



ONTARIO CUP TRACK SERIES



Eastern Challenge

MATTAMY NATIONAL CYCLING CENTRE

February 10-12, 2023

V4

January 16, 2023

THIS EVENT IS SANCTIONED BY





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General Information

Ontario Cycling (OC) is proud to present the 2022-2023 Track OCup Series held at the [Mattamy National Cycling Centre](#) located at 2015 Pan Am Boulevard in Milton, Ontario. The Track OCup Series, sanctioned and governed by Ontario Cycling, consists of 3 separate racing opportunities, with different events at each one.

Track OCup #3/Eastern Challenge

Date: Friday February 10-12th, 2023

Time: 8:00am-9:00pm TBC

Location: Mattamy National Cycling Centre

The purpose of the Eastern Challenge is to provide age-based racing opportunities specifically targeted at development athletes (U17 and Juniors). For this reason, the Track OCup #3/Eastern Challenge Event will offer both age-based and ability-based racing categories. Only certain events will be available for certain categories. Please pay careful attention when registering.

OC Event Contacts

Position	Name
Event Organizer	Jackie Chan
Technical Delegate	Jackie Chan
Membership/Licensing	Chris Baskys
Volunteer Manager	Franzi Middrup
Timing	Racetiming.ca
Medical	Odyssey Medical

Please contact events.team@ontariocycling.org for any questions or concerns.

Commissaires

Position	Name
President of the Commissaire Panel	Steve Head
Judge Referee	Brad Day
Starter	Josée Laroque
Finish Judge	Jeff Walker
Bike Check	Brad Slade
Member	Andy Makarewicz
Member	Phillip Preston
Member	Dan Visentin





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Registration & Pricing

- Registration is pre-registration only. Licenses will not be sold on event day and must be purchased in advance.
- Registration for Eastern Challenge closes on Tuesday February 7th at 12:00pm noon.
- Age is based off of a rider's UCI license (December 31, 2023.)
- U17 and Junior Riders:
 - Riders who fall under the U17 and Junior categories must compete in their age-based category (Eastern Challenge) and cannot compete in the ability-based category (OCup #3).
 - Riders are only allowed to register for either the Eastern Challenge event OR OCup #3. Registration for both events is not allowed.
- Late entries will not be allowed.
- Competing in the Eastern Challenge will qualify a rider to participate at the 2023 Ontario Track Provincial Championship.
- Please review the section on the next page to view the events and category breakdown.

Registration Link	Categories
<u>REGISTER FOR EASTERN CHALLENGE</u>	U17 Men & Women Junior Men & Women

Registration Timeline	
January 9 th @ 9AM – February 7 th @ Noon	
	1 st Event - \$50
	2 nd Event - \$45
	3 rd Event - \$40
	4 th Event - \$35
	5 th Event - \$30
	6 th Event - \$30
	7 th Event - \$30
	8 th Event - \$30
	9 th Event - \$30
	10 th Event - \$30





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Event Date	Events	Categories
Friday February 10, 2023	Sprint	U17 Men & Women Junior Men & Women
	Individual Pursuit	U17 Men & Women Junior Men & Women
Saturday February 11, 2023	Scratch	U17 Men & Women Junior Men & Women
	Tempo	U17 Men & Women Junior Men & Women
	Elimination	U17 Men & Women Junior Men & Women
	Points	U17 Men & Women Junior Men & Women
Sunday February 12, 2023	Kilo/500m TT	U17 Men & Women Junior Men & Women
	Team Sprint	U17 Men & Women Junior Men & Women
	Team Pursuit	U17 Men & Women Junior Men & Women
	Keirin	U17 Men & Women Junior Men & Women





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Refund Policy

- A rider must withdraw prior to the registration closing to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- If an athlete withdraws from an event on race day, they are withdrawing from all other registered events. They are not eligible for a refund and the rider must inform the President of the Commissaire Panel of their withdrawal. Failure to notify the President may result in a fine.
- OC reserves the right to issue refunds in other rare and exceptional cases. Injury, loss/change of employment, or a move away from town such that the participant can no longer attend, will not be considered.

Event Categories

Eastern Challenge categories are run using an age-based format where athletes will choose their category based on their age. Categories are as follows: U17 Men & Women, Junior Men & Women.





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Schedule of Events

OCup categories will run alongside the events listed below. **In Red are the Eastern Challenge Categories.**

Day	Time	Event	Category	Dist.
Friday February 10 th	6:30am- 12:00pm	Rider Confirmation/ Bib Pick-Up	All Categories	
	7:30- 7:45am	Team Manager's Meeting	N/A	
	7:00- 8:00am	Open Training (bibs required)	All	
	8:00am	Sprint Qualifying	U17 Women U17 Men Junior Women Junior Men	
		Individual Pursuit Qualifying	U17 Women U17 Men Junior Women Junior Men	2 km 2 km 2 km 3 km
		Sprint ¼ Finals	U17 Women U17 Men Junior Women Junior Men	
		Sprint ½ Finals	U17 Women U17 Men Junior Women Junior Men	
		Individual Pursuit Final	U17 Women U17 Men Junior Women Junior Men	2 km 2 km 2 km 3 km
		Sprint Final	U17 Women U17 Men Junior Women Junior Men	





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Saturday February 11 th	8:00am	Scratch	U17 Women U17 Men A/B Women D/E B/C Junior Women Junior Men A	5 km 5 km 5 km 7.5 km 10 km 7.5 km 7.5 km 12.5 km
		Tempo	U17 Women U17 Men A/B Women D/E B/C Junior Women Junior Men A	5 km 5 km 5 km 7.5 km 10 km 5 km 7.5 km 12.5 km
		Elimination	U17 Women U17 Men A/B Women D/E B/C Junior Women Junior Men A	
		Points	U17 Women U17 Men A/B Women D/E B/C Junior Women Junior Men A	10 km 15 km 5 km 7.5 km 10.0 km 15 km 20 km 12.5 km





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Sunday February 12	8:00am	Kilo/500m TT	U17 Women U17 Men A/B Women D/E B/C Junior Women Junior Men A	0.5 km 0.5 km 0.5 km 1 km 1 km 0.5 km 1 km 1 km
		Team Sprint Qualifying	U17 Women U17 Men Open Junior Women Junior Men	0.75 km 0.75 km 0.75 km 0.75 km 0.75 km
		Team Pursuit Qualifying	U17 Women U17 Men Open Junior Women Junior Men	3.0 km 3.0 km 4.0 km 4.0 km 4.0 km
		Keirin Round 1	U17 Women U17 Men A/B Women D/E C/B Junior Women Junior Men A	1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km
		Keirin Repechage	U17 Women U17 Men A/B Women D/E C/B Junior Women Junior Men A	1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km
		Keirin 7-12 Final	U17 Women U17 Men A/B Women D/E C/B Junior Women Junior Men A	1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km





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	Team Sprint Final	U17 Women U17 Men Open Junior Women Junior Men	0.75 km 0.75 km 0.75 km 0.75 km 0.75 km
	Team Pursuit Final	U17 Women U17 Men Open Junior Women Junior Men	3.0 km 3.0 km 4.0 km 4.0 km 4.0 km
	Keirin 1-6 Final	U17 Women U17 Men A/B Women D/E C/B Junior Women Junior Men A	1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km 1.5 km

Start Lists & Results

Racetiming.ca is the official timer for the Eastern Challenge. Start Lists & Results will be available at www.racetiming.ca

Gear Restrictions

- For the Eastern Challenge, gear restrictions of 7.12m will apply to the U17 category.

Upgrade Requests

- Upgrade requests will not be allowed for the Eastern Challenge. All riders will be required to race the age category listed on their license.

Rider Confirmation/Sign-In

- Please bring your **2023 Provincial Race License** or **2023 UCI Race License** to the Rider Confirmation/Sign-In table to pick up your bib number for the event
- Rider Confirmation/Sign-In will close 30-minutes prior to the start of each race
- An OC staff will be present at the Rider Confirmation/Sign-In desk to assist with rider licensing issues





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Warm Ups/Open Training

- Riding on the track will be available during the hour before the start of the first event. This is limited to only riders who are racing in the specific session.
- There will be a limit of 30 people on the track at a given time.
- All riders must enter and exit from the backstraight and be wearing their bib numbers.
- Standing starts will not be allowed.
- A commissaire will control and manage the open training session.

Number Placement

- Bib numbers are available for pick-up at the registration desk and are to be placed on the back of the rider's jersey



General Rules & Regulations

- The races will be held under the rules of the UCI with CC and OC modifications
- The CC & OC rules are available at: www.ontariocycling.org/officials
- Pre-race bike-check will be in effect this season.
- **Team Manager's meetings will be held half an hour before the start of the first event**, the morning of race day on the infield. An announcement will be made beforehand.
- Races will start promptly – riders late or missing their starts may be fined
- Pits will be pre-assigned by an OC staff member on the day of the race, based on club registration numbers. Team flags are permitted. Advertisements in pits are not permitted. Smaller delegations may have to share a pit based on numbers of registrants.
- **COACHING FROM APRON:** Races will follow UCI Regulation 3.1.012 "During all track events, except Team Pursuit and Individual Pursuit, all team staff shall remain on the infield (off the safety zone and track). Specific team staff may be permitted to access the safety zone (i.e. the mechanic following a crash) at the Commissaires' discretion."
- **Coaching from the infield** is permitted, however climbing and hanging onto structures not designed for those purposes, such as railings, is not. Ontario Cycling takes the health and safety of all event attendees into consideration.
- Spectators are not permitted to cross the track.
- Any rider who has picked up their bib numbers and fails to take the start of an event will be considered to be withdrawn from the remainder of their races for the remainder of the event.





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Infield Policy

- Only team-identified personnel are permitted in the in-field, at the sole discretion of OC.
- A maximum of (5) personnel per club is permitted while attempting to minimize gathering.
- Independent riders are permitted one (1) support person.
- Club presidents or identified representatives must **pre-register personnel one week prior to each OCup** by sending an email to events.team@ontariocycling.org
- All team personnel are required to check-in at registration for an infield wristband.
- The clubs are responsible for the conduct of their infield personnel and must ensure compliance with the OC Code of Conduct and policies.

Awards

- Medals will be awarded to the top three (3) finishers in each category for each event.
- Should categories be combined as a result of low participation numbers, results will not be broken out for awards. Awards will be awarded based on the results of the combined category.
- Riders must attend the awards ceremonies or risk forfeiting their medals.
- Podium protocol shall be enforced, and fines issued to those who fail to comply. Riders must wear their competition uniform for medal presentations.
- No hats or eyewear are permitted.
- Medal presentations will take place immediately following each event.

Event Safety

- First aid will be provided by Odyssey Medical and will be located in the in-field area.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you will no longer be racing. Riders not reporting to the Commissaire may be subject to a fine.
- You are required to wear an approved, regulation cycling helmet at all times while riding your bike.
- Do not ride down the ramp. Riders are to walk their bikes down. Failure to do so may result in being pulled from future events.
- Coaching from the infield is permitted; however, climbing and hanging onto structures not designed for those purposes, such as railings, is not permitted.
- Access to trackside for video and photography is reserved for media personnel who have completed Media Training as approved by the OC and is at OC's sole discretion.





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- Should a Commissaire or OC feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others.

COVID-19

- All participants are strongly recommended to wear a mask when they are not riding, drinking, or eating.

Neutral Mechanic

- There will be a neutral mechanic on-site available for independent racers who do not have access to support staff.
- The neutral mechanic is not a bike tune-up service.
- The neutral mechanic will be able to assist with the following items:
 - Race mishaps (if told in advance of race)
 - Tire repair
 - Handlebar readjustment
 - Dislodged chain
 - Wheel realignment
- The neutral mechanic will not be assisting with the following items:
 - Full bike tune-up
 - Changing gears
 - Pre-race bike wheel change
 - Pre-race position adjustments
 - Holding on the track
- All equipment must be provided to the mechanic





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Hospital Information

Milton District Hospital
725 Bronte Street South, Milton
905-878-2383

← from Mattamy National Cycling Centre, 2015 Pan Am...
to Milton District Hospital, 725 Bronte St S, Milton, ON...

6 min (4.2 km)
via Tremaine Rd/Halton Regional Rd 22 and Derry Rd W/Halton Regional Rd 7

Mattamy National Cycling Centre
2015 Pan Am Blvd, Milton, ON L9E 0K7

- Take Bill Buckley Ring Rd, Pan Am Blvd and Louis Saint Laurent Ave to Tremaine Rd/Halton Regional Rd 22
2 min (1.0 km)
- Follow Tremaine Rd/Halton Regional Rd 22 and Derry Rd W/Halton Regional Rd 7 to Bronte St S
4 min (3.2 km)

Milton District Hospital
725 Bronte St S, Milton, ON L9T 9K1

Map segments:
 - Mattamy National Cycling Centre to Bronte St S: 6 min, 4.2 km
 - Bronte St S to Derry Rd W: 7 min, 4.1 km
 - Derry Rd W to Milton District Hospital: 6 min, 4.0 km





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Participant Survey

In order to continue to better our events, we need your feedback! [Click here](#) to fill out a survey or scan the QR code below.

EVENT PARTICIPATION FEEDBACK



PLEASE SUBMIT YOUR FEEDBACK

Volunteers

Thank you to all volunteers who dedicate their time to make these events possible. If you are interested in volunteering at future events, please contact events.team@ontariocycling.org





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Sponsors



**Book your accommodation now with
Staybridge Suites on the border of
Oakville and Burlington!**



**2511 Wycroft Road Oakville-Burlington
Tel: 905-847-2600**

Special discount for Ontario Cycling event participants:

- **\$109** plus tax for **single occupancy**
- **\$139** plus tax for **double occupancy**

Use discount code "**ONC**" when booking for your special rate

The Staybridge Suites Oakville features include:

- Wireless Internet
- 24 renovated Fitness Center
- Indoor Heated pool
- On-site laundry facilities
- Complimentary breakfast
- Daily housekeeping





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TRACK BIKE RENTALS

Single Rental - \$13.50

10 Pack - \$90

Bronze Annual Package - \$540



Available at the Bike Shop
The Fix Coffee shop or online
www.thefixvelodrome.ca





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The Fix Coffee & Bikes

Espresso.

Cappuccino.

Americano.

Tea

Breakfast Sandwiches

Grilled Sandwiches

Velobike Track Parts

Bike Rentals

Repairs & Service





ONTARIO CUP TRACK SERIES



Ontario Cycling is proud to present the 2022-23 Youth Track Development Series/ OCup Track Series Crewnecks. Show off to your friends and family and order your warm and stylish Track Series Crewneck today!



Product features:

- 65% polyester, 35% cotton
- Youth Unisex sizing: XS – XL
- Adult Unisex sizing: XS - 2XL

Price: \$35.00 + HST

The crewneck will be available for purchase throughout the Track Season. Shipping will not be available. All orders are to be picked up at the registration desk from the velodrome (2015 Pan Am Boulevard, Milton) during the OCups/YTDS events listed below. If you would like to pick up during office hours, please contact events.team@ontariocycling.org to make special arrangements.

Order Deadlines are as follows:

November 30 for pick up at YTDS and OCup #1

January 4 for pick up at YTDS and OCup #2

February 1 for pick up at OCup #3 and Youth Finale

