

2025 COMPANION GUIDE



ALL RIDE. MANY RACE. WE WIN!

THE NATIONAL / ELITE NATIONAL / INTERNATIONAL COMMISSAIRE AN EXPERT SERVING CYCLING

A National / Elite National / UCI International Commissaire ensures that international cycling races are held in the best possible conditions. They fulfill the role of CC / UCI ambassador for races being held under its auspices.

A Commissaire ensures the smooth running of cycling races in ethical and sporting terms by ensuring that National / UCI rules are uniformly applied before, during and after the race.

Since some of the aspects of their function go beyond the framework of the rules, National / Elite National / International Commissaires must be able to command respect in any situation. They must also be capable of playing the role of mediator between all those involved in cycling.

Commissaires are at the centre of the sporting action during cycling competitions across all disciplines; commissaires provide an essential service to the cycling community.

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PRELIMINARY PROVISIONS

The UCI Regulations will be considered as the reference for all regulations governing the specified disciplines of bicycle racing.

The present UCI Regulations and Cycling Canada (CC hereafter) Companion Guide shall be applicable to all types of specified cycling races.

Where necessary the UCI Regulations have been revised to accommodate various National Regulations pertinent to Canada. These amendments appear in this CC Companion Guide. The National Regulations are preceded by the letter (N) in italics.

It should be noted that the UCI Regulations are dynamic reference documents and a particular section may be updated at any time during the year. We therefore recommend that people refer to relevant sections on a regular basis through the UCI website. All preceding regulations will be considered invalid as of the date of the updated regulation.

Nevertheless, National Federations may, in their National Regulations applicable to races on their own National Calendar, rule on any provisions herein marked by the letter (N). Where no such National Regulations exist, organizers of races registered on the National Calendar shall strive to respect the provisions in question to the greatest extent possible and in accordance with the circumstances.

A specific provision of the UCI Regulations and the CC Companion Guide shall constitute an exception to any general provision with which it would be incompatible.

Participation in a cycling race, in whatever capacity, shall imply acceptance of all provisions of UCI Regulations and the National amendments contained in the CC Companion Guide.

The UCI / CC cannot be held responsible for any infringements of the law committed in connection with cycling, even if the Regulations be invoked to justify such infringements.

The CC Officials Committee may be consulted where there are difficulties in applying the UCI Regulations or National amendments.

In the event of a discrepancy between the English version and the French version of the CC Companion Guide, the English version shall prevail except in the province of Quebec where the French version shall prevail.

To facilitate reading, the UCI Regulations and the CC Companion Guide shall include the use of the masculine for the feminine and singular for plural.



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Vallérie Trottier – ENC Track & National Road Commissaire

PART I: GENERAL ORGANIZATION OF CYCLING AS A SPORT

1.0.000 N) For national and provincial races, for purposes of regulations and conversion rates, concerning fines in the regulations, one Swiss Franc shall equal one Canadian Dollar.

CHAPTER 1 LICENSE HOLDERS

§1 LICENSES

Categories of License Holders

1.1.010 N) Individuals representing riders as a Manager, and requesting this designation on their license, should have followed and passed an introductory Level Commissaire's course within Canada.

1.1.020 N) A foreign rider visiting Canada who would like to race must submit his license and a letter of permission from his National Federation upon registering for the competition. (A Rider from the United States does not require a letter of permission.)

A foreign rider residing in Canada for more than 2 months is authorized to wear the colours of the club or trade team that he chooses and, in so doing, is authorized to participate in all competitions of this club or trade team. The Provincial Federation issues this authorization.

In Canada, licenses are issued by the province where the rider has his principal residence.

Form of License

1.1.024 N) An electronic license is acceptable within Canada.

§2 CATEGORIES OF RIDERS

1.1.034bis N) This regulation shall apply equally to competitions on the National Calendar.

1.1.036 N) Category Youth Men Age: Under 13, Under 15 years, Under 17 years according to the year of birth. In Canada, Masters Men categories will be starting at 35 years of age.

1.1.037 N) Category Youth Women Age: Under 13, Under 15 years, Under 17 years according to the year of birth. In Canada, Masters Women categories will be starting at 35 years of age.

N) Table of road categories:

| Categories | Age as of 31 December of the year of the competition |
|------------|--|
| U13 | 10-12 |
| U15 | 13-14 |
| U17 | 15-16 |

It is possible for a rider to race in a category other than his own. The rider must have a letter of permission from his Provincial Association and show it at registration. All upgrading must be approved by the Provincial Association for provincial races and approved by Cycling Canada for national sanctioned competitions.

*In Quebec it is not possible for a rider from another province to race in a different age category unless he has a letter from CC or the upgrade has been approved by Quebec Federation because of rules in the Régie de la Sécurité des Sports.

N) Note article **1.1.035** and **1.1.037** for BMX and Para-cycling.

§4 COMMISSAIRES

1.1.064 N) A commissaire can continue to be active as a Provincial or National Commissaire over 70 years old at the discretion of the PSO or Cycling Canada's Official Committee (CCOC hereafter) respectively.

1.1.065 N) As well, **at Cycling Canada events**, a commissaire shall be subject to CC discipline when designated by the CC **or the PTSO**, according to CC's Code of Conduct and CC's Complaints & Discipline Policy.

Mission

1.1.074 N) Other than as provided in these regulations, all commissaires who are at least National Commissaires in the respective discipline, shall wear the current national official uniform to recognized national or international competitions. The commissaires may wear special uniforms provided by organizers of the competition provided this has been approved in advance by the CCOC through the national office. This amendment does not apply to UCI International Commissaires who have been appointed to international competitions.

1.1.074bis N) In addition, the UCI logo and CC logos may not appear on any provincial commissaire uniform.

1.1.087 N) The CCOC may appoint a Technical Delegate to any cycling competition on the National Calendar. The role of the Technical Delegate is defined in the respective Parts of the

Regulations for each discipline.

CHAPTER 2 RACES

SECTION 1 ADMINISTRATIVE PROVISIONS

§1 CALENDAR

1.2.006 N) The same regulations apply for races run over the territory of several provinces.

1.2.012 N) Each race taking place in Canada must adhere to one of the following definitions:

Local/Regional/Provincial race:

- Approved by the province where the competition takes place

National race:

- Approved by CC's Events Committee
- Open to provincial teams, national teams and a maximum of four foreign national teams as well as:
 - Canadian trade teams / clubs
 - Affiliated UCI licensed riders
 - Invitations to foreign federations must go through the CC office.

North American race:

- Approved by CC and other National Federation if required
- Approved by the province where the competition takes place
- open to all North American UCI license holders
- ~~Foreign riders residing in Canada for a prolonged length of time must obtain the permission of CC.~~

§7 CANADIAN CHAMPIONSHIPS

1.2.028 N) This competition is open to Canadian citizens, permanent residents and landed immigrants as well as individuals with refugee status in all categories including UCI categories. Proof of citizenship status may be required (passport, permanent resident card, landed immigrant status or refugee status papers).

- Only Canadian citizens eligible to race who have Canadian as their UCI nationality will have access to the Canadian Champion title, podium, medal, and UCI points.
- Prize money (where applicable) will be based on order of finish at the National Championships, regardless of citizenship or nationality.
- Should a non-citizen (permanent resident, landed immigrant or individual with refugee status) place amongst the top three overall finishers in the race category, a podium

presentation will take place based on order of finish of the race and a second podium. presentation based on the National Championships results of eligible Canadian citizens will follow.

- Proof of residence may be required (this includes driver's license, permanent resident card).
- All athletes must be in possession of a valid UCI/CC international license.
- All participants must be prepared to present their license upon demand at the competition.
- All participants must be licensed to compete in the appropriate discipline.
- Domestic licenses from other countries or within Canada are not permitted.
- No one day event licenses will be sold.
- Licenses must be presented during license control.
- There will be no registration on race day.
- All competitors MUST enter their event class as shown on their license and in accordance with UCI regulations.
- Athletes are not considered registered for an event until all administrative requirements have been fulfilled;
 - Completed the application form
 - Signed the waiver
 - Payment has been transacted
 - Rider's license has been validated by the designated commissaire.

Provincial Championships

The Provincial Championships are the responsibility of the organizing province. Provinces must organize their championships according to the distances and regulations adopted for the National Championships.

SECTION 2 ORGANIZATION OF RACES

§4 PROGRAM-TECHNICAL GUIDE

1.2.044 N) For competitions not on the International Calendar, \$100.00 to \$1000.00.

§5 INVITATION – ENROLMENT

1.2.049 N) The organizer must prepare a registration form to be completed by the team, the club, or the riders who wish to participate in his event. The organizer sets the rules for registration and the registration fee. These may be subject to further restrictions by CC or PSO, depending on the level of sanction.



General Provisions

1.2.051 N) The CC Events Committee oversees this function in Canada.

1.2.052 N) Riders licensed by USA Cycling holding an international license do not require written authorization.

§9 PRIZES

1.2.069 N) Or posted at the registration site if a technical guide does not exist.

1.2.070 N) For competitions on the National and Provincial Calendars these shall be set by CC or PSO respectively.

1.2.072 N) For national level competitions, the prizes should be given to the winners on the day of the race, but no later than 90 days as per UCI Regulation.

The CC Events Committee has the right to veto the type of prizes offered in the cycling race and may suspend or retire the race if the organizer refuses to exclude the prizes which have not received the Committee's agreement.

§10 TRAVEL AND SUBSISTENCE EXPENSES

1.2.076N) For national competitions, any agreed allowance shall be paid at the latest at the end of the competition.

SECTION 3 RACE PROCEDURES

§4 TEAM MANAGERS' MEETING

1.2.087 N) At national competitions, in all disciplines, this meeting is mandatory when scheduled in the event technical guide or event schedule. If a Technical Delegate has been appointed, then this meeting must take place in the presence of the Technical Delegate.

§7 FINISH

Finish Line

1.2.101 N) For competitions not on the International Calendar, a banner may also be used for any finish or for the passing of any intermediate point for a classification as well as at the top of mountain passes during road races.

1.2.102 N) At national Road and BMX level competitions, a photo-finish is obligatory, an electronic timing strip is not mandatory.



Time Keeping

1.2.104 N) In Canada, the license of the timekeeper does not exist. The commissaire license is designed to also fill this function.

SECTION 4 SUPERVISION OF RACES

§2 COMMISSAIRES PANEL

1.2.116 N) For national level competitions, the number and status of commissaires to be appointed shall be determined by the CCOC.

1.2.116 N) Commissaires will be assigned according to the CC Commissaire Assignment policies. The CC Officials Committee appoints all members of the Commissaires Panel for nationally sanctioned competitions and international races unless appointed by the UCI. Where applicable, the Officials Committee may, at its discretion, delegate the appointment of some of the members of the Commissaires Panel to the relevant and competent Provincial body.

1.2.116 N) A bilingual commissaire must be present at National Championships. All instructions to riders before and during a race, as well as at the Team Managers' meeting, must be given in both official languages if requested.

Expenses

1.2.125 N) The amounts and modes of payment for commissaires assigned by the CCOC can be found in honorarium and expenses policy.

CHAPTER 3 EQUIPMENT

For all National, Provincial and Local Road and Track events, the following maximum rollout distances shall apply:

Road and Track Cycling Events:

| YOUTH CATEGORY GEAR RESTRICTIONS | | | |
|----------------------------------|----------------|----------------|--------------------|
| CATEGORY | ROAD RACING | TRACK RACING | GEARING SUGGESTION |
| U17 | No Gear Limit | 7.12 M rollout | 50*15 |
| U15 | 6.71 M rollout | 6.71 M rollout | 50*16 / 38*12 |
| U13 | 6.2 M rollout | 6.2 M rollout | 46*16 / 38*13 |

If a rider has received a dispensation to compete against riders of an older category, then the rider shall be permitted to utilize the gearing applicable to that older category.

TRACK CYCLING -EQUIPMENT

- Disc wheels are not permitted for youth categories (U17/U15/U13) (maximum rim depth 40mm)



- Carbon wheels are not permitted for youth categories (U17/U15/13)

ROAD CYCLING - EQUIPMENT

For the Canadian Road Championships, in the U17 and U19 categories the following applies:

- Only one bike frame shall be used for the Road, Criterium, and Time Trial events
- Extension bars are not permitted
- Disc wheels are not permitted

SECTION 3 RIDERS APPAREL

§1 GENERAL PROVISIONS

1.3.030 N) For competitions not on the UCI calendar, rain capes' design should be transparent or be similar to the jersey by use of one of the principal team colours. The team's name may be displayed on it.

§3 REGIONAL AND CLUB TEAMS

1.3.047 N) In stage races on the national calendar, where there are classifications per team, composite teams are permitted, but the riders must have in hand release forms from their clubs for the race in question. All of the riders must wear identical jerseys for the duration of the race.

SECTION 4 IDENTIFICATION OF RIDERS

1.3.080 N) It is mandatory for a rider to inform a commissaire that he has dropped out of the race. Fines or penalties may apply.

PART II: ROAD RACES

CHAPTER 2 GENERAL PROVISIONS

§1 PARTICIPATION

2.2.002 N) The maximum number of riders starting a road race on the national or a provincial calendar is set at 176 riders. There is no minimum.

2.2.003 N) In national and provincial level races where there is no team classification, individual riders may be permitted to enter an event depending on the rules of the event.

§2 ORGANIZATION

2.2.015 N) If an organizer wishes to use unpaved roads in a national or provincial event, CC or the relevant PSO, respectively, must be informed and the requirements of this regulations shall apply equally, with either CC or the relevant PSO have the authority to refuse to register the event on the calendar and/or refuse the inclusion of an unpaved section.

2.2.022bis N) A measuring jig, compliant with UCI specification, must be provided by the organizer for all competitions on the National Calendar that include a time trial. The President of the Commissaires' Panel will verify its compliance with the UCI specifications.

§3 RACE PROCEDURES

2.2.024 N) This regulation applies to all categories on the National and Provincial Calendar.

2.2.028bis N) For competitions on the national calendar, the race director or his representative able to take decisions may take a position next to the president of the commissaires' panel in the car driving immediately behind the peloton.

2.2.029 N) For national races where a Technical Delegate has been appointed, **they shall also be consulted.**

2.2.032 N) Team vehicles are subject to the approval of the President of the Commissaire Panel. To be able to follow the race, the size and shape of the vehicle must be safe and must not create any danger for the race. Vans, and generally all vehicles whose bodies exceed the following dimensions: width 1.80 m.; length 5 m.; height 1.66 m (not including roof bars), are not allowed to follow the race.

2.2.035 N) In all races, all persons in a race convoy who are vehicle drivers have to be license holders. In all races, all persons in a race convoy who are vehicle drivers must have previously

obtained a certificate attesting their completion of the Caravan Driver Training with CC or with the UCI.

§7 TECHNICAL DELEGATE

2.2.090 N) The Technical Delegate evaluates the conformity of the organization of national competitions, where applicable, with the regulations and the terms of reference for organizers. The Technical Delegate may attend competitions in order to carry out this task. In this case, the organizer shall provide the Technical Delegate with a pass allowing free access to the competition as well as an accreditation plate for the Technical Delegate's vehicle granting entry to reserved parking at the race start and finish as well as permission to drive on the event route.

2.2.091 N) For national competitions, where applicable, the Technical Delegate draws up a detailed evaluation report of the event, taking into account the terms of reference for organizers. The organizer receives a copy of this report.

2.2.092 N) For national competitions, where applicable, the Technical Delegate may also conduct a prior inspection of the event route, paying particular attention to safety issues, the danger points indicated by the organizer and arrangements relating to the terms of reference for organizers. If such an inspection is to be conducted, the Technical Delegate contacts the organizer and draws up a report for the attention of the CC administration which then takes appropriate decisions as necessary.

CHAPTER 3 ONE-DAY ROAD RACES

Method

2.3.001 N) In Canada by teams and individuals.

Following Vehicles

2.3.016 N) For national competitions, composite teams may supply their own vehicles or use the neutral service.

Official Award Ceremony

2.3.046 N) Riders must take part in the official award ceremony based on the various classifications established by the organizer. For competitions on the National Calendar, the official ceremony will take place in the following order:

- The three first riders of the race;
- The other winners of the various other optional classifications;
- Any others as determined by the organizer.

CHAPTER 4 INDIVIDUAL TIME-TRIAL RACES

Starting Order

2.4.009 N) In Canadian Championships, the starting order is determined by the CC or by the Commissaires Panel. The top 5 winners of the National Championships of the preceding year start last in the reverse order of their classification.

CHAPTER 6 STAGE RACES

Method

2.6.001 N) Can also include Criterium.

Drop Out

2.6.026 N) A rider dropping out of a race may not compete in another race for the duration of the competition that he abandoned. For races below the international level, the rider faces a suspension of 15 days and a fine of C\$100.00 to C\$200.00.

Finish

2.6.027bis N) At national events, a timing tape at the 3km mark is not mandatory.

CHAPTER 7 CRITERIUM

Distances

2.7.016 N) From 800 to 3000 metres.

2.7.017 N) For security reasons, riders who are lapped are asked to leave the race. In order to calculate their time for stage races, the President of the Commissaire Panel will decide, prior to the race, how this is to be done. He will explain the method which is to be used to calculate this time during the Team Managers' meeting before the race.

Method with Intermediate Sprints

2.7.021 N) In the case where the Panel of Commissaires decides to adopt another regulation concerning passing, it must be announced before the start to all of the riders and in both official languages if requested.

2.7.022 N) The rider must return to the race behind the same group he was a part of. No free lap in the last 5 km or 5 laps, unless otherwise communicated in the event Technical Guide at the discretion of the President of the Commissaire Panel and Technical Delegate.

CHAPTER 12 RACE INCIDENTS AND SPECIFIC INFRINGEMENTS BY ORGANIZERS

General provisions

2.12.001 N) For national level competitions, sanctions given by the commissaires shall be noted in the communique of the commissaires' panel and will be sent to CC. For provincial level competitions, these will be sent to the relevant PSO.

2.12.003 N) For national level competitions, warnings shall be noted in the communique of the commissaires' panel and will be sent to CC. For provincial level competitions, these will be sent to the relevant PSO.

2.12.006 N) For races on the national and provincial calendars, the fines will be those stipulated in column 3. There is no deduction in UCI ranking points.

2.12.008 N) For nationally sanctioned competitions, the infringements are sanctioned by CC.

PART III: TRACK RACES

CHAPTER I ORGANIZATION

Race Programme

3.1.001 N) The program and format for events for the National Championships shall be established in collaboration with the CC Events Committee and in accordance with the UCI Regulations.

CHAPTER 2 TRACK RACES

§3 SPRINT

3.2.031 N) Alternative formats may be permissible if approved by the President of the Commissaire Panel.

§4 INDIVIDUAL PURSUIT

3.2.065 N) Not required for races on the national and provincial calendars.

3.2.067 N) Not required for races on the national and provincial calendars.

3.2.069 N) If there is no starting block, the rider will be held by a designated commissaire. If there is only one starting block in events with riders on both straights, all riders must be held in the same manner for all starts during each phase of the competition.

§5 TEAM PURSUIT

3.2.092 N) If there is no starting block, riders will be held by a designated commissaire.

§6 KILOMETRE AND 500 METRE TIME TRIAL

3.2.102 N) Also applicable to Canadian National Championships.

3.2.110 N) If there is no starting block, the rider will be held by a designated commissaire.

§8 KEIRIN

3.2.135 N) Alternative formats may be permissible if approved by the President of the Commissaire Panel.



§9 TEAM SPRINT

3.2.151 N) Or held by a designated commissaire.

CHAPTER 5 WORLD RECORDS

N) and Canadian records.

To establish a National Track record the following conditions should be followed:

- The track has been homologated;
- Minimum of one (1) National Commissaire should be assigned at the competition
- A reputable timing company to provide electronic timing;
- Canadian Records are available in every recognized Canadian Championships categories;
- The Electronic timing slip shall be signed by the National Commissaire with the National Track Record Form and must be sent to Cycling Canada to officialize the performance;
- Be held in a start block for standing start events;
- All times must be achieved in UCI or CC sanctioned competitions.
- Only Canadian citizens eligible to race who have Canadian as their UCI nationality will be able to establish a Canadian National Track record.

General Comments

3.5.003 N) Only CC may recognize and confirm a Canadian record.

Event and distance for each category at provincial and national competitions*:

| TRACK EVENTS AND DISTANCES FOR YOUTH RACING | | | | |
|---|-----------|-----------|-----------|-----------|
| CATEGORY EVENT | U17 M | U17 W | U15 M | U15 W |
| 500 m/kilo TT | Y 500M | Y 500M | Y 500M | Y 500M |
| Keirin | N | N | N | N |
| Sprint | Y | Y | N | N |
| Team Sprint | Y | Y | N | N |
| Individual Pursuit | Y 2KM | Y 2KM | Y 2KM | Y 2KM |
| Madison | Y TBD | Y TBD | N | N |



| | | | | |
|--------------|-------------------------|-------------------------|------------|------------|
| Team Pursuit | Y 3KM (team of 4) | Y 3KM (team of 4) | N | N |
| Omnium | Optional | Optional | N | N |
| Points Race | Y 15KM | Y 12.5KM | Y 7.5KM | Y 7.5KM |
| Scratch Race | Y 7.5KM | Y 5KM | Y 5KM | Y 5KM |

Y = Yes (event recommended for this category) N= No (event not recommended for this category)
Optional (not a priority for this category)

| TRACK EVENTS AND DISTANCES FOR MASTERS RACING | | | | | | | | |
|---|----------------|-------|-------|------|---------------|------|------|------|
| CATEGORY EVENT | MASTERS MEN | | | | MASTERS WOMEN | | | |
| | A | B | C | D | A | B | C | D |
| TT | 1KM | 750M | 500M | 500M | 500M | 500M | 500M | 500M |
| Individual Pursuit | 3KM | 3KM | 2KM | 2KM | 2KM | 2KM | 2KM | 2KM |
| Keirin | Y | Y | Y | Y | Y | Y | Y | Y |
| Sprint | Y | Y | Y | Y | Y | Y | Y | Y |
| Team Sprint | Y | Y | Y | Y | Y | Y | Y | Y |
| Team Pursuit | 4KM | | | | 4KM | | | |
| Scratch | 10KM | 7.5KM | 7.5KM | 5KM | 5KM | 5KM | 5KM | 5KM |
| Tempo | 10KM | 7.5KM | 7.5KM | 5KM | 5KM | 5KM | 5KM | 5KM |
| Elimination | Y | Y | Y | Y | Y | Y | Y | Y |
| Omnium | Y | Y | Y | Y | Y | Y | Y | Y |
| Points | 10KM to 20KM | | | | 5KM to 10KM | | | |
| Madison | 12.5KM to 20KM | | | | 10KM to 20KM | | | |

Notes:

- Y = Yes, per UCI regulations.
- If included in competition program, the above distance applies.
- If categories are combined, the distance of the younger category applies.
- Points race shorter than 10KM will have sprints every 5 laps.

§6 VELODROMES TRACK GEOMETRY

Length

3.6.068 N) For National Championships, a 200-meter track may be used.



PART IV: MOUNTAIN BIKE RACES

CHAPTER 1 GENERAL RULES

4.1.001 N) Multi-hours events Individual and Team.

§ 2 AGE CATEGORIES AND PARTICIPATION

4.1.002 N) Age categories recognized for men and women are:

10-12 yrs: U13/Under 13

13-14 yrs: U15/ Under 15

15-16 yrs: U17/Under 17

17-18 yrs: U19/Junior

19-22 yrs: U23/Espoirs

19+yrs: Senior/Elite

Age categories recognized for masters are:

35-44 yrs: Master A Women

35-44 yrs: Master A Men

45-54 yrs: Master B Women

45-54 yrs: Master B Men

55-64 yrs: Master C Women

55-64 yrs: Master C Men

65+ yrs: Master D Women

65+ yrs: Master D Men

4.1.007bis N) Age Categories recognized for men and women for Enduro are:

U21 Men

U21 Women

21+ Men

21+ Women

N) A rider may be recognized in four different subcategories within the same sport, one for cross-country, one for downhill, one for 4X, and one for enduro. The license must reflect all subcategories.

Masters

4.1.009 N) For provincial competitions, the masters license holder riders will need the Provincial Association's approval to race in the elite category. The approval must be validated by the CC for national competitions. For events registered on the UCI calendar, masters riders are not permitted to enter an Elite event.

§ 4. TECHNICAL DELEGATE



4.1.012 N) Where applicable, the Technical Delegate for national competitions will be appointed by the CC and will arrive prior to registration and remain for the duration of the competition

N) The Technical Delegate must be on site prior to the first official training session and carry out an inspection of the venue and courses in conjunction with the President of the Commissaire Panel and the organizer. He shall coordinate the technical preparations for the competition and shall ensure that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes shall be the responsibility of the Technical Delegate. The Technical Delegate shall attend the Team Managers' meetings.

§ 6 EVENT PROCEDURE

Conduct of riders

4.1.035 N) The competitor is responsible for following the official course and completing the proper number of laps and bears the sole responsibility of any error on course.

4.1.039 N) No screws or other homemade method of studded/spiked tire will be permitted. Studded tires are permitted for use on fatbikes in cross country style competitions under the following conditions:

- Stud may have a maximum of 3mm prominence from the tire tread;
- Must be in the form of a pre-studded factory fatbike tire, or incorporate aftermarket studs designed specifically for bicycle use.

CHAPTER 2 CROSS COUNTRY EVENTS

§ 1 RACE CHARACTERISTICS

4.2.001 N) XCO race duration for C1, C2 and C3 events including Canada Cup competitions.

| | CONTINENTAL SERIES, HORS CLASS, CLASS 1 EVENTS | | CLASS 2 EVENTS | | CLASS 3 EVENTS | |
|---------------|--|----------------|----------------|---------------|----------------|---------------------------------|
| | Race time | Lap | Race time | Lap | Race time | Lap |
| MEN U17 | 0:45-1:00 | 3.5km - 6km | 0:45-1:00 | 4km - 10km | 0:45-1:00 | No restriction, and any race |
| WOMEN U17 | 0:45-1:00 | | 0:45-1:00 | | 0:45-1:00 | |
| MEN JUNIORS | 1:00 - 1:15 | | 1:00 - 1:15 | | 1:00 - 1:15 | |
| WOMEN JUNIORS | 1:00 - 1:15 | | 1:00 - 1:15 | | 1:00 - 1:15 | |
| MEN U23 | 1:15 - 1:30 | | N/A | | N/A | |
| WOMEN U23 | 1:15 - 1:30 | | N/A | | N/A | |
| MEN ELITE | 1:20 - 1:40 | | 1:30 - 2:00 | | No restriction | |
| WOMEN ELITE | 1:20 - 1:40 | | 1:30 - 2:00 | | | |



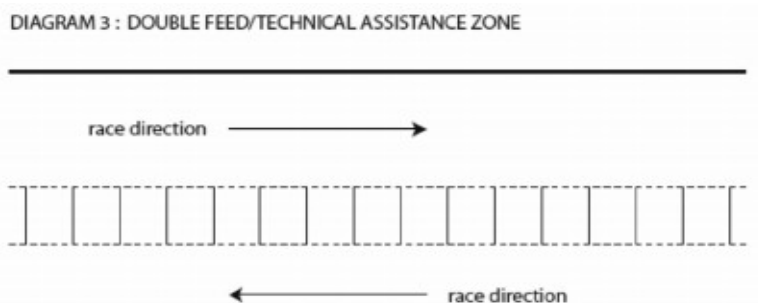
| CATEGORY | ABILITY CLASS | GENDER CATEGORY | XC EVENT DURATION - MIN | XC EVENT DURATION - MAX |
|----------------------|-----------------|-----------------|----------------------------|----------------------------|
| U15/UNDER 15 (11-14) | N/A | Women | 0h 30 | 0h 55 |
| U15/UNDER 15 (11-14) | N/A | Men | 0h 30 | 0h 55 |
| | | | | |
| U17/UNDER 17 (15-16) | Expert | Men | 0h 45 | 1h 15 |
| U17/UNDER 17 (15-16) | | Women | 0h 45 | 1h 00 |
| | | | | |
| JUNIOR & U17 (15-18) | Beg/Sport Women | Beg/Sport Women | 0h 45 | 1h 00 |
| JUNIOR (17-18) | Beg/Sport Men | Beg/Sport Men | 0h 45 | 1h 15 |
| | | | | |
| SENIOR (19+) | Expert Women | Expert Women | 1h 00 | 1h 30 |
| SENIOR (19+) | Beg/Sport Women | Beg/Sport Women | 1h 00 | 1h 15 |
| SENIOR (19+) | Expert Men | Expert Men | 1h 00 | 1h 30 |
| SENIOR (19+) | Beg/Sport Men | Beg/Sport Men | 1h 00 | 1h 30 |
| | | | | |
| MASTER (ALL) | Beg/Sport Women | Beg/Sport Women | 1h 00 | 1h 30 |
| MASTER (ALL) | Beg/Sport Men | Beg/Sport Men | 1h 00 | 1h 30 |
| MASTER (ALL) | Expert Women | Expert Women | 1h 15 | 1h 30 |
| MASTER (ALL) | Expert Men | Expert Men | 1h 15 | 1h 30 |

§ 3 COURSE MARKING

4.2.027 N) The use of chicken wire is prohibited. Similar mesh products need to be approved by the President of the Commissaire Panel.

§5 FEEDING & § 6 TECHNICAL ASSISTANCE

4.2.035 N)



To clarify the UCI Regulations concerning feed / technical assistance zones.

If possible, a double feed / technical assistance zone such as that above is preferred; if not, then two feed / technical assistance zones are needed for XCO competitions. In the case of the

diagram above, technical assistance is done at the same place as feeding. In that case, riders must pull in to the box and stop riding. Also:

- Riders **can** receive feed and water in the technical area as long as they are **stopped** (one foot down).
- The dotted areas should be chalked out or identifiable. Feeders must remain behind the first line and step into the feeding area only upon arrival of their riders.
- The passing lane is in case the riders do not want a feed, they simply ride on through.
- Signs should be used to indicate the start and end of each feed / tech zone

§ 7 SECURITY

First Aid (Minimum Requirements)

4.2.052 N) At least one ambulance and one basic first aid post are required during all race times. An ambulance on standby with an average response time within 10 minutes from local emergency dispatch may be sufficient if approved in advance by the Technical Delegate and President of the Commissaire Panel.

For each event, at least one (1) doctor or one (1) paramedic and at least six (6) people qualified to perform first aid under the laws of the province must be present at the venue during all race times.

CHAPTER 9 CANADA CUP

§1 GENERAL

MTB Canada Cup Classifications and Regulations

Please refer to the Canada Cup specific series regulations document.



PART V: CYCLO-CROSS

CHAPTER I CYCLO-CROSS RACE REGULATIONS

Participation

5.1.001 N) The use of a mountain bike will be allowed in some cyclo-cross competitions, and in some cases, for specified categories only. The CC Officials Committee will determine from time-to-time which categories will be open to MTB. For the National U17, Junior, U23 and Elite Men and National U17, Junior, U23 and Elite Women categories, MTB bikes will not be permitted.

Technical Delegate

5.1.006 N) At National Championships, a Technical Delegate is appointed by the CC. Without prejudice to the responsibility of the organizer, the Technical Delegate shall supervise the preparation of the technical aspects of the competition and shall serve as a link with CC headquarters in this respect.

5.1.007 N) If a competition is promoted at a new venue, the Technical Delegate must carry out an inspection well in advance to take the necessary measurements. The inspection will include the course, the distance, determine the double pit area, installations and the security. He will meet the organizer and prepare an inspection report without delay for submission to CC. He must be on site prior to the first official training session and carry out an inspection of the venue and courses in conjunction with the organizer. He shall coordinate the technical preparations for the competition and shall ensure that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes, if this is the case, shall be the responsibility of the Technical Delegate. The Technical Delegate shall attend the Team Managers' meetings.

Pit Areas

5.1.028 N) Organizers wishing to use two single pits for the National Championships shall make this request to the Technical Delegate at the time of course approval, together with maps and motivation. The Technical Delegate shall make the final decision as to whether this shall be permitted at each specific event.



PART VI: BMX RACING

§1 CATEGORIES AND PARTICIPATION

6.1.002 Age of Participants

N) For National competitions below National Championships, a rider must be at least 5 years of age on December 31st of the current year.

6.1.004 Categories

N) For classes at the Canadian Championship competitions, please refer to the Technical Guide.

N) For classes at the Canada Cup Series, please refer to the BMX Canada Cup specific regulations.

§2 COMPETITION SPECIALTIES

6.1.029 Staging and Gate Positions

N) Where scrambled motos are used, scrambled lane assignments will be used in the motos as generated by appointed race event software.

6.1.039 Scoring Systems

d. N) At CC sanctioned competitions, BMX National Championships and UCI sanctioned competitions below the World Cup level, the race organization will supply a photo-finish system as described by the UCI Regulations, with the exception of a second “front on” position camera; this second camera is not required. The organization will supply an equipment operator who will be at the disposal of the Finish Line Commissaire during all periods of competition. The film for any particular race will only be reviewed in the event of a protest over the actual finish order. The Finish Line Commissaire’s interpretation of the photo finish film is final and is not open for further protest. Relegations of position due to interference in the final straight are not subject to video review; all such decisions are imposed at the discretion of the Commissaires Panel.

6.1.050 Track Flags

N) In addition to the flags (as per UCI Regulations), radio communication may be used. A minimum of 8 multi-channel radios with earpieces should be provided to the Commissaires Panel so that they may effectively perform their duties.



§3 INFRINGEMENT, PENALTIES AND PROTEST

6.1.061 How to Protest

N) In National Calendar competitions, a rider without a Team Manager can protest directly to the Secretary in the event of a protest over the actual finish order in a moto. The Secretary will bring forward to the Finish Line Commissaire and/or President of the Commissaire Panel. As mentioned above, the decision of the Finish Judge shall be final.

§4 THE BICYCLE, CLOTHING & EQUIPMENT

6.1.079 N) If, for whatever reason, riders 12 and under race in a combined class, the use of clipless pedals must respect the rule about the rider's age division.

§7 INTERNATIONAL NUMBER SYSTEM

6.1.094 Assignment of International Race Numbers

Riders wishing to compete in a UCI sanctioned international BMX competition must display an international race number on their plate in accordance with the rules below. Clarification: Elite riders who do not have a UCI career number must use a number that does not conflict with any career number used by any other elite rider. As per UCI Regulations, no rider, other than an Elite rider with a UCI career number (including challenge categories), may print a number on their jersey. Junior riders must use a number that does not conflict with any career number used by any Elite rider. CC maintains a list of such available plate numbers obtained from the UCI. Riders not abiding by these regulations shall not be allowed to start, if noticed before the race in question, or shall be relegated if noticed after the fact.

N) Rules applicable to riders in the Challenge classes are as follows:

- For CC sanctioned competitions (Canada Cup), riders supply their own number plates which must conform to the colour coding described in the UCI Regulations;
- For the Canadian Championships, riders are supplied with a number plate conforming to the regulations. This number plate must be used and may not be modified.

§9 COMPETITION OFFICIALS

ANNEX 6 Finish Line Commissaire

6. N) In absence of a photo-finish camera, there shall be one qualified UCI or National Finish Line Commissaire assisted by four or more Finish Line scoring personnel (whenever possible, the scoring personnel shall be Provincial or higher level Commissaires). In the case that there is a photo-finish camera, there shall be a qualified UCI or National Finish Line Commissaire assisted by at least one member of the Finish Line scoring personnel (whenever possible, the scoring personnel shall be Provincial or higher level Commissaire). The decision on the finish order by the Finish Line Commissaire mentioned above shall be final in the event of a protest concerning the finish order.



N) Please see specific Canadian National Championships and CC National Series event rules/guidelines.

BMX APPENDIX 1 and 2

For international competitions please refer to the UCI Regulations.

N) For rules applying to Canadian National Championships and National Series competitions, please refer to the specific competition rules.



PART VIBIS: BMX FREESTYLE

§3 CALENDAR AND ORGANIZATION OF BMX FREESTYLE EVENTS

6bis.3.008 The organizer shall setup adequate medical service

N) For National competitions there should be a paramedic and/or people qualified to perform first aid onsite on standby during all official training and race times. An ambulance on standby is recommended.

6bis.3.009 N) For National competitions, it is strongly recommended that a doctor is on site to provide riders with medical care. If no doctor is on site, a certified first responder must be on site.

6bis.3.010 N) An ambulance must be available on site of the competition if the average response time is greater than 10 minutes from local emergency dispatch.

§8 COMPETITION OFFICIALS

6bis.8.007 Appointment

N) The role of commissaire for national competitions will be appointed by CC. Commissaires will have the designation of at least Elite National Commissaire in another cycling discipline. Judges appointed to national competitions must either be recommended by the UCI or approved by the sanctioning body.

PART XII: DISCIPLINE AND PROCEDURES

CHAPTER 3 DISCIPLINARY MEASURES

§4 FINE

Time limits

12.3.008 N) Fines invoiced by CC or the PSO must be paid within two months of the dispatch of the invoice to the individual concerned. If the total amount due is not paid within 60 calendar days of the due date, the offending party shall be automatically suspended until the full amount is paid. If the offending party is suspended for another reason, the suspension for non-payment shall be added to the duration of the other suspension.

Collection of fines

12.3.010 N) Fines imposed for race incidents relating to the provincial calendars of the various disciplines shall be collected by the PSO of the event organizer.

Suspension

12.3.013 N) This regulation applies equally to a suspension given by a PSO. CC must be informed when a suspension is given to a license holder.

PART XV: CYCLING FOR ALL

CHAPTER 3 GRAVEL

Eligibility and age categories

15.3.003 N) National level Gravel events are open to riders 15 and above. The organizer is free to determine age categories for such events.

PART XVI: PARA-CYCLING

CHAPTER 2 AGE CATEGORIES

16.2.001 N) The riders of the Youth category may be regrouped with the other rider categories if the number of riders entered does not make it possible to hold a distinctive race.

CHAPTER 3 ELIGIBILITY FOR IPC COMPETITIONS

Athletes

16.3.002 N) For the provincial competitions, a rider can take the start with a UCI license or a provincial license. At the Canadian Championships, all riders must hold a valid UCI license.

16.3.006 N) At National events, the pilot and rider are not required to be the same sporting nationality.

CHAPTER 7 ROAD RACES

All Road Race courses must be completely closed to other traffic.

Road Race Circuits

16.7.003 N) The minimum length of a circuit for a Road event shall be one (1) km (criterium and road race).



APPENDIX 1 – COMMISSAIRES

CYCLING CANADA OFFICIALS COMMITTEE (CCOC)

The CCOC will review all technical regulations and technical standards for competition; ensure the application of these regulations and standards at all competitions; compile a record of officials; prepare and administer instructional and refresher courses for all officials; accredit officials for international upgrading.

PROVINCIAL AUTHORITY RESPONSIBLE FOR COMMISSAIRES

The competent authority of the Provincial Association responsible for commissaires will provide feedback on the implementation of rule changes; coordinate and implement Provincial Commissaires Courses; complete remaining Commissaire Assignments for national competitions which occur in their provinces; recommend officials for national and international upgrading to the Officials Committee; recommend rule changes to the Officials Committee; ensure the licensing of Provincial Level Commissaires.

COURSE CONDUCTOR

Only National level Commissaires or higher would be authorized to deliver Commissaire Courses.

NOTE: The course conductor pathway is currently under review.



APPENDIX 2 – NATIONAL TRACK RECORDS

Updated January 20, 2025

| Distance | Result Résultat | Date | Athlete and province Athlète et province | Event and Location Évènement et lieu |
|---|--------------------|----------------|--|--|
| Elite women – femmes élite | | | | |
| Flying 200m – 200m lancé | 10.154* | Sept. 4, 2019 | Kelsey Mitchell AB | Pan Am Championships, Cochabamba BOL |
| Time trial – contre-la-montre (1 km) | 1:09.703 | Jan. 11, 2025 | Sarah Orban AB | Canadian Track Championships, Bromont QC |
| Individual pursuit (4 km) Poursuite individuelle | 4:53.229 | Jan. 10, 2025 | Lily Plante QC | Canadian Track Championships, Bromont QC |
| Team Sprint (750 m) Vitesse par équipes | 46.816 | 5 Aug., 2024 | Lauriane Genest QC Kelsey Mitchell AB Sarah Orban AB | Olympic Games, Paris FRA |
| Team Pursuit (4 km) Poursuite par équipes | 4:09.249 | Aug. 3, 2021 | Allison Beveridge AB Ariane Bonhomme QC Annie Foreman-Mackey ON Georgia Simmerling BC | Olympic Games, Tokyo JPN |
| Elite men – hommes élite | | | | |
| Flying 200m – 200m lancé | 9.453 | Sept. 6, 2019 | Joel Archambault QC | Pan Am Championships, Aguascalientes MEX |
| Time trial – contre-la-montre (1 km) | 58.951 | Sept. 8, 2019 | Vincent de Haître ON | Pan Am Championships, Cochabamba BOL |
| Individual pursuit (4 km) Poursuite individuelle | 4:09.802 | June 17, 2023 | Chris Ernst ON | Pan Am Championships, San Juan ARG |
| Team Sprint (750 m) Vitesse par équipes | 43.170 | April 12, 2024 | James Hedgcock ON Tyler Rorke ON Ryan Dodyk AB | UCI Track Nations Cup, Milton ON |
| Team Pursuit (4 km) poursuite par équipes | 3:46.324 | Aug. 4, 2021 | Vincent de Haître AB Michael Foley ON Derek Gee ON Jay Lamoureux BC | Olympic Games, Tokyo JPN |
| Junior women – femmes junior | | | | |
| Flying 200m – 200m lancé | 11.501 | Aug. 15, 2019 | Madison Dempster ON | UCI Junior World Championships, Frankfurt (Oder) GER |
| Time trial – contre-la-montre (500m) | 35.951 | Aug. 17, 2019 | Madison Dempster ON | UCI Junior World Championships, Frankfurt (Oder) GER |
| Individual pursuit (2 km) Poursuite individuelle | 2:22.240 | Mar. 31, 2023 | Nora Linton ON | Canadian Track Championships, Bromont QC |
| Team Sprint (750 m) Vitesse par équipes | 53.047 | Mar. 31, 2024 | Kimberly Chen BC Tendo Mukahanana BC Alexandra Volstad AB | Canadian Track Championships, Bromont QC |
| Team Pursuit (4 km) Poursuite par équipes | 4:31.926 | Aug. 15, 2019 | Ngaire Barraclough AB Sarah Van Dam BC Lily Plante QC Adele Desgagnes QC | UCI Junior World Championships, Frankfurt (Oder) GER |
| Junior men – hommes junior | | | | |
| Flying 200m – 200m lancé | 9.738*** | Oct. 7, 2016 | Stefan Ritter AB | Pan Am Championships, Aguascalientes MEX |
| Time trial – contre-la- | 1:00.578** | Oct. 6, 2016 | Stefan Ritter AB | Pan Am Championships, Aguascalientes MEX |



| montre (1 km) | | | | |
|---|--------------------|----------------|---|---|
| Individual pursuit (3 km) Poursuite individuelle | 3:09.682*** | Oct. 14, 2022 | Carson Mattern | UCI Elite World Championships, St-Quentin-en-Yvelines FRA |
| Team Sprint (750 m) Vitesse par équipes | 46.280 | Aug. 14, 2019 | James Hedgcock ON Riley Pickrell BC Andrew Scott ON | UCI Junior World Championships, Frankfurt (Oder) GER |
| Team Pursuit (4 km) Poursuite par équipes | 4:01.553 | Aug. 23, 2023 | Charles Bergeron ON Justin Roy QC Ethan Powell ON Albert Taylor ON | UCI Junior World Championships, Cali COL |
| NOTE : Team sprint records are for 250m tracks only / Les records de la vitesse par équipes sont valides uniquement pour les pistes de 250m | | | | |
| * World record until Aug. 9, 2024 / Record mondial jusqu'au 9 août 2024 | | | | |
| ** Pan-American record; Junior world record until Aug. 19, 2018 / Record panaméricain; record mondial junior jusqu'au 19 août 2018 | | | | |
| *** Junior world record until July 13, 2023 / record mondial junior jusqu'au 13 juillet 2023 | | | | |
| Distance | Result Résultat | Date | Athlete and province Athlète et province | Event and Location Évènement et lieu |
| Para-cycling Time trial – Contre-la-montre en paracyclisme | | | | |
| WC1 (500m) | -- | | | |
| WC2 (500m) | 53.761 | Oct. 12, 2015 | Michelle Salt AB | Canadian Track Championships, Milton ON |
| WC3 (1 km) | 1:22.515 | Jan. 11, 2025 | Mel Pemble BC | Canadian Track Championships, Bromont QC |
| WC4 (500m) | 35.223*** | Jan. 31, 2020 | Kate O'Brien AB | Track World Championships, Milton ON |
| WC5 (500m) | 44.954 | Aug. 10, 2015 | Nicole Clermont QC | Para Pan Am Games, Milton ON |
| WB (1 km) | 1.13.372 | Nov. 16, 2011 | Robbi Weldon ON Lyne Bessette QC | Para Pan Am Games, Guadalajara MEX |
| MC1 (1 km) | 1.20.429 | Sept. 10, 2016 | Ross Wilson AB | Paralympic Games, Rio de Janeiro, BRA |
| MC2 (1 km) | 1.12.444 | Aug. 7, 2023 | Tarek Dahab QC | Track World Championships, Glasgow GBR |
| MC3 (1 km) | 1:10.852 | Nov. 23, 2023 | Alexandre Hayward NB | Para Pan Am Games, Santiago CHI |
| MC4 (1 km) | 1.13.048 | Nov. 15, 2011 | Éric Bourgault QC | Para Pan Am Games, Guadalajara, MEX |
| MC5 (1 km) | 1.17.592 | Sept. 9, 2008 | Mark Breton QC | Paralympic Games, Beijing, CHN |
| MB (1 km) | 1.05.172 | March 19, 2016 | Daniel Chalifour QC Jean-Michel Lachance QC | Track World Championships, Montichiari, ITA |
| Para-cycling Individual pursuit – Poursuite individuelle en paracyclisme | | | | |
| WC1 (3 km) | -- | | | |
| WC2 (3 km) | 5.23.635 | Oct. 11, 2015 | Michelle Salt AB | Canadian Track Championships, Milton ON |
| WC3 (3 km) | 4:10.103 | Nov. 24, 2023 | Mel Pemble BC | Para Pan Am Games, Santiago CHI |
| WC4 (3 km) | 3:46.931 | Nov. 24, 2023 | Keely Shaw SK | Para Pan Am Games, Santiago CHI |
| WC5 (3 km) | 4.08.557 | Sep. 8, 2016 | Nicole Clermont QC | Paralympic Games, Rio de Janeiro BRA |
| WB (3 km) | 3.40.601 | Nov. 15, 2011 | Robbi Weldon ON Lyne Bessette QC | Para Pan Am Games, Guadalajara MEX |
| MC1 (3 km) | 3:49.450*** | Nov. 8, 2019 | Ross Wilson AB | UCI Track World Cup, Glasgow GBR |
| MC2 (3 km) | 3.40.581 | Jan. 30, 2020 | Tristen Chernove BC | Track World Championships, Milton ON |
| MC3 (3 km) | 3:26.642 | Nov. 24, 2023 | Alexandre Hayward NB | Para Pan Am Games, Santiago CHI |
| MC4 (4 km) | 5.09.260 | Nov. 6, 2009 | Éric Bourgault QC | Track World Championships, Manchester GBR |
| MC5 (4 km) | 5.12.364 | Sept. 8, 2008 | Mark Breton QC | Paralympic Games, Beijing CHN |
| MB (4 km) | 4.17.718 | March 18, 2016 | Daniel Chalifour QC Jean-Michel Lachance QC | Track World Championships, Montichiari ITA |
| Para-cycling Flying 200m – 200m lancé en paracyclisme | | | | |
| WC3 | 12.666*** | Oct. 20, 2022 | Mel Pemble BC | Track World Championships, St-Quentin-en- |

| | | | | |
|--|----------------------------|----------------|--|---|
| | | | | Yvelines FRA |
| WC4 | 11.519** | Jan. 31, 2020 | Kate O'Brien AB | Track World Championships, Milton ON |
| MC1 | 13.114 | Jan. 31, 2020 | Ross Wilson AB | Track World Championships, Milton ON |
| MC2 | 12.141 | Jan. 31, 2020 | Tristen Chernove BC | Track World Championships, Milton ON |
| WB | 12.704 | Feb. 12, 2012 | Robbi Weldon ON Lyne Bessette QC | Track World Championships, Los Angeles USA |
| MB | 10.857 | Nov. 8, 2009 | Daniel Chalifour QC Luc Dionne QC | Track World Championships, Manchester GBR |
| Team Sprint – Vitesse par équipes | | | | |
| M/H (750m)* | 56.183 | Sept. 10, 2008 | Éric Bourgault QC Mark Breton QC Jean Quévillon QC | Paralympic Games, Beijing CHN |
| * Team sprint records are for 250m tracks only / Les records de la vitesse par équipes sont valides uniquement pour les pistes de 250m | | | | |
| ** World Record – Record mondial | | | | |
| *** Past World – Record mondial historique | | | | |
| Distance | Result Résultat | Date | Athlete and province Athlète et province | Event and Location Événement et lieu |
| U17 women – femmes U17 | | | | |
| Flying 200m – 200m lancé | 12.059 | April 14, 2018 | Madison Dempster ON | Canadian Track Championships, Milton ON |
| Time trial – contre-la-montre (500m) | 37.140 | April 15, 2018 | Madison Dempster ON | Canadian Track Championships, Milton ON |
| Individual pursuit (2 km) Poursuite individuelle | 2:31.120 | March 31, 2024 | Alexandra Fangeat ON | Canadian Track Championships, Bromont QC |
| Team Sprint (750 m) Vitesse par équipes * | 55.908 | March 31, 2024 | Lili Salonen-Berscht ON Alexandra Fangeat ON Eve Buczkowski ON | Canadian Track Championships, Bromont QC |
| Team Pursuit (3 km) Poursuite par équipes | 3:45.432 | Oct. 10, 2015 | Naomi Desousa ON Kassandra Kriarakis ON Ruby West ON Ali Van Yzendoorn ON | Canadian Track Championships, Milton ON |
| U17 men – hommes U17 | | | | |
| Flying 200m – 200m lancé | 11.073 | April 13, 2019 | Dylan Bibic ON | Canadian Track Championships, Milton ON |
| Time trial – contre-la-montre (500m) | 33.229 | April 1, 2017 | Riley Pickrell BC | Canadian Track Championships, Milton ON |
| Individual pursuit (2 km) Poursuite individuelle | 2:13.579 | March 1, 2019 | Dylan Bibic ON | Ontario Track Championships, Milton ON |
| Team Sprint (750m) Vitesse par équipes * | 48.828 | April 15, 2018 | Dylan Bibic ON Andrew Scott ON Tyler Rorke ON | Canadian Track Championships, Milton ON |
| Team Pursuit (3 km) Poursuite par équipes | 3:22.395 | April 2, 2017 | Dylan Bibic ON Giuseppe Carone ON Axel Froner ON James Hedgcock ON | Canadian Track Championships, Milton ON |
| * Team sprint records are for 250m tracks only. Les records de la vitesse par équipes sont valides uniquement pour les pistes de 250m. | | | | |
| Non-competition records- records hors compétition | | | | |
| Category Catégorie | Result Résultat | Date | Athlete and province Athlète et province | Location Lieu |
| Hour record – Record de l'heure | | | | |
| • W/F Open | 42.547 km | Aug. 25, 2022 | Angela Goran ON | Aguascalientes MEX |

| | | | | |
|---|-----------|----------------|---|--|
| • M/H Open | 51.304 km | Oct. 23, 2020 | Lionel Sanders ON | Milton ON |
| Non-standard distances – distances non-standard | | | | |
| • W/F 1 km | 1:14.990 | Aug. 1982 | Sylvia Burka ON | Olympic velodrome, Montreal QC |
| <i>To organize a track cycling record attempt, contact Cycling Canada – Pour organiser une tentative de record sur piste, contactez Cyclisme Canada</i> | | | | |
| Masters Flying 200m – 200m lancé Maîtres | | | | |
| • W/F 35-44 | 11.649 | Oct. 18, 2019 | Rachel McKinnon BC | UCI Masters World Championships Manchester GBR |
| • W/F 45-54 | 13.720 | Jan. 6, 2024 | Denise Magnini ON | Canadian Track Championships, Milton ON |
| • W/F 55-64 | | | | |
| • W/F 65+ | | | | |
| • M/H 35-44 | 10.527 | Jan. 6, 2024 | Guy McClintock BC | Canadian Track Championships, Milton ON |
| • M/H 45-54 | 11.327 | Sept. 2, 2022 | Frank Kovacs AB | Canadian Track Championships, Milton ON |
| • M/H 55-64 | 11.226 | Jan. 6, 2024 | Frank Kovacs AB | Canadian Track Championships, Milton ON |
| • M/H 65+ | 12.515 | Jan. 6, 2024 | Ken Germaine AB | Canadian Track Championships, Milton ON |
| Masters Time trial – contre-la-montre Maîtres | | | | |
| • W/F 35-44 (500m) | 36.911 | Oct. 16, 2019 | Rachel McKinnon BC | UCI Masters World Championships Manchester GBR |
| • W/F 45-54 (500m) | 44.233 | Sept. 26, 2019 | Nancy Schmeler ON | Canadian Track Championships, Milton ON |
| • W/F 55-64 (500m) | 43.231 | Sept. 27, 2022 | Heather Simonson BC | UCI Masters World Championships, Los Angeles USA |
| • W/F 65+ (500m) | 42.810 | Jan. 10, 2025 | Guylaine Larouche QC | Canadian Track Championships, Bromont QC |
| • M/H 35-44 (1km) | 1:04.874 | Sept 26, 2019 | Fabien Lamaze ON | Canadian Track Championships, Milton ON |
| • M/H 45-54 (750m) | 51.251 | Oct. 7, 2024 | Willy Gonzalez AB | UCI Masters World Championships, Roubaix FRA |
| • M/H 55-64 (500m) | 35.021 | Oct. 6, 2024 | Thomas Schelesny BC | UCI Masters World Championships, Roubaix FRA |
| • M/H 65+ (500m) | 38.458 | Jan. 5, 2024 | Ken Germaine AB | Canadian Track Championships, Milton ON |
| Masters Individual pursuit – Poursuite individuelle Maîtres | | | | |
| • W/F 35-44 (2km) | 2:35.552 | Sept. 28, 2019 | Charlotte Roberge QC | Canadian Track Championships, Milton ON |
| • W/F 45-54 (2km) | 2:43.417 | Jan. 6, 2024 | Paolina Allan ON | Canadian Track Championships, Milton ON |
| • W/F 55-64 (2km) | 2:44.395 | Sept. 24, 2022 | Heather Simonson BC | UCI Masters World Championships, Los Angeles USA |
| • W/F 65+ (2km) | 2:54.956 | Jan. 11, 2025 | Guylaine Larouche QC | Canadian Track Championships, Bromont QC |
| • M/H 35-44 (3km) | 3:26.207 | Jan. 11, 2025 | Maxime Forget QC | Canadian Track Championships, Bromont QC |
| • M/H 45-54 (3km) | 3:27.761 | Oct. 6, 2024 | Willy Gonzalez AB | UCI Masters World Championships, Roubaix FRA |
| • M/H 55-64 (2km) | 2:24.749 | Jan. 6, 2023 | Uli Mayer BC | Canadian Track Championships, Milton ON |
| • M/H 65+ (2km) | 2:30.121 | Jan. 11, 2025 | Daniel Blanche QC | Canadian Track Championships, Bromont QC |
| Masters Team Pursuit – Poursuite par équipes Maîtres | | | | |
| • W/F (2 km) | 2:48.007 | Sept. 29, 2017 | Bryn Currie ON Jane Emans ON Chantal Thompson ON | Canadian Track Championships, Milton ON |
| • W/F (4 km) | 5:22.236 | Jan. 7, 2023 | Lisa Ulrich ON Amy Maher ON Elaine Soucy ON Amy White ON | Canadian Track Championships, Milton ON |
| • M/H (3 km) | 3:32.174 | Sept. 29, 2017 | Garnett Abbey ON Scott Buschlen ON Richard Froner ON William Trischuk ON | Canadian Track Championships, Milton ON |
| • M/H (4 km) | 4:37.345 | Aug. 24, 2024 | David Hainish Scott Buschlen Kenneth Woo T.J. Howorth | Day of the Hour, Milton ON |
| Masters Team Sprint – Vitesse par équipes Maîtres | | | | |
| • W/F (750m) | 58.381 | Jan. 6, 2024 | Denise Magnini ON | Canadian Track Championships, Milton ON |

| | | | | |
|---|------------|----------------|---|---|
| | | | Amy Maher ON Rosa Phillip ON | |
| • M/H (750m) | 49.041 | Sept. 30, 2017 | Brent Baerg AB Frank Kovacs AB Cameron MacLeod AB | Canadian Track Championships, Milton ON |
| Masters Hour Record – Record de l’heure Maîtres | | | | |
| • W/F 35-39 | 42.425* km | Sept. 23, 2017 | Jane Emans ON | Milton ON |
| • W/F 40-44 | 42.547 km | Aug. 25, 2022 | Angela Goran ON | Aguascalientes MEX |
| • W/F 45-49 | 38.156* km | Sept. 23, 2017 | Jody Levine ON | Milton ON |
| • W/F 50-54 | 40.366 km | Sept. 23, 2017 | Bryn Currie ON | Milton ON |
| • W/F 65-69 | 38.838 km | Aug. 24, 2024 | Barb Morris BC | Milton ON |
| • M/H 30-34 | 45.325 km | Sept. 23, 2017 | Dave Hainish ON | Milton ON |
| • M/H 35-39 | 48.598 km | Aug. 11, 2024 | Denis Coulet QC | Aguascalientes MEX |
| • M/H 40-44 | 48.587* km | Sept. 23, 2017 | Ed Veal ON | Milton ON |
| • M/H 50-54 | 48.393 km | Sept. 25, 2018 | Mike Nash ON | Aguascalientes MEX |
| • M/H 65-69 | 44.662* km | Aug. 24, 2024 | Ralph Schatzmair ON | Milton ON |
| • M/H 70-74 | 40.573 km | Dec. 9, 2023 | Peter Leiss ON | Milton ON |
| • M/H 75-79 | 35.728* km | Oct. 20, 2012 | Giuseppi Marinoni | Montichiari ITA |
| • M/H 80-84 | 39.836* km | Aug. 24, 2024 | Derek Steel BC | Milton ON |
| <i>* World Record/Record mondial</i> | | | | |
| <p><i>Masters records must be set in the appropriate age category in UCI or Cycling Canada sanctioned competition with electronic timing. To submit a result, please send the official results sheet signed by the commissaire to track@cyclingcanada.ca.</i></p> <p><i>Les records de maîtres doivent être atteints dans la catégorie d’âge rélevante lors d’une compétition sanctionnée par l’UCI ou Cyclisme Canada avec chronométrage électronique. Pour soumettre un résultat, veuillez envoyer la feuille de résultat officielle signé par le commissaire à : track@cyclingcanada.ca.</i></p> | | | | |



APPENDIX 3 – 2024 CANADIAN CHAMPIONS

| 2024 ROAD CHAMPIONS | | | |
|-----------------------------|--------------------|------|---------|
| Medalists Titled | | | |
| Individual Time Trial | Athlete | Prov | Time |
| U17 Women (16km) | Elly Moore | ON | 26:40.9 |
| U17 Men (28km) | Jake Mclean | ON | 39:46.8 |
| Junior Women (16km) | Sidney Swierenga | BC | 24:52.1 |
| Junior Men (28km) | Carl Truffer | QC | 36:54.2 |
| U23 Women (28km) | Mara Roldan | YT | 40:09.6 |
| Elite Women (28km) | Paula Findlay | AB | 39:24.7 |
| U23 Men (34km) | Jonas Walton | QC | 42:35.5 |
| Elite Men (34km) | Pier-André Côté | QC | 41:09.5 |
| Master Women 35-44 (21.5km) | Jennifer Ward | BC | 30:14.0 |
| Master Women 44-54 (21.5km) | Debra Parker | AB | 31:27.0 |
| Master Women 55-64 (21.5km) | Heather Simonson | BC | 30:54.0 |
| Master Women 65+ (21.5km) | Barb Morris | BC | 33:37.0 |
| Master Men 35-44 (21.5km) | John Vanderveen | BC | 26:43.0 |
| Master Men 45-54 (21.5km) | Mark Sherboneau | ON | 26:39.0 |
| Master Men 55-64 (21.5km) | Bruce Bird | ON | 27:26.0 |
| Master Men 65+ (21.5km) | Robert Anderson | | 31:03.0 |
| | | | |
| Road Race | Athlete | Prov | Time |
| U17 Women | Alexandra Fangeat | ON | 2:37:14 |
| U17 Men | Zachari Moreau | QC | 2:10:34 |
| Junior Women | Alexandra Volstad | AB | 2:37:13 |
| Junior Men | Jayden McMullen | ON | 2:07:44 |
| Elite Women | Olivia Baril | QC | 3:11:40 |
| Elite Men | Michael Woods | ON | 4:47:34 |
| U23 Women | Mara Roldan | YT | 3:11:43 |
| U23 Men | Quentin Cowan | QC | 4:58:19 |
| Master Women 35-44 | Jennifer Ward | BC | 1:56:07 |
| Master Women 45-54 | Carolyn Russel | | 1:56:07 |
| Master Women 55-64 | Nathalie Champagne | QC | 1:56:04 |
| Master Women 65+ | Barb Morris | BC | 2:08:45 |
| Master Men 35-44 | Lee Agur | | 2:41:27 |
| Master Men 45-54 | Nicolas Proulx | QC | 2:50:06 |
| Master Men 55-64 | Scott Goguen | BC | 2:18:14 |
| Master Men 65+ | Garth Campbell | BC | 1:52:50 |



| Criterium Challenge | Athlete | Prov | Time |
|----------------------------|---------------------------|-------------|-------------|
| Junior Women | Alexandra Volstad | AB | 38:09 |
| Junior Men | Adam Smith | MB | 50:24 |
| Elite Women | Magdeleine Vallieres Mill | QC | 1:07:24 |
| Elite Men | Matisse Julien | QC | 1:05:35 |
| Master Women 35-44 | Jennifer Ward | BC | 49:47.0 |
| Master Women 45-54 | Carolyn Russel | | 49:45.0 |
| Master Women 55-64 | Nathalie Champagne | QC | 50:43.0 |
| Master Women 65+ | | | |
| Master Men 35-44 | Clayton Hiltz | BC | 52:47.0 |
| Master Men 45-54 | Jeffrey Werner | BC | 47:46.0 |
| Master Men 55-64 | Scott Goguen | BC | 52:46.0 |
| Master Men 65+ | Horacio Chaves | | 52:46.0 |

2024 CYCLO-CROSS CHAMPIONS

Medalists Titled

| | Athlete | Prov | Time |
|--------------------|---------------------|-------------|-------------|
| U17 Women | Alexa Haviland | ON | 42:12.58 |
| U17 Men | Carter Deveer | ON | 44:51.42 |
| Junior Women | Rafaelle Carrier | QC | 40:53.69 |
| Junior Men | Emilien Belzile | QC | 45:39.95 |
| U23 Women | Marin Lowe | BC | 41:38.99 |
| U23 Men | Mika Comaniuk | QC | 53:29.79 |
| Elite Women | Isabella Holmgren | ON | 48:25.03 |
| Elite Men | Ian Ackert | ON | 1:01:51.47 |
| Master Women 35-44 | Jodi Wendland | ON | 34:24.23 |
| Master Women 45-54 | Sue Haviland | ON | 33:19.76 |
| Master Women 55-64 | Kelly Welbourn | BC | 35:01.71 |
| Master Women 65+ | | | |
| Master Men 35-44 | Eric Jeannotte | QC | 46:17.82 |
| Master Men 45-54 | Aroussen Laflamme | QC | 44:36.36 |
| Master Men 55-64 | Jean Francois Blais | QC | 46:34.64 |
| Master Men 65+ | James Laird | ON | 46:25.85 |

2024 TRACK CHAMPIONS

Medalists Titled

| Sprint | Athlete | Prov |
|---------------|----------------|-------------|
|---------------|----------------|-------------|



| | | |
|--------------------|------------------------|-------------|
| U17 Men | West Pollock | BC |
| U17 Women | Lili Salonen-Berscht | ON |
| Junior Men | Cole Dempster | ON |
| Junior Women | Tendo Mukahanana | BC |
| Elite Men | James Hedgcock | ON |
| Elite Women | Sarah Orban | ON |
| Master Men A | Guy McIntock | BC |
| Master Men B | Josh Gieni | QC |
| Master Men C/D | Frank Kovacs | AB |
| Master Women | Rosa Phillip | ON |
| | | |
| Keirin | Athlete | Prov |
| U17 Men | Jake Mclean | ON |
| U17 Women | Lili Salonen-Berscht | ON |
| Junior Men | Fergus Spitzley | QC |
| Junior Women | Jade Parent Lafrenière | QC |
| Elite Men | James Hedgcock | ON |
| Elite Women | Jackie Boyle | ON |
| Master Men A | Scott Loong | QC |
| Master Men B | Willy Gonzalez | AB |
| Master Men C/D | Frank Kovacs | AB |
| Master Women | Rosa Phillip | ON |
| | | |
| Time Trial | Athlete | Prov |
| U17 Men | Matthew Payne | ON |
| U17 Women | Eve Buczkowski | ON |
| Junior Men | Jonathan Hinse | QC |
| Junior Women | Nora Linton | ON |
| Elite Men | James Hedgcock | ON |
| Elite Women | Erin Watchman | ON |
| Master Men A | Brent Baerg | AB |
| Master Men B | Kenneth Woo | ON |
| Master Men C | Thomas Schelesney | BC |
| Master Men D | Ken Germaine | AB |
| Master Women A | Rosa Phillip | ON |
| Master Women B | Denise Magnini | ON |
| Master Women C | Gail Wozny | AB |
| Master Women D | | |
| | | |
| Team Sprint | Athletes | Prov |



| | | |
|---------------------------|--|-------------|
| U17 Men | Sheldon Drewitt Jake Mclean Matthew Payne | ON |
| U17 Women | Eve Buczkowski Alexandra Fangeat Lilli Salonen-Berscht | ON |
| Junior Men | Cole Dempster Andres Elliott-Cordoba Charlie Walsh | ON |
| Junior Women | Kimberly Chen Tendo Mukahanana Alexandra Volstad | BC |
| Elite Men | Patrice St Louis Pivin Ryan McDonald Tyler Davies | MB |
| Elite Women | Jackie Boyle Erica Rieder Anne-Marie Dumont | AB |
| Master Men | Guy McIntock Keith Bruneau Thomas Schelesny | BC |
| Master Women | Amy Maher Rosa Phillip Denise Magnini | ON |
| | | |
| Individual Pursuit | Athlete | Prov |
| U17 Men | Jake Mclean | ON |
| U17 Women | Alexandra Fangeat | ON |
| Junior Men (3000m) | Jonathan Hinse | QC |
| Junior Women (2000m) | Nora Linton | ON |
| Elite Men (4000m) | Chris Ernst | ON |
| Elite Women (3000m) | Jenna Nestman | BC |
| Master Men A | David Hainish | ON |
| Master Men B | Tim Hadfield | ON |
| Master Men C | Scott Buschlen | ON |
| Master Men D | Ralph Schatzmair | ON |
| Master Women A | Amanda Scott | AB |
| Master Women B | Paolina Allan | ON |
| Master Women C | Gail Wozny | AB |
| Master Women D | | |
| | | |



| Team Pursuit | Athletes | Prov |
|---------------------|--|-------------|
| U17 Men | Xavier Fell West Pollock Amos Scott Bouris Cohen Vigliotti | BC |
| U17 Women | Eve Buczkowski Alexandra Fangeat Teagen Gawne Lilli Salonen-Berscht | ON |
| Junior Men | Antoine Bergeron Andres Elliott-Cordoba Nathanael Fry Albert Taylor | ON |
| Junior Women | Lindsey Cameron Kimberly Chen Sidney Swierenga Alexandra Volstad | BC |
| Master Men | Robert Meneguzzi Jacques Cormier Scott Elliott Roland Fletcher | ON |
| Master Women | | |
| | | |
| Omnium | Athlete | Prov |
| Elite Men | Dylan Bibic | ON |
| Elite Women | Ngairé Barraclough | AB |
| | | |
| Scratch Race | Athlete | Prov |
| U17 Men | Jake Mclean | ON |
| U17 Women | Alexandra Fangeat | ON |
| Junior Men | Jonathan Hinse | QC |
| Junior Women | Nora Linton | ON |
| Elite Men | Michael Foley | ON |
| Elite Women | Kiara Lylyk | ON |
| Master Men A | Jeremie Fontanaud | QC |
| Master Men B | Willy Gonzalez | AB |
| Master Men C | Anthony Kocsis | QC |
| Master Men D | Ralph Schatzmair | ON |



| | | |
|-------------------------|--|-------------|
| Master Women A | Rosa Phillip | ON |
| Master Women B | Amy Maher | ON |
| Master Women C | Gail Wozny | AB |
| | | |
| Elimination Race | Athlete | Prov |
| U17 Men | Jake Mclean | ON |
| U17 Women | Eve Buczkowski | ON |
| Junior Men | Jonathan Hinse | QC |
| Junior Women | Nora Linton | ON |
| Elite Men | Dylan Bibic | ON |
| Elite Women | Jenna Nestman | BC |
| | | |
| Points Race | Athlete | Prov |
| U17 Men | Amos Scott Bouris | BC |
| U17 Women | Alexandra Fangeat | ON |
| Junior Men | Gabriel Seguin | QC |
| Junior Women | Nora Linton | ON |
| Elite Men | Dylan Bibic | ON |
| Elite Women | Diane Snobelen | BC |
| Master Men A | Jeremy Fontanaud | QC |
| Master Men B | Patrick Begin | QC |
| Master Men C | Uli Mayer | BC |
| Master Men D | Ralph Schatzmair | ON |
| Master Women A | Melissa Turtureanu | ON |
| Master Women B | Amy Maher | ON |
| Master Women C | Gail Wozny | AB |
| | | |
| Madison | Athlete | Prov |
| U17 Women | Alexandra Fangeat/Eve Buczkowski | ON |
| U17 Men | Edouard Henri/Charles-Alexandre Veilleux | QC |
| Junior Men | Jonathan Hinse/Gabriel Seguin | QC |
| Junior Women | Nora Linton/Larissa Pedersen | ON |
| Elite Men | Dylan Bibic/Mathias Guillemette | ON |
| Elite Women | Kiara Lylyk/Ngaire Barraclough | ON |
| | | |

2024 PARA-CYCLING TRACK CHAMPIONS

Medalists Titled



| Individual Time Trial | Athlete | Prov | Time |
|-----------------------|---|------|----------|
| Para B Men | Matthieu Croteau Daigle/Olivier De La Durantaye | QC | 1:12.581 |
| Para C4 Men | Lachlan Hotchkiss | ON | 1:15.848 |
| Para C3 Women | Mel Pemble | BC | 41.057 |
| Para C5 Men | Carlos Mauricio Uricoechea | QC | 1:21.864 |
| Individual Pursuit | Athlete | Prov | Time |
| Para B Men | Matthieu Croteau Daigle/Olivier De La Durantaye | QC | 4:49.196 |
| Para C3 Men | Alexandre Hayward | NB | 3:41.158 |
| Para C4 Men | Lachlan Hotchkiss | ON | 5:30.918 |
| Para C5 Men | Carlos Mauricio Uricoechea | QC | 6:21.994 |

2024 PARA-CYCLING ROAD CHAMPIONS

Medalists Titled

| Individual Time Trial | Athlete | Prov | Time |
|-----------------------|------------------------------|------|---------|
| Women TI-2 | Shelley Gautier | ON | 33:10.8 |
| Men TI-2 | Nathan Clement | BC | 31:02.0 |
| Men HI-2 | Maarten Duif | ON | 39:59.6 |
| Women HI-2 | | | |
| Men H3-5 | Joey Desjardins | ON | 26:44.4 |
| Women H3-5 | Katty Abran | ON | 49:26.8 |
| Men C1-5 | Alexandre Hayward | NB | 21:23.1 |
| Women C1-5 | Jessica Law | BC | 28:37.7 |
| Men B Tandem | Benoit Lalumiere Cloutier | QC | 40:05.7 |
| Women B Tandem | | | |
| | | | |
| Road Race | Athlete | Prov | Time |
| Women TI-2 | Shelley Gautier | ON | 1:05:40 |
| Men TI-2 | Louis-Albert Corriveau Jolin | QC | 54:21 |
| Men HI-2 | Maarten Duif | ON | 1:24:19 |
| Women H3-5 | Katty Abran | ON | 1:58:53 |
| Men H3-5 | Joey Desjardins | ON | 1:43:50 |
| Men C1-3 | Michael Sametz | AB | 1:21:07 |
| Men C4-5 | Lachlan Hotchkiss | BC | 2:09:09 |
| Women C4-5 | Jessica Law | BC | 1:13:28 |
| Men B Tandem | Benoit Lalumiere Cloutier | QC | 31:51.0 |



2024 MOUNTAIN BIKE CHAMPIONS

Medalists Titled

| Downhill | Athlete | Prov |
|---------------------------|---------------------|------|
| U17 Expert Men | Ryder Wilson | BC |
| U17 Women | Cameron Bragg | BC |
| Junior Expert Men | Jon Mozell | BC |
| Junior Women | Geza Rodgers | BC |
| Elite Men | Jakob Jewett | BC |
| Elite Women | Emmy Lan | BC |
| Master Men 35-44 | Rob Davis | BC |
| Master Men 45-54 | Jason Lorenz | BC |
| Master Men 55+ | Donald Van Eesteren | BC |
| Master Women 35-44 | Julie Colk | BC |
| | | |
| Enduro | Athlete | Prov |
| U21 Women | | |
| U21 Men | | |
| Elite Women | | |
| Elite Men | | |
| | | |
| Cross-Country (XCO) | Athlete | Prov |
| U17 Expert Women | Éliane Blais | QC |
| U17 Expert Men | Emilien Belzile | QC |
| Junior Expert Women | Rafaelle Carrier | QC |
| Junior Expert Men | Jacob Roy | QC |
| U23 Women | Ava Holmgren | ON |
| U23 Men | Cole Punchard | ON |
| Elite Women | Jennifer Jackson | ON |
| Elite Men | Leandre Bouchard | QC |
| Master Expert Women 35-44 | Meghan Todd | NS |
| Master Expert Men 35-44 | Peter Glassford | ON |
| Master Expert Women 45-54 | Sue Haviland | ON |
| Master Expert Men 45-54 | Aroussen Laflamme | QC |
| Master Expert Women 55+ | Penny Hart | NS |
| Master Expert Men 55+ | John Westdal | ON |
| | | |
| Short Track (XCC) | Athlete | Prov |
| Elite Women | Jennifer Jackson | BC |
| Elite Men | Cole Punchard | ON |



| | | |
|-------------------------------------|--------------------|-------------|
| Junior Women | Rafaelle Carrier | QC |
| Junior Men | Jacob Roy | QC |
| U17 Women | Elly Moore | ON |
| U17 Men | Emilien Belzile | QC |
| | | |
| Team Relay (XCR) | Team | Prov |
| PSO/Trade Team | Pivot Cycles – OTE | UCI |
| | | |
| Cross-Country Marathon (XCM) | Athlete | Prov |
| Elite Women | Jennifer Jackson | BC |
| Elite Men | Sean Fincham | ON |

| 2024 BMX CHAMPIONS | | |
|----------------------|-----------------------|------|
| | | |
| Medalists Titled | Athlete | Prov |
| Junior Women | Thessalie Bruneau | QC |
| Junior Men | Andrew Colling | ON |
| U23 Women | Abygale Reeve | AB |
| U23 Men | Dylan Tremel | AB |
| Elite Women | Teigen Pascual | AB |
| Elite Men | Ryan Tougas | BC |
| | | |
| Medalists Non-titled | Athlete | Prov |
| 5-7 yrs Women | Emmy Tourigny | QC |
| 8 yrs Women | Florence Teolis | QC |
| 9 yrs Women | Quinn Hickey | AB |
| 10 yrs Women | Mackenna Morellato | USA |
| 11 yrs Women | Raya Trechka | AB |
| 12 yrs Women | Riley Sophia Pootmans | ON |
| 13 yrs Women | Logan Lee | AB |
| 14 yrs Women | Audrey Bertrand | AB |
| 15 yrs Women | Samantha Walter | ON |
| 16 yrs Women | Justine Beaudoin | QC |
| 17-24 yrs Women | Thalie Fournier | QC |
| 25+ yrs Women | Marion Laidet | QC |
| 5-6 yrs Men | Liam Lessard | QC |
| 7 yrs Men | Elliott Crawford | BC |
| 8 yrs Men | Charlie Kriz | ON |
| 9 yrs Men | Roman Daniel | ON |
| 10 yrs Men | Rafael Trudel | QC |



| | | |
|--------------------------|-------------------------|----|
| 11 yrs Men | Liam Brule | QC |
| 12 yrs Men | Jhett Hickey | AB |
| 13 yrs Men | Brady Mitschke | AB |
| 14 yrs Men | Justin Lafleur | QC |
| 15 yrs Men | Charles Edouard Maltais | QC |
| 16 yrs Men | Zakary Kaiser | ON |
| 17-24 yrs Men | Dexter Winton | BC |
| 25-29 Men | Michael Guiseppi | QC |
| 30-34 yrs Men | Jean-Sébastien Houde | QC |
| 35+ yrs Men | Michel Perkins | QC |
| 12 & Under Cruiser Men | Innes Chatterton | ON |
| 13-14 Cruiser Men | Malakai Bergeron | ON |
| 15-16 Cruiser Men | Xavier Lemire | QC |
| 17-24 Cruiser Men | Thomas Fortin | QC |
| 30-34 Cruiser Men | Francis Leclair | QC |
| 35-39 Cruiser Men | Alexandre Bourgeois | QC |
| 40-44 Cruiser Men | Michel Perkins | QC |
| 45-49 Cruiser Men | Stephane Mailhot | QC |
| 50+ Cruiser Men | Rick Lemieux | QC |
| 12 & Under Cruiser Women | Riley Sophia Pootmans | ON |
| 13-16 Cruiser Women | Emilie Lessard | QC |
| 17-29 Cruiser Women | Tawni Rickey | ON |
| 30-39 Cruiser Women | Stephanie Page | QC |
| 40+ Cruiser Women | Line Mcphee | QC |
| | | |

2024 GRAVEL CHAMPIONS

| Medalists Titled | Athlete | Prov |
|--------------------|----------------------|------|
| U17 Men | Mitchell Williams | SK |
| U17 Women | Lydia Stack-Michasiw | SK |
| Junior Men | Colton Zabolotney | AB |
| Junior Women | Nico Knoll | AB |
| Elite Men | Adam Roberge | QC |
| Elite Women | Katja Verkerk | BC |
| Master Men 35-44 | John Vanderveen | BC |
| Master Women 35-44 | Jenn Proche | AB |
| Master Men 45-54 | Dan Wood | AB |
| Master Women 45-54 | Elizabeth Stack | SK |
| Master Men 55-64 | Greg Clark | ON |



| | | |
|--------------------|------------------|----|
| Master Women 55-64 | Ewa Siarka | AB |
| Master Men 65+ | Gregory Patychuk | AB |
| Master Women 65+ | | |
| | | |

2024 ESPORTS CHAMPIONS

| Medalists Titled | Athlete | Prov |
|--------------------|---------------------|------|
| U17 Men | Ryan Nickerson | BC |
| U17 Women | Julia Lehmann | ON |
| Junior Men | Raphel Péloquin | QC |
| Junior Women | Cadie Geertsema | ON |
| Elite Men | Thomas Thrall | USA |
| Elite Women | Michelle Gagnon | BEL |
| Master Men 35-44 | Dan Zeggelaar | AB |
| Master Women 35-44 | Lindsay Burgess | BC |
| Master Men 45-54 | Sebastien Perreault | QC |
| Master Women 45-54 | Josée Rossignol | QC |
| Master Men 55-64 | Bruce Bird | ON |
| Master Women 55-64 | Nathalie Champagne | QC |
| Master Men 65+ | Brian Zulkoskey | SK |
| Master Women 65+ | Anna Tykoliz | ON |

