for large groups during the summer months

**Restaurants & Retail:** 5 Food & Beverage Outlets; 1 On-mountain Grocery; 3 Retail Outlets

## Policies and Procedures:

### Team Pits

1. Vendor Licenses may be denied, terminated or revoked at any time and for any reason at the sole discretion of the Event and its organizers without recourse, rebate or refund to the Vendor.
2. All team must supply their own 10x10 tents, including sidewalls, and sand bags to secure your tents and must conform to the fire and safety standards outlined below.
3. All tents must have a tent/fabric tag showing CAN/ULC S 109-M or NFPA # 701 standard for flame tests of Flame Resistant Fabrics and Films as proof of fire & safety standards compliance for all tents and fabrics.
4. Team spacing and placement/location is at the sole discretion of the Event Organizing Committee and will not be changed without the express permission of the Event committee or the vendor coordinators.
5. A valid contact name and on site cell phone number must be provided on the application Form for the team to be considered for inclusion. Selection is on a first come, first serve basis.
6. Please note, that the Event or its organizers do not accept any responsibility whatsoever for theft or damage to the tents or any products left behind, exposed, or unsecured once a team has closed down their booth or left that booth unattended for any length of time.
7. No product sales or sampling will be permitted in the team pits
8. No vehicles or trailers will be permitted in the team pits.
9. No smoking or open flame devices permitted under tents or anywhere in the SilverStar village/ Mountain. Tents must not be accessible to the public.



## VENUE MAP

