



HOUR RECORD ATTEMPTS – REFERENCE DOCUMENT

Since the modernisation and simplification of the rules implemented in May 2014, the UCI Hour Record has become a very attractive challenge within the pro-cycling community and a very popular event for fans and spectators. As such, Cycling Canada will continue to work with athletes to aid in the process of attempting Canadian and World Hour Records on the track. This document is intended to share key information that must be considered by all athletes wishing to make an Hour Record attempt.

RIDER APPLICATION DEADLINES:

In conjunction with Cycling Canada's standard event application deadlines, any athlete wishing to make an official Hour Record Attempt will need to complete the relevant Application Form and return to Cycling Canada.

PLEASE NOTE: Each application includes a non-refundable **\$80 CAD** application fee, payable to Cycling Canada and due at the time of application.

IMPORTANT RESOURCES

Listed below are important web-resources which must be consulted prior to submitting an application to attempt the Hour Record:

- [UCI Track Cycling Regulations](#) – for all relevant Hour Record regulations.
- Cycling Canada Companion Guide – for all relevant Canadian Record regulations.
- [UCI Hour World Record Checklist](#) (elite/para only)
- [UCI Best Performance World Record Checklist](#) (masters only)

ATTEMPTING THE HOUR RECORD

Registering for a sanctioned Hour Record Event

Cycling Canada works with independent event organizers to sanction Hour Record Events, whereby multiple hour records may be attempted during the same day(s). By registering for an Hour Record Event, riders benefit from the cost savings resulting from shared resources (officials, venue, etc.), the additional promotion from event organizers, and experienced, knowledgeable event organizers. Hour Record Attempt event dates are outlined on the Cycling Canada application form, and are open to application for all those wishing to make an attempt. Current affiliated Hour Record Event organizers:

EVENT DATE	EVENT	LOCATION	WEBSITE
Aug 24, 2024	Day of the Hour	Milton, ON	http://www.dayofthehour.ca/

PLEASE NOTE: Events with limited capacity for attempts will work with Cycling Canada staff to determine the selection of riders who have been successful in their application. Those who have not been successful may be offered alternative attempt dates, or will have the opportunity to make an independent attempt.



Independent Attempts

Any athlete may make an independent Hour Record attempt outside of the above-mentioned event(s). Riders should be aware that independent attempts may incur additional costs, as resources such as venue and officials will not be shared across various attempts on the same day. Similar to Hour Record Events, those riders wishing to make an independent Hour Record attempt must complete and submit the Cycling Canada Application form, indicating the preferred attempt date, before the above-stated application deadlines. Following the application deadline, Cycling Canada staff will work directly with the applicant to determine available dates and fees related to the independent attempt. Relative fees to be covered by the rider for making an independent attempt may include, but are not limited to:

- Officials. Including honorarium, travel, meals, and accommodation where required
- Venue/track rental. *Pending track availability*
- Doping Control
- Timing

PLEASE NOTE: independent attempts may take place no earlier than 2 months following the application deadline. No independent hour record attempt may take place between December-May.

WHO CAN ATTEMPT THE HOUR RECORD?

Elite Men/Women and Para-cycling Men/Women are exclusively recognized UCI World Hour Record categories. World Hour records may also be established in the Masters Men & Women categories listed in the table below. Riders attempting World Hour Records in each of the below categories will also be considered for relative Canadian Hour Records. Please note there are differing requirements for World vs Canadian Hour Record attempts, and Elite/Para vs Masters.

HOUR RECORD ATTEMPT RECOGNIZED CATEGORIES

See the table below which outlines the officially recognized World & Canadian Hour Record categories. Both Men and Women are recognized in each of the below-stated categories.

UCI OFFICIALLY RECOGNIZED CATEGORIES			
Elite [UCI Official]		Para-cycling [UCI Official]	
MASTERS CATEGORIES			
35 – 39	40 – 44	45 – 49	50 – 54
55 – 59	60 – 64	65 – 69	70 – 74
75 – 79	80 – 84	85 – 89	90 – 94
95 – 99	100 – 104	105+	

DOPING

Please note that any rider who wishes to make an Hour Record attempt will be required to complete an online CCES anti-doping “True Sport Clean” module ahead of time in order for the attempt to be recognized by Cycling Canada. This module takes approximately 60 minutes to complete and provides essential anti-doping information about the Canadian Anti-Doping Program (CADP) and specific anti-doping requirement for athletes participating in an official capacity in the sport. Cycling Canada will provide the information to the riders applying.



CANADIAN RECORDS CHECKLIST

Before a rider can make an attempt, he/she must have fulfilled in the following criteria:

1. The attempt must be authorized in writing in advance by Cycling Canada. This request must reach Cycling Canada no later than two (2) months prior to the targeted attempt date by filling Cycling Canada's event application and paying the application fee.
 - a. If the record attempt takes place out of the country, Cycling Canada must formally support the attempt in writing (with a copy to the UCI). Thus, the application and its fee will still apply for any Hour Record attempt.
 - b. The formal letter of support from Cycling Canada will be issued following the payment.
2. Commissaires with the appropriate status must be appointed in order to recognize the attempt. Commissaires in Canada will be assigned by Cycling Canada.
3. Electronic timekeeping must be secured and approved by Cycling Canada.
4. The attempt can only be valid if it is done in a UCI homologated velodrome.
5. All of the rider's must submit their bicycle and other riding components shall be submitted to Cycling Canada for approval no later than 7 days before the date of the attempt. List of material to be filled in.
6. The rider must complete the online CCES module prior to the attempt and submit a copy of their certificate to Cycling Canada. Riders will be responsible for all doping control fees should CCES decide to test for their Canadian Record attempt.

CHECKLIST FOR ORGANIZERS

- Organizers must submit a national event application prior to March 15th the year prior to their event date in order to hold multiple record attempts.
- Event permit and all other needs (start gate, secured bathroom for doping control, warm-up space, etc) must be obtained.
- Electronic timing must be secured and approved by Cycling Canada.
- A certificate of insurance must be obtained through the applicable provincial body.
- Pending on World vs Canadian records, a tri-party agreement may be requested by the CCES to be signed ahead of the event. Cycling Canada will be the ones initiating the conversations with CCES to secure, organizers are not to contact CCES directly.
- Athletes are required to pay for all associated costs (track permit, timing, commissaires, CCES, etc).

CONTACT

All those with questions related to making an Hour Record attempt should contact Alex Joubert, Cycling Canada - Coordinator, Events and Officials at alex.joubert@cyclingscanada.ca.