

**CYCLING
CYCLISME
CANADA**



2025 TRACK ENDURANCE SELECTION POLICY

DRAFT published Dec. 16, 2024

FINAL published Jan. 8, 2025

UPDATED based on calendar changes on Jan. 14, 2025

UPDATED based on programming changes on April 29, 2025

[Most recent changes in blue text](#)

All programming subject to change.

*Reviewed by the Cycling Canada Athletes' Council
and the Cycling Canada High Performance Committee*



GENERAL INFORMATION

This document lays out the criteria to be used for selection to the Canadian team for international Track Endurance projects.

The criteria are organized by Section as follows:

- Section A – PROGRAM CALENDAR
- Section B – ELIGIBILITY CRITERIA
- Section C – EVENTS CONSIDERED FOR SELECTION
- Section D – SPECIFIC SELECTION CRITERIA
- Appendix – TRACK ENDURANCE STANDARDS

The program objectives and calendar are stated in Section A.

Athletes must meet all Eligibility Criteria in sections B and C to be considered for selection.

Selection decisions are based on the Specific Criteria in Section C.

Unless expressly stated in the Specific Selection Criteria, selections are subject the General Selection Criteria published on the Cycling Canada website.

SECTION A – 2025 TRACK PROGRAM CALENDAR

Project dates	Project	Location
Feb. 24 - March 17	UCI Nations Cup I <ul style="list-style-type: none">• Mandatory performance camp Feb. 24- March 8 (Milton ON)• Departure March 9• Competition March 14-16	Konya TUR
March 18 - April 7	Pan American Championships <ul style="list-style-type: none">• Milton mandatory performance camp March 18-26• Departure March 27• Competition April 1-6	Asuncion PAR
Sept. 29 - Oct. 27	UCI Track World Championships <ul style="list-style-type: none">• Optional performance camp Sept. 29-Oct. 5 (Milton ON)• Mandatory performance camp Oct. 6-15 (Milton ON)• Departure Oct. 16• Competition Oct. 22-26	Santiago CHI

All dates subject to change.

SECTION B – ELIGIBILITY CRITERIA

To be eligible for selection to the Canadian team, an athlete must:

- Be a Canadian citizen.
- Have competed in the most recent Canadian Track Championships, or have a valid exemption (see National Championships Attendance Policy on the CC website)
- Have a valid Canadian passport that does not expire before the date required by the consular authorities of the country in which the event is being held.
- Be in compliance with all relevant CC and UCI requirements for eligibility.
- Hold a valid UCI license indicating nationality as Canadian.
- Sign, submit and comply with the CC National Team Agreement.



- Have completed all relevant UCI, WADA and CCES anti-doping requirements.
- Have signed the consent form agreeing to be bound by the Universal Code of Conduct to prevent and address Maltreatment in Sport (UCCMS).
- Minors must have parental permission to participate in training programs and competitions.

Additional eligibility requirements may be detailed in the Specific Selection Criteria below.

SECTION C – EVENTS CONSIDERED FOR SELECTION

Selections will only consider results from the events cited in this policy unless other results are required to exercise Coach Panel discretion.

All results must be top half of the field unless otherwise specified. Field size is calculated based on the number of entrants in the official results on the UCI website, including athletes listed as DNS, DNF and DSQ.



SECTION D – SPECIFIC SELECTION CRITERIA

Project	UCI Track Nations Cup I
Performance camp dates:	Feb. 24-March 8
Departure date:	March 9
Competition dates:	March 14-16
Location:	Konya TUR
Team size:	4 women plus up to 1 alternate 4 men plus up to 1 alternate
	1 non-travelling alternate may be nominated for each team. If nominated, this athlete will attend the performance camp but will not travel to the competition unless a situation presents itself that they are required to do so. <i>Cycling Canada reserves the right to increase, decrease or reconfigure the team size per Clause 5 of the General Selection Policy.</i>
Selection dates:	<ul style="list-style-type: none"> Jan. 13 – Coach Panel submits Team Pursuit recommendations to CSO and DHPS, or designates Jan. 15 – Team Pursuit athletes informed; appeal period starts* Jan. 23 – Appeal period ends; Team Pursuit selections final; Coach Panel submits Bunch selection recommendations to CSO and DHPS, or designates Jan. 25 – Bunch athletes informed; appeal period starts* Feb. 2 – Appeal deadline; selections final <p>*Anyone not named in the selection decision must appeal by the deadline or they lose their right to appeal.</p>
Selection panel:	<p>Selection recommendation made by:</p> <ul style="list-style-type: none"> Cycling Canada Track Endurance Coach Panel (see CC website) <p>Selection recommendation reviewed by:</p> <ul style="list-style-type: none"> Chief Sport Officer, or designate Director of High Performance Services, or designate
Eligibility	<p>In addition to the eligibility requirements in Section B, athletes must also meet the following requirement to be selected to this project:</p> <ul style="list-style-type: none"> Per UCI rule 3.2.001, athletes must be at least 18 years old on Dec. 31, 2025. Any athlete selected as starter or alternate must participate in the full performance camp prior to each event (see camp dates above and the Appendix). Athletes must at a minimum achieve the Elite B standard in the Individual Pursuit or Kilo between Jan. 1, 2024, and the selection date. <ul style="list-style-type: none"> At the discretion of the Coach Panel, athletes with a history of competitive international performances may be selected without having met the time standard in the prescribed period, on the condition they meet the time standard during the preparation camp. Per UCI rule 3.4.004, to be considered for bunch events (Omnium, Scratch Race, Elimination Race, and Points Race) athletes must have 500 UCI Endurance ranking points. Athletes finishing Top 4 at the most recent Junior World Championships in the Omnium, Scratch Race, Elimination and Points Race will



	<p>also be eligible to compete in the respective events. To be considered for Madison, athletes must have 250 UCI Madison ranking points. Athletes must obtain the points six weeks before the first Nations Cup or in the latest update to the UCI ranking on the registration date.</p>
Selection criteria:	<p>Cycling Canada reserves the right to modify the selection criteria for these events based on an overarching strategy to support medal winning performances and support Cycling Canada's qualification strategies for the 2025 Elite Track World Championships.</p> <p>Team Pursuit</p> <p>The Coach Panel shall recommend, based on its expert opinion, a Team Pursuit composition of 4 starters and 1 alternate that has the potential to achieve the best performance in the targeted competition. In determining the team composition, the Coach Panel shall assess each athlete based on the following factors:</p> <ul style="list-style-type: none">• Suitability to specific positions in the team pursuit.• Ability to deliver team strategy at target pace in the team pursuit.• Tactical and technical ability in the team pursuit.• Past performances and/or results in international and/or domestic competition, and in Cycling Canada training sessions. <p>It is understood that the team composition shall reflect a unique combination of athletes who fulfill specific positions and workload distributions that combine to achieve the best team performance. In some cases, a strong individual athlete may not be recommended to the team because their characteristics and abilities do not mesh effectively with the recommended team composition.</p> <p>In the event of a selection appeal in Team Pursuit, all athletes recommended to the team shall be named as affected parties in the appeal as any change to the team composition may require a change to other athlete's positions or workload distribution for the event.</p> <p>To be considered for selection, performances and results in training or competition must be achieved between Jan. 1, 2024, and the applicable selection date. Any training session that is led by a Cycling Canada National Team coach may be used to inform selection recommendations made by the Coach Panel.</p> <p>Cycling Canada reserves the right to explore different combinations, positions, and workload distribution strategies to maximize the long-term progression of the Team Pursuit and capitalize on each athlete's unique characteristics. This may include upgrading an alternate to the starting lineup in training or competition based on coach assessment of team and individual performance in preparation for an event or during the event. This may also include selecting new athletes that have demonstrated, in training or racing, the potential to improve the team's time based on the expert opinion of the Coach Panel.</p> <p>Per Clause 1 of the General Selection Policy, the starting composition for each competition round shall be determined on site by the coach of that event.</p> <p>Bunch Races</p>



	<p>To be considered for selection, results must be achieved between Jan. 1, 2024, and the applicable selection date. Results must be in the top half of athletes registered for the event.</p> <p>Madison:</p> <p>Two Madison starters and one alternate will be selected from among athletes named to the Team Pursuit* in the following order of priority:</p> <ol style="list-style-type: none">1. Top 8 finisher at the UCI Elite World Championships in the Madison.2. Top 8 finisher at a UCI Nations Cup in the Madison.3. Top 12 finisher at the UCI Elite World Championships in the Madison.4. Top 12 finisher at a UCI Nations Cup in the Madison.5. Coach Panel discretion considering following factors:<ul style="list-style-type: none">• Technical ability.• Tactical ability.• Past performances and/or results in international and/or domestic competition.• Compatibility of teammates. <p><i>Any ties will be broken by best individual result; if there is still a tie, it will be broken by Coach Panel discretion.</i></p> <p>Omnium, Scratch Race, Points Race, and Elimination Race (if they are part of the competition program):</p> <p>One starter and one alternate per event will be selected from among athletes selected to the Team Pursuit* in the following order of priority:</p> <ol style="list-style-type: none">1. Top 8 finisher at the UCI Elite World Championships in the specific discipline.2. Top 8 finisher at a UCI Nations Cup in in the specific discipline.3. Top 12 finisher at the UCI Elite World Championship in in the specific discipline.4. Top 12 finisher at a UCI Nations Cup in in the specific discipline.5. Coach Panel discretion considering following factors:<ul style="list-style-type: none">• Technical ability• Tactical ability.• Past performances and/or results in international and/or domestic competition. <p><i>Any ties will be broken by best individual result; if there is still a tie, it will be broken by Coach Panel discretion.</i></p> <p>* If there are no athletes within the Team Pursuit selection who have the requisite points, Cycling Canada reserves the right to add one or more eligible athletes to the selection to ensure representation in all the events.</p>
Costs:	<p>Athletes are responsible for the following costs:</p> <ul style="list-style-type: none">• \$800 Prep Camp Fee*• Travel costs to and from Milton• Meals during the preparation camp• \$800 Project Fee*• Cycling Canada will book and pay for return flights from Milton to Konya



2025 TRACK ENDURANCE SELECTION POLICY

	<p>* Project fees are based on Cycling Canada's National Team Athlete Fees Policy and are subject to change should the number of project days be altered. Project fees must be paid two weeks prior to the beginning of the project.</p> <p>Podium Performance Pool athletes traveling and staying with the National Team are exempt from the project fee.</p>
--	--

Project	Elite Pan American Track Championships
Performance camp dates:	March 18-26
Departure date:	March 27
Competition dates:	April 1-6
Location:	Asuncion PAR
Min. team size:	4 women plus up to 1 alternate 4 men plus up to 1 alternate
	<p>1 non-travelling alternate may be nominated for each team. If nominated, this athlete will attend the performance camp but will not travel to the competition unless a situation presents itself that they are required to do so.</p> <p><i>Cycling Canada reserves the right to increase, decrease or reconfigure the team size per Clause 5 of the General Selection Policy.</i></p>
Selection dates:	<ul style="list-style-type: none"> Jan. 13 – Coach Panel submits Team Pursuit recommendations to CSO and DHPS, or designates Jan. 15 – Team Pursuit athletes informed; appeal period starts* Jan. 23 – Appeal period ends; Team Pursuit selections final; Coach Panel submits Bunch selection recommendations to CSO and DHPS, or designates Jan. 25 – Bunch athletes informed; appeal period starts* Feb. 2 – Appeal deadline; selections final <p>* Anyone not named in the selection decision must appeal by the deadline or they lose their right to appeal.</p>
Selection panel:	<p>Selection recommendation made by:</p> <ul style="list-style-type: none"> Cycling Canada Track Endurance Coach Panel (see CC website) <p>Selection recommendation reviewed by:</p> <ul style="list-style-type: none"> Chief Sport Officer, or designate Director of High Performance Services, or designate
Eligibility:	<p>In addition to the eligibility requirements in Section B, athletes must also meet the following requirement to be selected to this project:</p> <ul style="list-style-type: none"> Per UCI rule 3.2.001, athletes must be at least 18 years old on Dec. 31, 2025. Any athlete selected as starter or alternate must participate in the full performance camp prior to each event (see camp dates above and the Appendix). Athletes must at a minimum achieve the Elite B standard in the Individual Pursuit or Kilo between Jan. 1, 2024, and the selection date. <ul style="list-style-type: none"> At the discretion of the Coach Panel, athletes with a history of competitive international performances may be selected without



	having met the time standard in the prescribed period, on the condition they meet the time standard during the preparation camp.
Selection criteria:	<p>Cycling Canada reserves the right to modify the selection criteria for these events based on an overarching strategy to support medal winning performances and support Cycling Canada's qualification strategies for the 2025 Elite Track World Championships.</p> <p>Team Pursuit</p> <p>The Coach Panel shall recommend, based on its expert opinion, a Team Pursuit composition of 4 starters and 1 alternate that has the potential to achieve the best performance in the targeted competition. In determining the team composition, the Coach Panel shall assess each athlete based on the following factors:</p> <ul style="list-style-type: none">• Suitability to specific positions in the team pursuit.• Ability to deliver team strategy at target pace in the team pursuit.• Tactical and technical ability in the team pursuit.• Past performances and/or results in international and/or domestic competition, and in Cycling Canada training sessions. <p>It is understood that the team composition shall reflect a unique combination of athletes who fulfill specific positions and workload distributions that combine to achieve the best team performance. In some cases, a strong individual athlete may not be recommended to the team because their characteristics and abilities do not mesh effectively with the recommended team composition.</p> <p>In the event of a selection appeal in Team Pursuit, all athletes recommended to the team shall be named as affected parties in the appeal as any change to the team composition may require a change to other athlete's positions or workload distribution for the event.</p> <p>To be considered for selection, performances and results in training or competition must be achieved between Jan. 1, 2024, and the applicable selection date. Any training session that is led by a Cycling Canada National Team coach may be used to inform selection recommendations made by the Coach Panel.</p> <p>Cycling Canada reserves the right to explore different combinations, positions, and workload distribution strategies to maximize the long-term progression of the Team Pursuit and capitalize on each athlete's unique characteristics. This may include upgrading an alternate to the starting lineup in training or competition based on coach assessment of team and individual performance in preparation for an event or during the event. This may also include selecting new athletes that have demonstrated, in training or racing, the potential to improve the team's time based on the expert opinion of the Coach Panel.</p> <p>Per Clause 1 of the General Selection Policy, the starting composition for each competition round shall be determined on site by the coach of that event.</p> <p>Bunch and Individual Races</p> <p>To be considered for selection, results must be achieved between Jan. 1, 2024, and the applicable selection date. Results must be in the top half of athletes registered for the event.</p>



	<p>Madison: Two Madison starters and one alternate will be selected from among athletes named to the Team Pursuit in the following order of priority for each respective event:</p> <ol style="list-style-type: none"> 1. Top 8 finisher at the UCI Elite World Championships in the Madison. 2. Top 8 finisher at a UCI Nations Cup in in the Madison. 3. Top 12 finisher at the UCI Elite World Championships in the Madison 4. Top 12 finisher at a UCI Nations Cup in in the Madison. 5. Coach Panel discretion considering following factors: <ul style="list-style-type: none"> • Technical ability. • Tactical ability. • Past performances and/or results in international and/or domestic competition. • Compatibility of teammates. <p><i>Any ties will be broken by best individual result; if there is still a tie, it will be broken by Coach Panel discretion.</i></p> <p>Omnium, Scratch Race, Points Race, and Elimination Race (if they are part of the competition program): One starter and one alternate per event will be selected from among athletes selected to the Team Pursuit in the following order of priority:</p> <ol style="list-style-type: none"> 1. Top 8 finisher at the UCI Elite World Championships in the specific discipline. 2. Top 8 finisher at a UCI Nations Cup in in the specific discipline. 3. Top 12 finisher at the UCI Elite World Championship in the specific discipline. 4. Top 12 finisher at a UCI Nations Cup in the specific discipline. 5. Coach Panel discretion considering following factors: <ul style="list-style-type: none"> • Technical ability. • Tactical ability. • Past performances and/or results in international and/or domestic competition. <p><i>Any ties will be broken by best individual result; if there is still a tie, it will be broken by Coach Panel discretion.</i></p> <p>Individual Pursuit: Up to two starters and one alternate will be selected from among athletes selected to the Team Pursuit in the following order of priority:</p> <ol style="list-style-type: none"> 1. The 2025 Canadian Champion in the Individual Pursuit. 2. Athlete in order of Fastest Individual Pursuit time in training (with electronic timing and a National Team Coach present) or competition between Jan. 1, 2025, and the selection date. <p>Cycling Canada reserves the right to fill any vacant or remaining start positions in either endurance or sprint events with athletes who were already selected for other events if needed. Selection of starters will be at the discretion of the Coach at the event.</p>
Self-funding:	<p>Athletes are responsible for the following costs:</p> <ul style="list-style-type: none"> • \$450 Prep Camp Fee*



2025 TRACK ENDURANCE SELECTION POLICY

	<ul style="list-style-type: none"> • Travel costs to and from Milton • Meals during the preparation camp • \$1,200 Project Fee* • Cycling Canada will book and pay for return flights from Milton to Asuncion <p>*Project fees are based on Cycling Canada's National Team Athlete Fees Policy and are subject to change should the number of project days be altered. Project fees must be paid two weeks prior to the beginning of the project.</p> <p>Podium Performance Pool athletes traveling and staying with the National Team are exempt from the project fee.</p>
--	---

Project	UCI Elite Track World Championships
Performance camp dates:	Mandatory camp: Oct. 6-15 Optional start date for athletes wanting more preparation time: Sept. 29
Departure date:	Oct. 16
Competition dates:	Oct. 22-26
Location:	Santiago CHI
Minimum team size:	4 women plus up to 1 alternate 4 men plus up to 1 alternate Canada's quotas for bunch events will be determined by the qualification process described in UCI rules 9.2.022-9.2.028.
	1 non-travelling alternate may be nominated for each team. If nominated, this athlete will attend the performance camp but will not travel to the competition unless a situation presents itself that they are required to do so. <i>Cycling Canada reserves the right to increase, decrease or reconfigure the team size per Clause 5 of the General Selection Policy.</i>
Selection dates:	<p>Team Pursuit selections:</p> <ul style="list-style-type: none"> • July 14 – Coach Panel submits recommendations to CSO and DHPS, or designates • July 15 – Selection decision submitted to High Performance Committee • July 17 – CC communicates selection to athletes; appeal period starts • July 25 – Appeal deadline* <p>Other selections:</p> <ul style="list-style-type: none"> • July 21 – Coach Panel submits recommendations to CSO and DHPS, or designates • July 23– Selection decision submitted to High Performance Committee • July 25 – CC communicates selection to athletes; appeal period starts • Aug. 2 – Appeal deadline* <p>* Anyone not named in the selection decision must appeal by the deadline or they lose their right to appeal.</p>
Selection panel:	<p>Selection recommendation made by:</p> <ul style="list-style-type: none"> • Cycling Canada Track Endurance Coach Panel (see CC website) <p>Selection recommendation reviewed by:</p> <ul style="list-style-type: none"> • Chief Sport Officer, or designate • Director of High Performance Services, or designate



	<ul style="list-style-type: none"> Cycling Canada High Performance Committee
Eligibility	<p>In addition to the eligibility requirements in Section B, athletes must also meet the following requirement to be selected to this project:</p> <ul style="list-style-type: none"> Per UCI rule 3.2.001, athletes must be at least 18 years old on Dec. 31, 2025. Any athlete selected as starter or alternate must participate in the full performance camp prior to each event (see camp dates above and the Appendix).
Selection criteria:	<p>Cycling Canada reserves the right to modify the selection criteria for these events based on an overarching strategy to support medal winning performances and support Cycling Canada's qualification strategies for the 2026 Nations Cups and Elite Track World Championships.</p> <p>Team Pursuit</p> <p>The Coach Panel shall recommend, based on its expert opinion, a Team Pursuit composition of 4 starters and 1 alternate that has the potential to achieve the best performance in the targeted competition. In determining the team composition, the Coach Panel shall assess each athlete based on the following factors:</p> <ul style="list-style-type: none"> Suitability to specific positions in the team pursuit. Ability to deliver team strategy at target pace in the team pursuit. Tactical and technical ability in the team pursuit. Past performances and/or results in international and/or domestic competition, and in Cycling Canada training sessions. <p>It is understood that the team composition shall reflect a unique combination of athletes who fulfill specific positions and workload distributions that combine to achieve the best team performance. In some cases, a strong individual athlete may not be recommended to the team because their characteristics and abilities do not mesh effectively with the recommended team composition.</p> <p>In the event of a selection appeal in Team Pursuit, all athletes recommended to the team shall be named as affected parties in the appeal as any change to the team composition may require a change to other athlete's positions or workload distribution for the event.</p> <p>Cycling Canada reserves the right to explore different combinations, positions, and workload distribution strategies to maximize the long-term progression of the Team Pursuit and capitalize on each athlete's unique characteristics. This may include upgrading an alternate to the starting lineup in training or competition based on coach assessment of team and individual performance in preparation for an event or during the event. This may also include selecting new athletes that have demonstrated, in training or racing, the potential to improve the team's time based on the expert opinion of the Coach Panel.</p> <p>Per Clause 1 of the General Selection Policy, the starting composition for each competition round shall be determined on site by the coach of that event.</p> <p>Bunch and Individual Races</p>



	<p>To be considered for selection, results must be achieved between Jan. 1, 2025, and the applicable selection date. Results must be in the top half of athletes registered for the event.</p> <p>If Canada did not qualify for a specific bunch race on the Nations or Individual Endurance Ranking but an athlete or athletes have qualified by name by winning a 2025 Pan American Championships bunch race, that athlete will be selected.</p> <p>Madison:</p> <p>Two Madison starters and one alternate will be selected from among athletes named to the Team Pursuit* in the following order of priority for each respective event:</p> <ol style="list-style-type: none">1. Top 12 finisher at a UCI Nations Cup in the Madison.2. The 2025 Continental Champion in the Madison.3. Coach Panel discretion considering following factors:<ul style="list-style-type: none">• Technical ability.• Tactical ability.• Past performances and/or results in international and/or domestic competition.• Compatibility of teammates. <p><i>Any ties will be broken by best individual result; if there is still a tie, it will be broken by Coach Panel discretion.</i></p> <p>Omnium, Scratch Race, Points Race, and Elimination Race:</p> <p>One starter and one alternate will per event will be selected from among athletes selected to the Team Pursuit* in the following order of priority:</p> <ol style="list-style-type: none">1. Top 8 finisher at a UCI Nations Cup in the specific discipline.2. The 2025 Continental Champion in the specific discipline.3. Top 12 finisher at a UCI Nations Cup in the specific discipline.4. Coach Panel discretion considering following factors:<ul style="list-style-type: none">• Technical ability.• Tactical ability.• Past performances and/or results in international and/or domestic competition. <p><i>Any ties will be broken by best individual result; if there is still a tie, it will be broken by Coach Panel discretion.</i></p> <p>Individual Pursuit</p> <p>Starters and alternates will be selected based on quota from among athletes selected to the Team Pursuit* in the following order of priority:</p> <ol style="list-style-type: none">1. The 2025 Continental Champion in the Individual Pursuit.2. Athletes in order of fastest Individual Pursuit time in training (with electronic timing and a National Team Coach present) or competition between Jan. 1, 2025, and the selection date. <p>Cycling Canada reserves the right to fill any vacant or remaining start positions in either endurance or sprint events with athletes who were already selected for other events if needed. Selection of starters will be at the discretion of the Coach at the event.</p>
--	---



Self-funding:	<p>Athletes are responsible for the following costs:</p> <ul style="list-style-type: none">• Travel costs to and from Milton• Prep Camp Fee (to be determined based on the number of days and whether the athlete uses CC accommodation)*• Meals during the preparation camp• \$1,100 Project Fee (estimated)*• Cycling Canada will book and pay for return flights from Milton to Santiago <p>*Project fees are based on Cycling Canada's National Team Athlete Fees Policy and are subject to change should the project parameters change. Project fees must be paid two weeks prior to the beginning of the project.</p> <p>Podium athletes traveling and staying with the National Team are exempt from the project fee.</p>
---------------	--



APPENDIX: TRACK ENDURANCE STANDARDS

Purpose: To have the best **team performance** possible, an optimal amount of track specific preparation time is required prior to each major competition. A performance camp helps the individual and team improve in the following areas:

- Technical excellence
 - Timing
 - Pacing
 - Energy expenditure
 - Team Communication
 - Event-specific leg speed
 - Event-specific gear adaptation
 - Aerodynamic optimization
 - Equipment and fit optimization
 - Line-up determination (TP)
 - Team cohesion
 - PRSI collaboration to enhance technical development of the team
- Tactical excellence
 - Decision making – quality and speed of decision making under pressure
 - Communication – with teammates in event and with support team
 - Timing – refined execution in preparation for critical moment in event
 - PRSI collaboration to enhance tactical development of the team
- Physiology
 - All endurance athletes are expected to report to a performance camp in an optimal state of readiness.
 - The camp is designed to:
 - Maximize MAP
 - Maximize Speed
 - Maximize Power
 - Improve recruitment and adaptation to track specific gears
 - Improve PRSI monitoring and collaboration to enhance physical potential of the individual and team
- Mental Performance
 - Decision-making skills – track-specific decisions and speed of decision making
 - Confidence – knowing you did the specific work required to be successful
 - Trust – trust in ability of teammates and trust in support team
 - PRSI monitoring and collaboration to enhance mental performance of the individual and team

Duration of camps: The duration of each training camp is specified in the selection document.

Right to vary duration: The National Team Coach Panel has the discretion and authority to slightly vary the duration of a performance camp for an individual or team based on circumstances outside the athlete's control. These may include but are not limited to:

- Injury or illness;
- Academic obligations;
- Participation in an official National Team training camp, competition or DTE in any discipline led by a National Team Coach that is concurrent with the team pursuit preparation camp.



Any request to vary the duration of the camp must be made to the National Coach in writing and must be accompanied by supporting documentation (e.g. a doctor's note, or a letter from an academic institution). Each case will be evaluated on a case-by-case basis. Making a request does not guarantee it will be accepted.

Communication with professional teams, clubs and other entities: The athlete is responsible for all communication with their professional team, club or other entity regarding their involvement and availability for National Team projects. An athlete wishing to be selected is responsible for ensuring their own availability. The athlete shall ensure their schedule will permit attendance at the performance camp required to attend a major championship with the National Team in a team endurance event on the track.

Failure to attend: As per Cycling Canada selection policy, the National Team Coach Panel has discretion to not select or not enter an athlete based on a failure to meet a performance readiness standard, including not attending or not being prepared for the camp.