



GRANDS
PRIX CYCLISTES
DE QUÉBEC
DE MONTRÉAL

UCI  WORLD
TOUR

ROADBOOK

QUÉBEC CITY

08
SEPT

MONTRÉAL

10
SEPT

GPCQM.CA

Canada 

VILLE DE
QUÉBEC 

Montréal 

Québec 



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Organization chart

DIRECTION

PRESIDENT

Sébastien Arsenault
514-707-5745

EVENTS DIRECTOR

Joseph Limare
514-550-1199

OPERATIONS DIRECTOR

EVENT SAFETY MANAGER
Mario Blain
514-913-3131

ADMINISTRATIVE AND FINANCIAL SERVICES DIRECTOR

Chantal Trudeau
514-246-7741

ORGANIZATION

FINANCE

Michel Denis
ACCOUNTANT

COMMUNICATIONS

Yves Perret
INTERNATIONAL PRESS DIR.
+33 6 07 31 62 72

Véronique Lavoie
MEDIA RELATIONS DIR.
514-554-2161

Hélène Lapointe
PARTNERS & PROTOCOL
514-266-7566

PERMANENCE

Marie-Claude Hamel
MANAGER
+32 487 69 08 01

TV PRODUCTION (AA+ÉVT INC.)

Sébastien Arsenault
EXECUTIVE PRODUCER
514-707-5745

Charles-Antoine Messier
DELEGATE PRODUCER
514-770-3848

MEDICAL SERVICE

Dr François de Champlain
CHIEF DOCTOR
514-918-5267

Dr Laurence Lamy
DOCTOR
438-837-5784

Eddy Afram
MEDICAL COORDINATOR & COVID-19
514-699-3339

LOGISTICS

OPERATIONS

Gyslain Mondou
DEPUTY DIR. OF OPERATIONS
514-371-4971

ACCOMMODATION / PLANE

Maxime Berthiaume
PROJECT MANAGER
514-746-3638

TRANSPORTATION & CAR PARK

Christian Laverdure
COORDINATOR
514-714-7241

AIR CARGO (EUROPE)

Kris Boeckmans
+32 489 58 19 84

VILLAGE SECURITY

Steve Chartrand
514-979-6538

SPORT

TECHNICAL DIRECTOR

Pascal Choquette
514-889-5262

REGULATOR & MOTORCYCLES INFO

Gaëtan Leclerc
Pierre Couture
Jerome Nowaczek

RADIO GRAND PRIX

Olivier Grondin

ARDOISIER

Patrice Jutzi

NEUTRAL SUPPORT

Mike Wilson
ELITE RACING SERVICE
619-519-2463

RADIO TECHNICIAN

Pierre Trottier
CTM
514-923-5025

PPO ACCESS

François Hamel
514-992-7020

RESULTS

Gérald Chalamet
+33 6 50 13 26 78

Sylvain Richard
514-293-9582

COMMISSAIRES PANEL

PRESIDENT OF THE COMMISSAIRES PANEL

Catherine Gastou (FRA)
+33 6 07 96 64 60

MEMBERS OF THE COMMISSAIRES PANEL

Josée Bédard (CAN)
Sven Calus (BEL)

FINISH LINE JUDGE

Louise Lalonde

COMMISSAIRES

Brad Day (Moto)
Steve Head (Moto)
Adrien Lévesque (Moto)
Nancy Daigle (Ravito QC)
Pierre-Olivier Neault (Ravito MTL)

ANTI-DOPING OFFICER

Jürgen Heise

CONTACT DETAILS

ÉVÉNEMENTS GPCQM

615 rue Le Breton
Longueuil (Québec)
J4G 1R9 (Canada)

📧 info@gpcqm.ca

📞 450-671-9090

SOCIAL MEDIA
#GPCQM



FOR ANY
EMERGENCY
OUTSIDE
THE RACE,
DIAL 911

A word from the Government of Canada



Soraya Martinez Ferrada

THE HONOURABLE
Soraya Martinez Ferrada

Welcome to the 2023 Grand Prix Cycliste de Québec and Grand Prix Cycliste de Montréal!

Once again this year, the greatest riders on the planet are converging on Québec and Montréal to participate in two trials for the UCI WorldTour men's team racing competition. Competitors will have to overcome some considerable challenges during these races in the heart of Old Québec and on the Mont-Royal circuit.

By hosting these kinds of events, we draw the world's gaze to the cities of Québec and Montréal and encourage Canadians to lead an active life and fulfill their sports dreams. That is why our government supports athletes across the country and gatherings such as the Grands Prix Cyclistes.



Carla Qualtrough

THE HONOURABLE
Carla Qualtrough

As Minister of Tourism and Minister responsible for Canada Economic Development for Quebec Regions, and Minister of Sport and Physical Activity, we thank the organizers and volunteers who make it possible to hold these competitions.

Good luck to all the athletes!



A word from the Government of Québec

A world-class competition

The government is proud to support the Grands Prix Cyclistes de Québec et de Montréal, which bring together professional cyclists from all over the world every year. These events attract the world's best athletes and afford Québec a prime position on the international cycling map.

These weekend races are a great way to spotlight Montréal and Québec not only as world-class cycling hubs, but also as prime tourism spots.

Over the years, the fun and festive atmosphere at the Grands Prix Cyclistes has drawn thousands of spectators. The two events are a great addition to Québec's tourism options and help boost the province's economy.

Both visitors and athletes are encouraged to extend their stay in Québec and Montréal and enjoy the food, activities and friendliness the two cities have to offer.

Have fun out there!



MINISTER OF TOURISM
AND MINISTER RESPONSIBLE
FOR THE LANAUDIÈRE REGION,
Caroline Proulx



MINISTER RESPONSIBLE FOR
SPORTS, RECREATION AND
THE OUTDOORS,
Isabelle Charest



MINISTER OF ECONOMY,
INNOVATION AND ENERGY, MINISTER
RESPONSIBLE FOR REGIONAL
ECONOMIC DEVELOPMENT, MINISTER
RESPONSIBLE FOR THE METROPOLIS
AND THE MONTRÉAL REGION AND
MEMBER FOR TERREBONNE,
Pierre Fitzgibbon



MINISTER RESPONSIBLE FOR
INFRASTRUCTURE
AND MINISTER RESPONSIBLE FOR
THE CAPITALE-NATIONALE REGION,
Jonatan Julien

Message from the President



Sébastien Arsenault
PRÉSIDENT

Greetings to you all,

We are delighted to welcome you to the 12th edition of the Grands Prix Cyclistes de Québec et de Montréal. Pleased with the return of the events last year, we've been looking forward to welcoming you in Québec in 2023!

For many months now, we have been working tirelessly and passionately towards a single goal: to provide you with the ideal conditions to make your stay on Québec soil as pleasant as possible, while guaranteeing excellence at every level.

The courses are ready, and soon the roads will be yours. We would like to express our gratitude for your first rate professionalism, which is matched only by the magnificent sport of professional road cycling.

The many local spectators and visiting tourists look forward to seeing you in Québec City and Montréal. Thanks to you, these races have become must-see events, symbols of the North American cycling community and a source of inspiration for the next generation of cyclists.

On behalf of all our public- and private-sector partners, spectators and everyone who will witness these two great sporting events, I wish you and the entire team a wonderful week with us, and good luck to everyone!

Welcome to Québec !



Program of the week

TUESDAY SEPTEMBER 5	
±4:30 PM	Teams Arrival DELTA QUÉBEC
WEDNESDAY SEPTEMBER 6	
1:00 PM	GPCQM Official Opening Press Conference CHÂTEAU LAURIER
2:30 PM	Press Briefing - Presentation of the headliners CHÂTEAU LAURIER
THURSDAY SEPTEMBER 7	
Training Day	
FRIDAY SEPTEMBER 8	
10:00 AM	Presentation of the riders
11:00 AM	Start of the Grand Prix Cycliste de Québec
±4:15 PM	Finish of Grand Prix Cycliste de Québec
SATURDAY SEPTEMBER 9	
±12:30 PM	Teams arrival in Montréal DELTA MONTRÉAL
FROM 3:30 PM	Critérium National de Montréal PARC JEANNE-MANCE
SUNDAY SEPTEMBER 10	
9:15 AM	Presentation of the riders
10:15 AM	Start of the Grand Prix Cycliste de Montréal
±4:30 PM	Finish of the Grand Prix Cycliste de Montréal
MONDAY SEPTEMBER 11	
2:00 PM	Teams departure to Montréal airport DELTA MONTRÉAL

Schedules

PERMANENCE

MANAGER:

Marie-Claude Hamel
 permanence@gpcqm.ca
 +32 487 69 08 01

Salle Buade - Delta Québec

Tuesday Sept. 5 - 4:00 p.m. to 7:00 p.m.
 Wednesday Sept. 6 - 9:00 a.m. to 7:00 p.m.
 Thursday Sept. 7 - 9:00 a.m. to 7:00 p.m.
 Friday Sept. 8 - 8:00 a.m. to 9:00 a.m. / 5:30 p.m. to 7:00 p.m.

Salon Tchaikovsky - Delta Montréal

Saturday Sept. 9 - 2:00 p.m. to 7:00 p.m.
 Sunday Sept. 10 - 7:30 a.m. to 8:15 a.m. / 5:30 p.m. to 7:00 p.m.
 Monday Sept. 11 - 9:00 a.m. to 12:00 p.m.

PRESS ROOM

DIRECTOR:

Véronique Lavoie
 vlavoie@gpcqm.ca
 514-554-2161

Salle Brébeuf-Kent - Delta Québec

Tuesday Sept. 5 - 9:00 a.m. to 6:00 p.m.
 Wednesday Sept. 6 - 9:00 a.m. to 6:00 p.m.
 Thursday Sept. 7 - 9:00 a.m. to 6:00 p.m.

Salle des Plaines - Château Laurier

Press center on-site located at
 1220 Place George V West, G1R 5B8

Friday Sept. 8 - 8:30 a.m. to 8:00 p.m.

Centre communautaire Santa Cruz

Press center on-site located at
 60 Rue Rachel Ouest, H2W 1G3

Sunday Sept. 10 - 8:30 a.m. to 8:00 p.m.

GPCQM Partners

PUBLIC PARTNERS



MAJOR PARTNER



OFFICIAL PARTNER



OFFICIAL SUPPLIERS



OFFICIAL MEDIA PARTNERS



PARTNERS



TOURISM PARTNERS



TECHNICAL PARTNERS



WE SUPPORT



OFFICIAL BROADCASTERS



DIFFUSION INTERNATIONALE
INTERNATIONAL BROADCAST AND WEBCAST



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de licence et sous-licences

Rights-holding licensees and sub-licensees

WEBDIFFUSION
WEBCAST

Québec :
TVA Sports direct

Hors-Québec :
GCN selon droits réservés
GCN as per rights

COVID-19

PROTOCOL

In compliance with the UCI requirements, the organization has published its COVID protocol explaining the various measures that will be in place during the event. It can be accessed [here](#).

COVID-19 COORDINATOR

For any questions regarding the COVID-19 protocol, please contact:

Eddy Afram
eafram@gpcqm.ca
514-699-3339

PCR TESTS

For all PCR test requests, please contact the COVID-19 coordinator:

Eddy Afram
eafram@gpcqm.ca
514-699-3339

DECLARATION OF POSITIVE CASES

Please notify Eddy Afram immediately of any person who tests positive for COVID-19.

MASKS

Masks should be worn in all event areas as well as at the organization and team hotels.

We encourage you to wear a mask when meeting people in enclosed and/or poorly-ventilated areas.

Vehicles

Two vehicles are made available to each team (one on-course and one off-course vehicle) for the duration of their stay.

VEHICLE AND EQUIPMENT PICKUP

Teams that must pick up vehicles may do so at the GP headquarters in Québec City (Salle Buade) beginning at 4:00 p.m. on Tuesday, September 5. Upon pickup of the keys:

- The vehicles will be inspected;
- Materials provided by the organizer (coolers and roof light) will be inside the vehicle;
- The vehicle will have a full tank of gas;
- Each vehicle will be equipped with a rack with room for 5 full bikes.

OUTDOOR PARKING – DELTA QUÉBEC

An outdoor space at the hotel is reserved for the Grand Prix Cycliste de Québec. Parking the vehicles in the indoor parking garage is strictly forbidden, as they are too tall.

INDOOR PARKING – DELTA MONTRÉAL

An indoor space at the hotel is reserved for the Grand Prix Cycliste de Montréal.

RETURN OF VEHICLES

MONDAY, SEPTEMBER 11, AM

Vehicles must be parked at the Delta Montréal. The car stickers will be removed.

MONDAY, SEPTEMBER 11, PM

Two persons per team must return the vehicles to the rental agency's service centre near the Montréal airport. The vehicles will be inspected and must be returned with a full tank of gas. The organizer will recover the loaned materials (coolers and roof light).

A shuttle will be available to transport the drivers to the airport.

The detailed process of this operation will be transmitted by communiqué.

FEES

The equivalent of 1500 euros will be held as a deposit from each team to cover the deductible insurance amount in the event of any damage to any vehicles and equipment, or misuse or negligence.

If these instructions are not followed, the organizer will deduct the amount of any additional expenses (e.g., gasoline) from the entry fee.

ON BOUGE AVEC VOUS !

Accommodations

OFFICIAL HOTELS

DELTA QUÉBEC PAR MARRIOTT

690 boul. René-Lévesque,
Québec, G1R 5A8

DELTA MONTRÉAL PAR MARRIOTT

475 av. Président-Kennedy,
Montréal, H3A 1J7

ARRIVAL AND CHECK-IN

Upon arrival at the hotel, both in Québec City and Montréal, a team staff member must go to the reception desk to pick up the room keys for their team.

INCIDENTAL EXPENSES

Further to the financial requirements of the UCI and the guidelines on the official entry form, the teams (5 to 7 riders and up to 8 support staff) must cover any incidental expenses. The organizer shall not, for any reason, be responsible for such expenses. Teams will be required to leave a credit card guarantee when checking in at the hotel to cover any expenses.

MEALS

The meals schedule will be transmitted via communiqué from the event headquarters. Each team will be assigned two tables for the duration of their stay.

In Québec city and in Montréal, all 3 meals will be served at the hotel.

TRANSPORTATION QUÉBEC CITY-MONTRÉAL

Coach transportation from Québec City to Montréal will be provided for a maximum of 10 people per team. The schedule will be transmitted by communiqué. Arrival in Montréal is scheduled for approximately 12:30 p.m.

Logistics

TRANSFER OF MATERIALS

FRIDAY, SEPTEMBER 8

DELTA QUÉBEC TO DELTA MONTRÉAL

All team materials to be transferred to Montréal must be clearly labeled and packaged. Materials must be ready for 7:00 p.m. The equipment will be transported by the organizer and available to the teams on Saturday morning in Montréal.

Teams will be responsible for transferring any equipment not handed over to the organizer for transportation. These materials shall not under any circumstances be allowed on the coaches.

SUNDAY, SEPTEMBER 10

DELTA MONTRÉAL TO MONTRÉAL AIRPORT

Equipment to be transported to Paris (Charles-de-Gaulle Airport) must be clearly labeled and packaged. Materials must be compliant with air freight regulations. The organizer shall not be responsible for any materials not transported because of non-compliance with aviation requirements. Materials must be ready by 7:30 p.m.

The equipment will be transferred to the Montréal airport by the organizer and available on the afternoon of Tuesday, September 13 at Exaciel AMC Logistique (Charles-de-Gaulle Airport).

CUSTOMS

Equipment used in Canada is imported to the country temporarily. To ensure compliance with customs regulations, all equipment that enters Canada must leave the country. Please notify Kris Boeckmans (kboeckmans@gpcqm.ca) of any equipment that the team does not plan to return to Paris on September 11.

Mechanics' spaces

Storage spaces are assigned to each team in the mechanics' spaces in the underground parking garages of each hotel. The organization cannot be held responsible for any loss or breakage in this area.

CONTACT

François Guimard
Manager, Mechanics' Spaces
+1 (438) 928-7147

SCHEDULE AND LOCATION FOR MECHANICS' SPACES

PARKING GARAGE – DELTA QUÉBEC

Tuesday, September 5 – 4:00 p.m. to 10:00 p.m.
Wednesday, September 6 – 7:00 a.m. to 10:00 p.m.
Thursday, September 7 – 7:00 a.m. to 10:00 p.m.
Friday, September 8 – 7:00 a.m. to 8:00 p.m.

PARKING GARAGE – DELTA MONTRÉAL

Saturday, September 9 – 9:00 a.m. to 10:00 p.m.
Sunday, September 10 – 6:00 a.m. to 10:00 p.m.
Monday, September 11 – 6:00 a.m. to 10:00 a.m.

The mechanics' spaces will not be available outside of these hours, for safety and security reasons. Please contact the organizer's head office in the event of an emergency.



This Montréal-based company has been a loyal partner of the Grands Prix Cyclistes for over ten years. Importer of the JURA, LELIT and Eversys brands, Édika promises to bring together riders, teams, media and the organizing committee around coffee.

This year, WorldTour riders will have the pleasure to taste specialties prepared with Touché coffee. This brand, proudly created by Édika, is roasted locally in the Basses-Laurentides and offers a complete range of blends suitable for all types of preparations.

Miscellaneous

GUEST ACCESS TO THE QUARTIER COUREURS

To ensure everyone's safety, the organizer has set up controlled and limited access to the feed/supply space.

Each team may host a maximum of two guests simultaneously in its feed/supply space (this includes guests riding in vehicles).

Each team is responsible for managing its guests and its guest's access.

Details will be furnished at the directeurs sportifs meeting.

VIP VILLAGE

A special rate of \$300 + taxes per ticket is available to teams that wish to take advantage of VIP access.

Team members are not permitted to access the VIP Village during the race.

If you require further information, please report to the organizer's head office.

Special regulations applicable to both races

ARTICLE 1 | ORGANIZATION

The 12th edition of the Grand Prix Cycliste de Québec (UCI WorldTour) is being run on Friday, September 8, 2023, pursuant to the regulations of the Union Cycliste Internationale and Cycling Canada, on a closed course of 12.6 km, on which 16 laps will be raced, for a total distance of 201.6 km and total elevation gain of 2,976 m.

The 12th edition of the Grand Prix Cycliste de Montréal (UCI WorldTour) is being run on Sunday, September 10, 2023, pursuant to the regulations of the Union Cycliste Internationale and Cycling Canada, on a closed course of 12.3 km, on which 18 laps will be raced, for a total distance of 221.4 km and total elevation gain of 4,842 m.

ARTICLE 2 | TYPE OF EVENT

The races are reserved for riders in the Men Elite category. They are part of the UCI WorldTour calendar and are UCI WorldTour Class 1 events. In accordance with the UCI Cycling Regulations, they award points toward the UCI world rankings and the WorldTour ranking.

ARTICLE 3 | PARTICIPATION

The races are open to the UCI WorldTeams, upon invitation to UCI ProTeams (wild-card teams) and to Team Canada (the organizing country's national team) in accordance with Article 2.2.003 of the UCI Regulations.

ARTICLE 4 | PODIUM CEREMONIES AND INTERVIEWS

After the finish, the winning riders in the different classifications and the winners of special prizes must, as a priority, attend the ceremonies therefor (prizes, trophies and signing of jerseys), in race clothing. Riders must go to the ceremony site within 5 minutes of finishing the race.

Winners must also proceed to the media centre or to any substitute location inside the finish line area chosen by the organizer. These riders must proceed to said location after the end of the podium ceremonies.

Any rider who wins one or more of the various classifications or special prizes and who refuses to take part in the podium ceremonies, except in the event of duly recognized force majeure, shall be penalized.

ARTICLE 5 | RADIO GRAND PRIX

Race information will be transmitted on the Radio Grand Prix frequency inside all vehicles in the race convoy. This frequency cannot be picked up using a scanner.

ARTICLE 6 | NEUTRAL SERVICE

Neutral technical support service will be provided by Elite Racing Services (two cars and one motorcycle). Within the fixed feed / technical support zone, the UCI Regulations apply for neutral or team mechanical support.

ARTICLE 7 | LATE FINISH

Per Article 2.3.039 of the UCI Regulations, any rider finishing in a time exceeding that of the winner by more than 8% shall not be placed. The time limit may in exceptional circumstances be increased by the commissaires panel in consultation with the organizer.

Upon the commissaires panel's decision, any rider who is more than 10 minutes behind the leading riders may be excluded from the race. Any rider caught by the lead vehicle must leave the race.

ARTICLE 8 | CLASSIFICATIONS

1. Individual
2. Grand Prix de la Montagne Ekoï (KOM)
3. Best Canadian

1. INDIVIDUAL

The individual classification is established according to the finish order of the riders as validated by the commissaires panel.

2. GRAND PRIX DE LA MONTAGNE EKOÏ

The best climber (KOM) classification is established by adding together the points obtained at all summit passages on the respective courses according to the established scale. The winning rider must complete the race within the time limit.

Grand Prix Cycliste de Québec - Côte Des Glacis (KM 10,8)

PASSAGE	1 st	2 nd	3 rd
1 st , 2 nd , 3 rd , 4 th , 5 th , 6 th , 7 th , 8 th , 9 th , 10 th	1 pt		
11 th , 12 th , 13 th	3 pts	1 pts	
14 th	9 pts	3 pts	
15 th	15 pts	6 pts	3 pts
16 th	25 pts	12 pts	6 pts

Grand Prix Cycliste de Montréal - Camilien-Houde (KM 2,1)

PASSAGE	1 st	2 nd	3 rd
1 st , 2 nd , 3 rd , 4 th , 5 th , 6 th , 7 th , 8 th , 9 th , 10 th , 11 th , 12 th	1 pt		
13 th , 14 th , 15 th	2 pts	1 pts	
16 th	9 pts	3 pts	
17 th	15 pts	6 pts	3 pts
18 th	25 pts	12 pts	6 pts

In the event of a tie in the Grand Prix de la Montagne Ekoï ranking, the following criteria will be applied until the tie is broken:

1. Number of first places
2. General individual time classification

3. BEST CANADIAN

The best Canadian classification is established according to the finish order of the riders of Canadian nationality.

ARTICLE 9 | PENALTIES

The UCI scale of penalties will solely apply.

ARTICLE 10 | DOPING CONTROL

Doping control operations are performed under the authority of the UCI, Canadian legislation and the officials. The doping control centres are in the Château Laurier hotel (Québec City) and in the finish line area (Montréal).

Santini

Fit. Performance. Comfort. Durability.

Since 1965, Santini has been designing cycling apparel to meet the highest professional performance standards, in a constant quest for elegance and comfort for all types of cyclists. Today, the Italian designer and manufacturer is the official supplier of the jerseys worn by the leaders of the Tour de France and the rainbow jerseys worn by world champions.

Santini and its Canadian distributor Rafal Sports are proud to be associated with the only WorldTour event in North America, and to act as official clothing supplier to the organization and the GPCQM official boutique.

ARTICLE 11 | COURSE RECONNAISSANCE AND TRAINING

During reconnaissance and training, follow vehicles must be equipped with a roof light. Cyclists must ride single file, and both cyclists and vehicle drivers must respect the Québec Highway Safety Code.

Warning: Several sections of the race course are in a direction contrary to that of motor vehicle traffic. In case of violation of the Highway Safety Code, the police department may issue tickets and levy fines, which would be at the team's expense. The portions contrary to traffic on each course are shown on p. 27 (Québec) and p. 37 (Montréal).

ARTICLE 12 | PRIZES AND PURSES

The total prize money awarded per race is 42,000 euros.

The deductions required under Canadian and Québec income tax legislation will be made at the source.

INDIVIDUAL RANKING

PLACE	1	2	3	4	5	6	7	8	9	10
PRIZE EUROS	16,000	8,000	4,000	2,000	1,600	1,200	1,200	800	800	400
PLACE	11	12	13	14	15	16	17	18	19	20
PRIZE EUROS	400	400	400	400	400	400	400	400	400	400

GRAND PRIX DE LA MONTAGNE EKOI

PLACE	1
PRIZE EUROS	1,000
PLACE	1
PRIZE EUROS	1,000



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GRANDS PRIX CYCLISTES DE QUÉBEC DE MONTRÉAL



EKOI OFFICIAL HELMETS AND GLASSES PARTNER



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Rules of conduct in the caravan

- The Grands Prix Cyclistes de Québec et de Montréal races are run in urban areas. As such, all vehicles operated outside the zones under police protection shall be driven on the right-hand side of the roadway and in compliance with the Québec Highway Safety Code.
- All vehicles operated on the race course shall be equipped with a radio that can be tuned to the Radio Grand Prix frequency. This radio must be turned on at all times.
- Drivers are responsible for their vehicles and shall comply immediately and in a safe and secure manner with instructions from the race directors, the regulator and police.
- It is forbidden to overtake the peloton or breakaway riders without authorization from the race directors, the commissaires or the regulator.
- It is forbidden to extend any part of your body outside a vehicle to film or photograph during the race.
- No vehicle may be operated on the race course with more than 4 persons inside it, except for the VIP cars, which may have up to 5 occupants.
- It is forbidden to enter a gap, or to overtake or slow down the line of vehicles in the following areas:
 - ▶ The final kilometre before each Grand Prix de la Montagne summit;
 - ▶ The feed / technical support zones;
 - ▶ Danger zones announced over Radio Grand Prix or by means of a yellow flag.
- At the front of the race, vehicles circulate between the lead vehicle (opening the race) and the organization director's car.
- In the race convoy, motorcycles form a single-file line on the left-hand side of the road and cars drive on the right-hand side.
- The race director vehicles and commissaires' vehicles have priority.
- As directed by the race director or commissaires, the directeurs sportifs', physicians' and neutral service vehicles have priority.
- When race conditions permit, "lead" vehicles may assume a position in front of the peloton

or breakaway. To do so, they must have prior authorization from the race director's, commissaires' or regulator's vehicle.

- Once so authorized, they may briefly drop back in front of the peloton or breakaway, and then return to their position, complying with the rules for the movement of vehicles on the race course.
- If a vehicle operator wishes to stop and be overtaken by the peloton, they may do so by making sure to pull over and park off the roadway.
- During a breakaway, "lead" vehicles may enter the gap between the breakaway riders and the peloton if the time gap is greater than 1 min 30 sec and after authorization from the race director. If the gap drops back to less than 1 minute, or when instructed by the race director, these vehicles must return to a position ahead of the race, in front of the lead race director vehicle.
- When an obstacle or danger is reported by Radio Grand Prix or by a yellow flag, vehicles must always anticipate it.

Warning

- An accredited vehicle being driven ahead of the lead vehicle opening the race must be on the right side of the road and the driver must comply with the posted speed limits.
- Emergency and fire response vehicles have priority under all circumstances in both directions of traffic along the race course.
- Use of a mobile phone while driving a vehicle is prohibited unless a "hands-free" device is used. Watching a television display while driving is also prohibited. Seat belts must be worn at all times.

Respect for the environment

- It is strictly forbidden to dispose of waste along the race course.





Message from the Mayor



Bruno Marchand
MAYOR OF QUEBEC CITY

This September 8, Québec will switch into high gear for the city's Grand Prix Cycliste. Now in its 12th year, the cycling competition promises to be a thrilling race of the highest calibre.

It's going to be quite the ride: the best cyclists from around the world pedalling at full tilt along the beautiful streets and up the steep hills of Old Québec (perfect for building those quads!) with the eyes of the world watching from afar and die-hard cycling fans around every corner. The event has long been a favourite in Québec and has grown in step with the rising popularity of cycling.

Indeed, Québec is well on its way to joining the select group of cities where biking is the preferred form of active transportation. Initiatives abound to make cycling an accessible, easy, efficient, safe, and comfortable option for more of the city's residents. The positive effects on human health, the planet, and our economy are well documented. And as in a cycling race, pedalling backwards is not an option! Let's keep moving forward.

Québec is proud to support the Grand Prix Cycliste de Québec, which shines a light on Québec as a global cycling destination. Thank you also to the fans for coming out en masse, year after year.

Have a great race, everyone!

La Commission de la capitale nationale du Québec est très heureuse d'accueillir et de collaborer à l'édition 2023 du Grand Prix Cycliste de Québec.

The Commission de la capitale nationale du Québec is very pleased to welcome and collaborate with the 2023 edition of the Grand Prix Cycliste de Québec.

capitale.gouv.qc.ca

 COMMISSION DE
**LA CAPITALE
NATIONALE**
Québec 





GRAND PRIX CYCLISTE DE QUÉBEC

ACCESS

PPO ACCESS FROM THE DELTA QUÉBEC PAR MARRIOTT

Upon exiting the outside parking lot of the hotel, turn right onto Saint-Joachim, right onto Honoré-Mercier and right onto Grande Allée.

VIP PARKING ACCESS

Access to the VIP parking is via the intersection of Rue Louis-Alexandre Taschereau and Rue Jacques-Parizeau. A parking coupon is required for access.

KEY POINTS



START TIME

Real start at 11:00 a.m. in front of the VIP Village, westward along Rue Grande Allée.



MANDATORY CROSSING POINT (PPO)

Intersection of Rue Grande Allée Est and Rue Honoré-Mercier.

PPO opens: 8:30 a.m.



SIGN-IN

Near the start/finish line, between 10:00 a.m. and 10:50 a.m. All riders from a team must be present at the same time for the sign-in as per the schedule established by the organizer.

Riders called to the start line: 10:55 a.m.



Press & Media Parking

Partners & Guests Parking



GRAND PRIX CYCLISTE DE QUÉBEC

FINISH



P Press & Media Parking

P Partners & Guests Parking

P Teams Car Parking

NEARBY SERVICES

HOSPITALS

Centre hospitalier universitaire de Québec
Pavillon CHUQ – L'Hôtel-Dieu de Québec
11, côte du Palais,
Québec, G1R 0A2
(418) 525-4444

Pavillon Enfant-Jésus
1401, 18^e Street,
Québec, G1J 1Z4
(418) 649-0252

GAS STATION

Pétro-Canada
115, Dalhousie Street,
Québec, G1K 4C2
(418) 780-4866

CAR WASH

Shell
780 Bouvier,
Québec, G2J 1A3
(418) 626-4774

CYCLING STORE

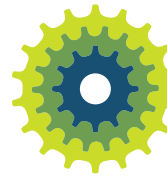
Sports Maguire
2002, Chemin St-Louis,
Québec, G1P 1P1
(418) 688-2248

GROCERY STORE

Metro Cartier
977, Cartier Street,
Québec, G1R 2S2
(418) 522-8011

AUTOMATIC LAUNDROMAT





















Lavoir St-Ursule
17b Sainte Ursule Street,
Québec, G1S 4C7
(418) 692-2626



QUÉBEC VIP VILLAGE



LEGEND

- | | | | |
|--|---|--|---|
|  Village (Guests) |  Protocol & dignitaries tent |  TV Production trucks |  Caterer tent |
|  Start / Finish line |  GPCQM / Santini boutique |  Fans' Village |  Toilets |
|  Results / Finish line judge |  Anti-doping |  Lounge |  Guests & partners parking |
|  Private Suites |  VIP tours tent |  Coffee tent | |
|  VIP Terraces and tent |  Entry-Welcome desk |  Guests tent | |
|  Stage |  Giant screen |  Quartier coureurs | |
|  Interview tent |  Press centre | | |



GRAND PRIX CYCLISTE DE QUÉBEC

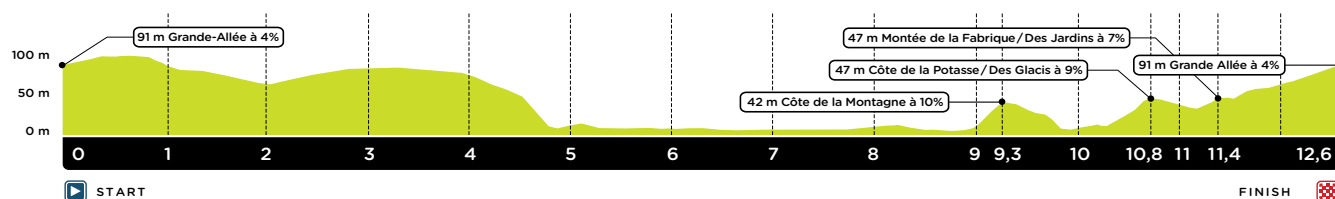
COURSE

FRIDAY, SEPTEMBER 8, 2023

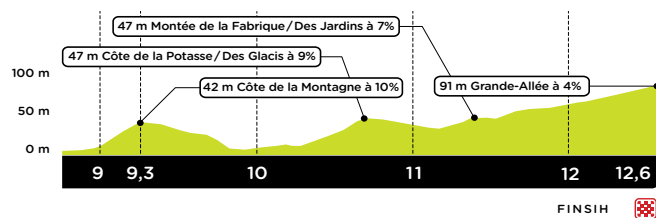
A 12,6 km urban circuit, ridden 16 times, for a total of 201,6 km.



ELEVATION PROFILE



LAST 3 KM



CLIMBS

CIRCUIT ELEVATION GAIN: 186 M

TOTAL ELEVATION GAIN: 2,976 M

KM 9 Côte de la Montagne, 375 m at 10 % average grade including a passage of 165 m at 13 %

KM 10 Côte de la Potasse / des Glacis, 420 m at 9 % average grade

KM 11 Montée de la Fabrique / des Jardins, 190 m at 7%

KM 11 Montée du Fort / St-Louis / Grande-Allée, 1 km at 4 % average grade

SCHEDULE

KM to go	KM completed	Circuit	Alt	Street		43 km/h	39 km/h	36 km/h
201,6	0,0	0	91	Grande Allée Est	Start in front of the Manège militaire	11:00	11:00	11:00
201,1	0,5	0,5	100	Av. Taché	Sharp left turn and narrowing	11:00	11:00	11:00
200,9	0,7	0,2	103	Av. George VI	Left turn	11:00	11:01	11:01
200,4	1,2	0,5	83	Av. Ontario	Right turn (Feeding from car starts)	11:01	11:01	11:02
198,8	2,8	1,6	83	Av. Ontario	Narrow passage and narrowing	11:03	11:04	11:04
198,5	3,1	0,3	86	Av. Wolfe Montcalm	Median strip	11:04	11:04	11:05
198,2	3,4	0,3	87	Av. Grande Allée Ouest	Left turn (Feeding from car ends)	11:04	11:05	11:05
197,6	4,0	0,6	80	Rue de Laune	Left turn	11:05	11:06	11:06
197	4,6	0,6	52	Côte Gilmour	Fast descent, hairpin right turn	11:06	11:07	11:07
196,8	4,8	0,2	12	Côte Gilmour	Fast descent, sharp left turn, median strip	11:06	11:07	11:08
196,6	5,0	0,2	8	Boul. Champlain	Sharp left turn (Feeding from car starts)	11:06	11:07	11:08
195,5	6,1	1,1	8	Boul. Champlain	Beginning of the litter zone	11:08	11:09	11:10
195,3	6,3	0,2	8	Boul. Champlain	End of the litter zone	11:08	11:09	11:10
192,9	8,7	2,4	5	Boul. Champlain	Narrowing (Feeding from car ends)	11:12	11:13	11:14
192,8	8,8	0,1	5	Rue du Marché	Sharp right turn	11:12	11:13	11:14
192,7	8,9	0,1	4	Rue Dalhousie	Sharp left turn	11:12	11:13	11:14
192,6	9,0	0,1	5	Côte de la Montagne	Sharp left turn and pronounced narrowing	11:12	11:13	11:15
192,2	9,4	0,4	42	Rue Port Dauphin	Right turn	11:13	11:14	11:15
192,1	9,5	0,1	40	Rue des Remparts	Right turn	11:13	11:14	11:15
192	9,6	0,1	26	Rue des Remparts	Narrow passage	11:13	11:14	11:16
191,7	9,9	0,3	25	Côte de la Canoterie	Descent (narrow entrance)	11:13	11:15	11:16
191,5	10,1	0,2	6	Rue Saint-Vallier Est	Sharp left turn and narrowing	11:14	11:15	11:16
191,2	10,4	0,3	13	Côte de la Potasse	Dangerous passage in ~, narrowing on the left	11:14	11:16	11:17
190,9	10,7	0,3	26	Rue des Glacis	Left turn	11:14	11:16	11:17
190,8	10,8	0,1	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	11:15	11:16	11:18
190,6	11,0	0,2	42	Porte St-Jean	Narrowing, paved road for 200 meters	11:15	11:16	11:18
190,2	11,4	0,4	33	Rue de la Fabrique	Right turn	11:15	11:17	11:19
190,1	11,5	0,1	42	Rue des Jardins	Right turn, paved road for 50 meters	11:16	11:17	11:19
190	11,6	0,1	47	Rue de Buade	Left turn, pave road for 50 meters	11:16	11:17	11:19
189,9	11,7	0,1	47	Rue du Fort	Right turn	11:16	11:18	11:19
189,8	11,8	0,1	50	Rue du Fort	Narrow passage	11:16	11:18	11:19
189,7	11,9	0,1	56	Rue St-Louis	Right Turn	11:16	11:18	11:19
189,3	12,3	0,4	78	Porte St-Louis	Start feeding zone	11:17	11:18	11:20
189,1	12,5	0,2	89	Av. Grande Allée Est	End feeding zone	11:17	11:19	11:20
189	12,6	0,1	91	Av. Grande Allée Est	1 st crossing finish line	11:17	11:19	11:21
178,2	23,4	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	11:32	11:36	11:39
176,4	25,2	1,8	91	Av. Grande Allée Est	2 nd crossing finish line (Feeding starts)	11:35	11:38	11:42
165,6	36,0	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	11:50	11:55	12:00
163,8	37,8	1,8	91	Av. Grande Allée Est	3 rd crossing finish line	11:52	11:58	12:03
153	48,6	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	12:07	12:14	12:21
151,2	50,4	1,8	91	Av. Grande Allée Est	4 th crossing finish line	12:10	12:17	12:24
140,4	61,2	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	12:25	12:34	12:42
138,6	63,0	1,8	91	Av. Grande Allée Est	5 th crossing finish line	12:27	12:36	12:45
127,8	73,8	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	12:42	12:53	13:03
126	75,6	1,8	91	Av. Grande Allée Est	6 th crossing finish line	12:45	12:56	13:06
115,2	86,4	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	13:00	13:12	13:24
113,4	88,2	1,8	91	Av. Grande Allée Est	7 th crossing finish line	13:03	13:15	13:27
102,6	99,0	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	13:18	13:32	13:45
100,8	100,8	1,8	91	Av. Grande Allée Est	8 th crossing finish line	13:20	13:35	13:48
90	111,6	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	13:35	13:51	14:06
88,2	113,4	1,8	91	Av. Grande Allée Est	9 th crossing finish line	13:38	13:54	14:09
77,4	124,2	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	13:53	14:11	14:27
75,6	126,0	1,8	91	Av. Grande Allée Est	10 th crossing finish line	13:55	14:13	14:30
64,8	136,8	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	14:10	14:30	14:48
63	138,6	1,8	91	Av. Grande Allée Est	11 th crossing finish line	14:13	14:33	14:51
52,2	149,4	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	14:28	14:49	15:09
50,4	151,2	1,8	91	Av. Grande Allée Est	12 th crossing finish line	14:30	14:52	15:12
39,6	162,0	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	14:46	15:09	15:30
37,8	163,8	1,8	91	Av. Grande Allée Est	13 th crossing finish line	14:48	15:12	15:33
27	174,6	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	15:03	15:28	15:51
25,2	176,4	1,8	91	Av. Grande Allée Est	14 th crossing finish line	15:06	15:31	15:54
14,6	187,2	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	15:21	15:48	16:12
12,6	189,0	1,8	91	Av. Grande Allée Est	15 th crossing finish line (Feeding ends)	15:23	15:50	16:15
1,8	199,8	10,8	47	Sommet Côte des Glacis	Grand Prix de la Montagne Ekoï	15:38	16:07	16:33
0	201,6	1,8	91	Av. Grande Allée Est	FINISH - 16 th crossing finish line	15:41	16:10	16:36

Special regulations: GP de Québec

ARTICLE 1 | RACE-RELATED OPERATIONS

THURSDAY, SEPTEMBER 7
CHÂTEAU LAURIER - SALLE DES PLAINES
1220 Place George V Ouest, G1R 5B8

- **2:30 p.m. to 3:00 p.m.** – Commissaires meeting.
- **3:00 p.m. to 3:45 p.m.** – Licence checks, issuing of race numbers and frame numbers.
- **4:00 p.m. to 4:30 p.m.** – Directeurs sportifs meeting for the WorldTour competition, held pursuant to Article 1.2.087 of the UCI Regulations, with the members of the commissaires' panel in attendance.
- **5:00 p.m. to 5:30 p.m.** – Meeting with Québec City police force and the organizer's medical services.
- **6:00 p.m. to 6:45 p.m.** – Meeting of all course convoy drivers.
- **7:00 p.m. to 7:15 p.m.** – Meeting of TV motorcycle crews.

ARTICLE 2 | TEAM INTRODUCTIONS, SIGN-IN AND START OF THE RACE

The official team introductions (riders in race clothing) will take place during the sign-in beginning at 10:00 a.m., near the start/finish line, and will end ten (10) minutes before the start time, i.e., at 10:50 a.m. Introductions will be in the order established by the organizer. All riders in a team must be present at the same time for the sign-in; local youth riders will act as bike minders. For the start of the race, the riders will be called at 10:55 a.m. and the start signal will be given at 11:00 a.m.



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ARTICLE 3 | PORTIONS OF THE COURSE AGAINST THE DIRECTION OF MOTOR-VEHICLE TRAFFIC (6 KM)

- **0.5 km** – Av. Taché, east side (100m) > From Grande Allée to Av. Wilfrid-Laurier
- **0.7 km** – Av. George-VI (300m) > From Av. Taché to Av. Ontario
- **3.4 km** – Grande Allée, south side (600m) > From Av. Wolfe-Montcalm to Av. De Laune
- **5.0 km** – Boulevard Champlain, west side (3,7 km) > From Ch. du Foulon to Rue du Marché Champlain
- **8.8 km** – Rue du Marché Champlain, north side (130 m) > From Boul. Champlain, west side, to Rue Dalhousie, west side
- **8.9 km** – Rue Dalhousie, west side (180 m) > From Rue du Marché Champlain, north side, to Côte de la Montagne
- **9.0 km** – Côte de la Montagne (400 m) > From rue Dalhousie to rue Port Dauphin
- **10.1 km** – Rue Saint-Vallier Est (200m) > From Côte de la Canoterie to Côte de la Potasse
- **11.8 km** – Rue Du Fort (60m) > From Rue Ste-Anne to Rue St-Louis
- **11.9 km** – Rue St-Louis (450 m) > Rue Du Fort to Rue D'Auteuil

ARTICLE 4 | FEED ZONE

Food and drink shall be supplied solely within the zone delineated for that purpose. The fixed feed zone (riders' compound) is along Grande Allée, 335 m before the start/finish line on a slightly uphill section of the course west of the Porte Saint-Louis, per articles 2.3.025, 2.3.026 and 2.3.027 of the UCI Regulations and the instructions of the commissaires' panel. Off-course parking for team vehicles is on Av. George-VI.

To ensure zone safety, a dotted line will be painted on the roadway. Staff supplying the riders shall not step beyond this line. Only staff wearing the orange ÉQUIPE or the blue RAVITO armbands (two or three per team depending on the weather) are permitted to be in the roadway and in the safety zone. Failure to comply with this rule shall be penalized. Upon the commissaires' panel's decision, food and drink supply for teams at fault shall be suspended. In case of widespread failure to comply, the entire feed zone may be closed by decision of the commissaires' panel.

Upon the decision of the race director and the commissaires, food and drink may be supplied from the directeurs sportifs' cars on the race course:

- Before Lap 3 and before the last lap: from KM 1.2 (Av. Ontario) to KM 3.4 (end of Grande Allée Ouest)
- Before Lap 2 and before the last lap: from KM 5.2 (Boul. Champlain) to KM 8.5

ARTICLE 5 | LITTER ZONE

Per articles 2.2.025 and 2.3.025 of the UCI Regulations, a litter zone is provided at KM 6.1 over a distance of 200 m. It will be allowed to discard waste just before and just after the fixed feed zone.

ARTICLE 6 | END OF THE RACE

Access to the back of the finish line via the circuit will be permitted immediately after the broom car passes at the end of lap 15 for a short period of time. Thereafter, access to the back of the finish line via the circuit will be prohibited. Team staff must use the following route:

- From the riders' compound, access Av. George-VI (vehicle deviation route), turn right on Av. Wilfrid-Laurier and right again on Place George-V Ouest.

Access to the back of the line is limited to two people per team. These individuals must wear the orange ÉQUIPE armband.

The reverse route must be taken after the finish line point by riders who want to return to the riders' compound before the broom wagon arrives.







Message from the Mayor



Valérie Plante
MAYOR OF MONTREAL

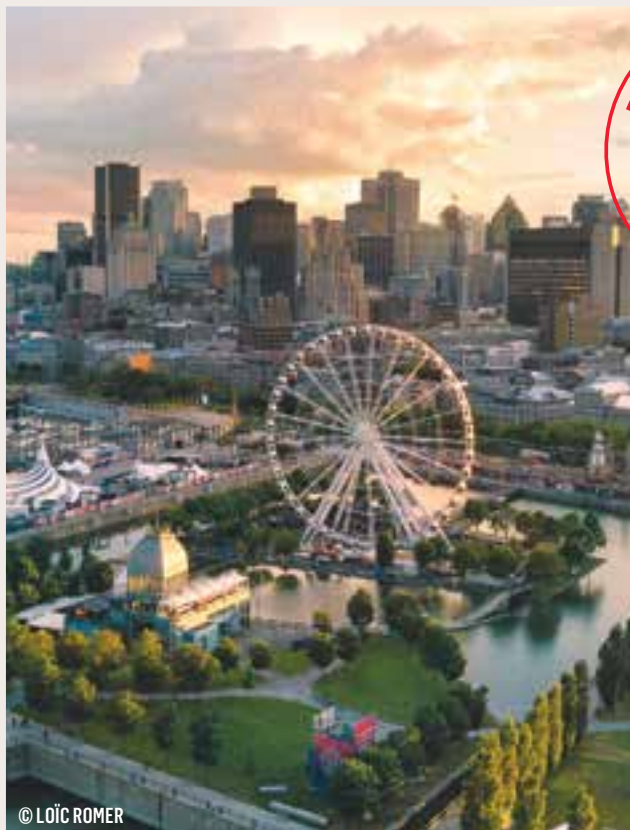
Montréal, an internationally renowned cycling city, is proud to host the Grand Prix Cycliste de Montréal. This is one of only two UCI WorldTour events in the Americas, a circuit that features the world's finest road races and welcomes the world's greatest cyclists.

This renowned event reinforces Montréal's reputation as a host of major sporting events, and contributes to the city's international profile and visibility.

Our administration implements and supports numerous initiatives to make cycling more accessible, and it's paying off! More and more Montrealers are cycling to get around, to stay in shape or to excel in their sport, just like the athletes taking part in the Grands Prix Cyclistes de Québec et de Montréal.

It's an honour for Montréal to host this event, which promotes healthy lifestyle habits and reminds us of the importance of sport and its positive social impact. The city of Montréal is proud to offer financial and logistical support to the Grands Prix Cyclistes de Québec et de Montréal, a must-attend event for the cycling community.

I invite all Montrealers to enjoy this great free event, with family and friends, and I welcome the riders who will bring us exciting highlights.



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GRAND
PRIX CYCLISTE
DE MONTRÉAL

ACCESS

PPO ACCESS FROM THE DELTA MONTRÉAL PAR MARRIOTT

Upon exiting the parking, turn left onto Av. Président-Kennedy and then left onto Rue Jeanne-Mance. Continue to Rue Sherbrooke, then turn left. Then, turn right onto Av. du Parc and proceed to the PPO.

VIP PARKING ACCESS

Access to the VIP parking is via the intersection of Av. du Mont-Royal Ouest and Av. du Parc. A parking coupon is required for access.

KEY POINTS



START TIME

Real start at 10:15 a.m. in front of the Monument to Sir George-Étienne Cartier on Av. du Parc.



MANDATORY CROSSING POINT (PPO)

Intersection of Av. des Pins Ouest and Av. du Parc.

PPO opens: 8:00 a.m.



SIGN-IN

Near the start/finish line, between 9:15 a.m. and 10:05 a.m. All riders from a team must be present at the same time for the sign-in as per the schedule established by the organizer.

Riders called to the start line: 10:10



Press & Media Parking

Partners & Guests Parking



GRAND PRIX CYCLISTE DE MONTRÉAL

FINISH



P Press & Media Parking

P Partners & Guests Parking

P Teams Car Parking

NEARBY SERVICES

HOSPITAL

Hôpital Général de Montréal
1650, Cedar,
Montréal, H3G 1A4
(514) 934-1934

GAS STATION

Pétro-Canada
4505, Av. du Parc,
Montréal, H2V 4E4
(514) 849-3001

CAR WASH

Shell
2770 Notre-Dame Ouest,
Montréal, H3J 1N9
(514) 932-6876

BIKE STORES

Vélo 2000
550 Roland-Therrien,
Longueuil, J4H 3V9
(450) 677-1339

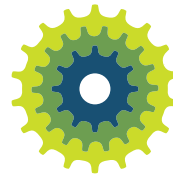
Bicycles Quilicot
7341 St-Denis,
Montréal, H2R 2E5
(514) 303-4118

GROCERY STORE

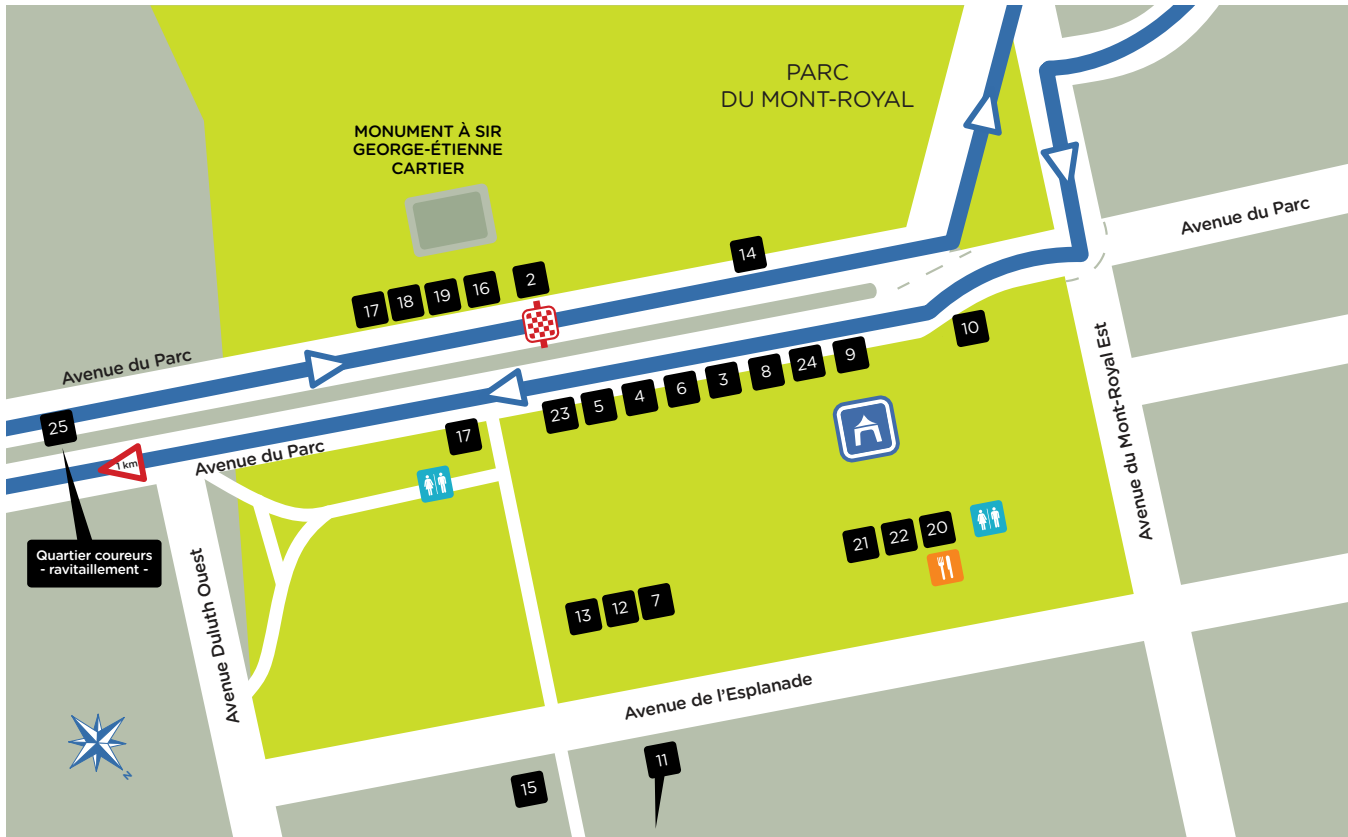
Marché Louise Ménard
(IGA)
5, Place Desjardins,
Section 72, Niveau 1,
Montréal, H5B 1B5
(514) 843-6116

AUTOMATIC LAUNDROMAT

Buanderie Albert
2121 Sainte-Catherine
Ouest,
Montréal, H3H 1M6
(514) 932-2330



MONTRÉAL VIP VILLAGE



LEGEND

Village (Guests)	7 Technical trailer	14 Giant screen	21 Lounge
Start/Finish line	8 VIP Terrace	15 TV Production trucks	22 Coffee tent
2 Results / Finish line judge	9 VIP tours tent	16 Bleachers	23 Private Suite
3 VIP Tent	10 Entry-Welcome desk	17 Fans' Village	24 Private Suite
4 Protocol & dignitaries tent	11 Press centre	18 GPCQM / Santini boutique	25 Quartier coureurs
5 Stage	12 O.C / security trailer	19 Bar & Grill	Caterer tent
6 Interview tent	13 Anti-doping trailer / Commissaires	20 Guests tent	Toilets



GRAND PRIX CYCLISTE DE MONTRÉAL

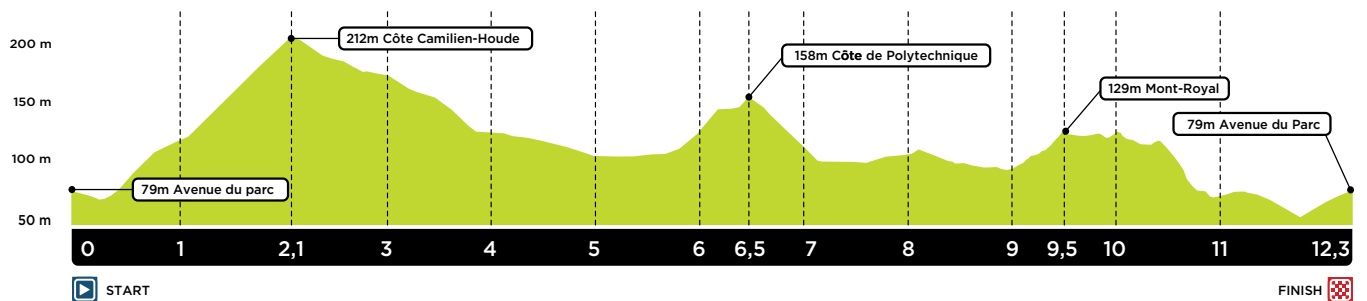
COURSE

SUNDAY, SEPTEMBER 10, 2023

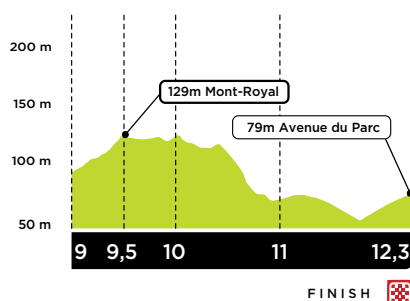
A 12,3 km urban circuit, ridden 18 times, for a total of 221,4 km.



ELEVATION PROFILE



LAST 3 KM



CLIMBS

CIRCUIT ELEVATION GAIN: 269 M
TOTAL ELEVATION GAIN: 4,842 M

- KM 2** Côte Camillien-Houde 1,8 km at 8 % average grade
- KM 6** Côte Polytechnique 780 m at 6 % average grade including a 200 m climb at 11%
- KM 9** Pagnuelo 600 m at 7 % average grade
- KM 11** Av. du Parc 560 m at 4 % average grade

SCHEDULE

KM to go	KM completed	Circuit	Alt	Street		39 km/h	37 km/h	34 km/h
221,4	0	0	79	Av. du Parc	Start at the George-Étienne Cartier statue	10:15	10:15	10:15
221,2	0,2	0,2	73	Ch. Côte Ste-Catherine	Left turn	10:15	10:15	10:15
221	0,4	0,2	76	Boul. Mont-Royal	Left turn	10:15	10:15	10:15
220,9	0,5	0,1	84	Voie Camillien-Houde	Left turn	10:15	10:15	10:15
220,1	1,3	0,8	146	Voie Camillien-Houde	Narrowing, passing to the right	10:17	10:17	10:17
219,7	1,7	0,4	188	Voie Camillien-Houde	Narrowing, passing to the right	10:17	10:17	10:18
219,3	2,1	0,4	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	10:18	10:18	10:18
218,7	2,7	0,6	186	Ch. Remembrance	Fast descent	10:19	10:19	10:19
217,6	3,8	1,1	132	Ch. De la Côte-des-Neiges	Right turn (Feeding from car starts)	10:20	10:21	10:21
216,5	4,9	1,1	114	Av. Gatineau	Right turn	10:22	10:22	10:23
216,1	5,3	0,4	108	Av. Maréchal	Right turn	10:23	10:23	10:24
216	5,4	0,1	111	Ch. Decelles	Right turn	10:23	10:23	10:24
215,7	5,7	0,3	114	Ch. De la Tour	Sharp left turn (Feeding from car ends)	10:23	10:24	10:25
215,5	5,9	0,2	122	Ch. De la Polytechnique	Left turn	10:24	10:24	10:25
214,9	6,5	0,6	158	Ch. de la Rampe	Speed bump and left turn in fast descent	10:25	10:25	10:26
214,2	7,2	0,7	106	Boul. Édouard-Montpetit	Very tight right turn fast descent after	10:26	10:26	10:27
214	7,4	0,2	106	Boul. Édouard-Montpetit	Beginning of the litter zone	10:26	10:27	10:28
213,8	7,6	0,2	106	Boul. Édouard-Montpetit	End of the litter zone	10:26	10:27	10:28
213,4	8	0,4	112	Boul. Édouard-Montpetit	Feeding from car starts	10:27	10:27	10:29
213,3	8,1	0,1	112	Av. Vincent-D'Indy	Left turn	10:27	10:28	10:29
213,2	8,2	0,1	110	Av. Vincent-D'Indy	Median strip, passage on both sides	10:27	10:28	10:29
213	8,4	0,2	101	Ch. Côte-Ste-Catherine	Right turn	10:27	10:28	10:29
212,4	9	0,6	85	Av. Pagnuelo	Right turn	10:28	10:29	10:30
211,9	9,5	0,5	128	Boul. du Mont-Royal	Left turn	10:29	10:30	10:31
211,4	10	0,1	117	Boul. du Mont-Royal	Feeding from car ends	10:30	10:31	10:32
211,3	10,1	0,1	122	Boul. du Mont-Royal	Left turn	10:30	10:31	10:32
211,2	10,2	0,9	84	Ch. Côte-Ste-Catherine	Right turn downhill	10:30	10:31	10:33
210,3	11,1	0,2	72	Av. du Parc	Right turn with narrowing	10:32	10:33	10:34
210,1	11,3	0,8	56	Av. du Parc	Hairpin right turn	10:32	10:33	10:34
209,3	12,1	0,2	62	Av. du Parc	Feeding zone	10:33	10:34	10:36
209,1	12,3	0,3	79	Av. du Parc	1 st crossing finish line	10:33	10:34	10:36
207	14,4	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	10:37	10:38	10:40
196,8	24,6	10,2	79	Av. du Parc	2 nd crossing finish line (Feeding starts)	10:52	10:54	10:58
194,7	26,7	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	10:56	10:58	11:02
184,5	36,9	10,2	79	Av. du Parc	3 rd crossing finish line	11:11	11:14	11:20
182,4	39	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	11:15	11:18	11:23
172,2	49,2	10,2	79	Av. du Parc	4 th crossing finish line	11:30	11:34	11:41
170,1	51,3	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	11:33	11:38	11:45
159,9	61,5	10,2	79	Av. du Parc	5 th crossing finish line	11:49	11:54	12:03
157,8	63,6	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	11:52	11:58	12:07
147,6	73,8	10,2	79	Av. du Parc	6 th crossing finish line	12:08	12:14	12:25
145,5	75,9	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	12:11	12:18	12:28
135,3	86,1	10,2	79	Av. du Parc	7 th crossing finish line	12:27	12:34	12:46
133,2	88,2	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	12:30	12:38	12:50
123	98,4	10,2	79	Av. du Parc	8 th crossing finish line	12:46	12:54	13:08
120,9	100,5	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	12:49	12:57	13:12
110,7	110,7	10,2	79	Av. du Parc	9 th crossing finish line	13:05	13:14	13:30
108,6	112,8	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	13:08	13:17	13:34
98,4	123	10,2	79	Av. du Parc	10 th crossing finish line	13:24	13:34	13:52
96,3	125,1	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	13:27	13:37	13:55
86,1	135,3	10,2	79	Av. du Parc	11 th crossing finish line	13:43	13:54	14:13
84	137,4	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	13:46	13:57	14:17
73,8	147,6	10,2	79	Av. du Parc	12 th crossing finish line	14:02	14:14	14:35
71,7	149,7	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	14:05	14:17	14:39
61,5	159,9	10,2	79	Av. du Parc	13 th crossing finish line	14:21	14:34	14:57
59,4	162	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	14:24	14:37	15:00
49,2	172,2	10,2	79	Av. du Parc	14 th crossing finish line	14:39	14:54	15:18
47,1	174,3	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	14:43	14:57	15:22
36,9	184,5	10,2	79	Av. du Parc	15 th crossing finish line	14:58	15:14	15:40
34,8	186,6	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	15:02	15:17	15:44
24,6	196,8	10,2	79	Av. du Parc	16 th crossing finish line	15:17	15:34	16:02
22,5	198,9	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	15:21	15:37	16:06
12,3	209,1	10,2	79	Av. du Parc	17 th crossing finish line (Feeding ends)	15:36	15:54	16:24
10,2	211,2	2,1	211	Sommet Camillien-Houde	Grand Prix de la Montagne Ekoï	15:39	15:57	16:27
0	221,4	10,2	79	Av. du Parc	FINISH - 18 th crossing Finish line	15:55	16:14	16:45

Special regulations: GP de Montréal

ARTICLE 1 | RACE-RELATED OPERATIONS

SATURDAY, SEPTEMBER 9

HÔTEL DELTA MONTRÉAL – SALON CONCERTO

- **1:30 p.m. to 2:00 p.m.** – Commissaires meeting.
- **3:00 p.m. to 3:45 p.m.** – Licence checks, issuing of race numbers and frame numbers.
- **4:00 p.m. to 4:30 p.m.** – Directeurs sportifs meeting for the WorldTour competition, held pursuant to Article 1.2.087 of the UCI Regulations, with the members of the commissaires' panel in attendance.

SUNDAY, SEPTEMBER 10

PARC JEANNE-MANCE (VIP TENT)

- **8:30 a.m. to 8:45 a.m.** – Meeting with Montréal police force and the organizer's medical services.
- **8:45 a.m. to 9:00 a.m.** – Meeting of all course convoy drivers.

ARTICLE 2 | TEAM INTRODUCTIONS, SIGN-IN AND START OF THE RACE

The official team introductions (riders in race clothing) will take place during the sign-in beginning at 9:15 a.m., near the start/finish line, and will end ten (10) minutes before the start time, i.e., at 10:05 a.m. Introductions will be in the order established by the organizer. All riders in a team must be present at the same time for the sign-in; local youth riders will act as bike minders. For the start of the race, the riders will be called at 10:10 a.m. and the start signal will be given at 10:15 a.m.



ARTICLE 3 | PORTIONS OF THE COURSE AGAINST THE DIRECTION OF MOTOR-VEHICLE TRAFFIC (2.4 KM)

- **Start** – Av. du Parc, west side (800 m) > From the U-turn on Av. du Parc 100 m north of Av. des Pins to Ch. de la Côte-Ste-Catherine;
- **0.2 km** – Ch. de la Côte-Ste-Catherine, south side (200 m) > From Av. du Parc, west side, to Boul. Mont-Royal;
- **0.4 km** – Boul. Mont-Royal (100 m) > From Ch. de la Côte-Ste-Catherine to the access road to Voie Camillien-Houde;
- **0.5 km** – Access road to Voie Camillien-Houde (100 m) > From Ch. de la Côte-Ste-Catherine, south side, to Voie Camillien-Houde;
- **5.3 km** – Av. Maréchal (150 m) > From Av. Gatineau to Av. Decelles;
- **5.75 km** – Exit ramp from Ch. de la Tour (Polytechnique), north side (60 m) > From Av. Decelles to Ch. de la Polytechnique
- **10.8 km** – Ch. de la Côte Ste-Catherine, north side (200 m) > From Av. Mont-Royal to Av. du Parc
- **11 km** – Av. du Parc, east side (800 m) > From Ch. de la Côte-Ste-Catherine, north side, to the U-turn on Av. du Parc 100 m north of Av. des Pins

ARTICLE 4 | FEED ZONE

Food and drink shall be supplied solely within the zone delineated for that purpose. The fixed feed zone (riders' compound) is along Av. du Parc on a slightly uphill section, per articles 2.3.025, 2.3.026 and 2.3.027 of the UCI Regulations and the instructions of the commissaires' panel. Off-course parking for team vehicles is on avenue du Parc.

To ensure zone safety, a dotted line will be painted on the roadway. Staff supplying the riders shall not step beyond this line. Only staff wearing the orange ÉQUIPE or blue RAVITO armbands (two or three per team depending on the weather) are permitted to be in the roadway and in the safety zone. Failure to comply with this rule will be sanctioned. Upon the commissaires' panel's decision, food and drink supply for teams at fault shall be suspended. In case of widespread failure to comply, the entire feed zone may be closed by decision of the commissaires' panel.

Upon the decision of the race director and the commissaires, food and drink may be supplied from the directeurs sportifs' cars on the race course:

- After Lap 2 and before the last lap: from KM 3.8 (Ch. De la Côte-des-Neiges) to KM 5.6 (Av. Decelles)

- After Lap 2 and before the last lap: from KM 7.4 (Boul. Édouard-Montpetit) to KM 9.7 (Boul. du Mont-Royal)

ARTICLE 5 | LITTER ZONE

Per articles 2.2.025 and 2.3.025 of the UCI Regulations, a litter zone is provided at KM 7.4 over a distance of 250 m. It will be allowed to discard waste just before and just after the fixed feed zone.

ARTICLE 6 | END OF THE RACE

Access to the back of the line is limited to two people per team. These individuals must wear the orange ÉQUIPE armband.



