



TECHNICAL GUIDE

2025 WHISTLER CANADA CUP

Whistler, British Columbia

Canada Cup MTB XCC

July 12th, 2025

CC NE/EN XCC

Canada Cup MTB XCO

July 13th, 2025

UCI C2 XCO [Jr. Series]

Presented by:



CYCLING
CYCLISME
CANADA



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EVENT DESCRIPTION

Cycling Canada and Whistler Blackcomb are proud to present Whistler's Canada Cup XCC/XCO. This Technical Guide covers the relevant rules and procedures for the Canada Cup XCC/XCO, held on July 12th and 13th, 2025.

The 2025 Mountain Bike Canada Cup Series Regulations also form an integral part of this document; they should be consulted together with this Technical Guide. The procedures within that document applicable to all 2025 Canada Cup events shall apply equally to these events. The 2025 Canada Cup Series Regulations are available on [Cycling Canada's Website](#).

ORGANIZER

Organizer:	Whistler Blackcomb
Address:	4545 Blackcomb Way, Whistler, BC
Name:	Whistler Blackcomb Mountain Events
Telephone:	604-905-2039
Email:	wbevents@vailresorts.com
Website:	www.whistlerblackcomb.com



<https://www.facebook.com/CyclingCanada/>



<https://www.instagram.com/cyclingcanadaofficial/>



<https://twitter.com/CyclingCanada>

#CanCupMTB

REGISTRATION

Online Registration:	<p><u>REGISTER HERE: Saturday, July 12th, Short Track XXC</u> <i>Registration closes on Thursday, July 10th, at noon as per CC regulations.</i></p> <p><u>REGISTER HERE: Sunday, July 13th, Cross Country XCO</u> <i>Registration closes on Friday, July 11th, at noon as per CC regulations.</i></p> <p><u>OR REGISTER FOR BOTH EVENTS IN ONE TRANSACTION USING THIS SERIES LINK</u></p> <p><i>There's a maximum capacity for each event of 200 registrants. Please refer to the registration landing pages to see remaining spots available.</i></p>
Late Registration:	<p>If you want to register after the above deadlines, use the links to join the waitlist. If allowed to participate, Cycling Canada will charge the athlete a \$50 late fee.</p>

Onsite Registration:	On-site registration will not be available.
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ENTRY FEES

Class	Short Track (XCC) July 12th, 2025	Cross Country (XCO) July 13th, 2025	
	June 1 - July 11	June 1 - July 4	July 5-10
CANADA CUP CLASSES (UCI Race License required)			
Elite / U23	\$50	\$75	\$85
U19 Expert	\$45	\$70	\$80
U17 Expert	\$45	\$63	\$73
OTHER CLASSES (Provincial Race License required)			
Open* / Masters	\$35	\$58	\$68
U13/U15/U17/U19 Sport	\$30	\$45	\$55

Special Discounts

- Early bird entry fee for the XCO is available until July 4th at 11:59 pm
- Per UCI requirements, athletes on UCI Elite Teams are exempt from registration fees. Contact the race organizer for a discount code.

Refunds

- Subject to an administrative fee, refunds are available if the event organizer receives the cancellation request before July 10, 2025, at 12:00 pm (noon) PST.
- After this time, refunds are no longer available, even in cases of injury or mechanical problems.

EVENT RULES & LICENSES

Canada Cup Categories

- This event is sanctioned by Cycling BC (AAA), Cycling Canada, and the [UCI as a C2 event](#).
- [UCI regulations](#), [Cycling Canada Regulations](#), and [Canada Cup MTB Regulations](#) will be enforced for all Canada Cup Categories.
- The Canada Cup series is open to all individual riders with a **valid UCI license** in the U17, U19 (Junior) and U23/Elite categories.
- Holders of UCI international licenses that do not bear a photograph will be required to present an approved and valid government photo ID in addition to their UCI license.
- As mandated by the UCI, entry into the UCI Junior Series event (U17 and U19) requires a UCI Racing License with the "Expert" ability designation, or the highest available designation in their issuing province/territory/country.
- Riders licensed outside of Canada will need to meet the following criteria, as mandated by the UCI:
 - Must hold a UCI Junior License;
 - Must have at least 20 UCI points (for riders in Europe) or 1 UCI point (for riders outside of Europe) in the latest UCI XCO individual junior ranking; or

- Must have been entered by their National Federation (maximum of 5 supplementary riders per category)
- Belong to a UCI elite MTB team or a UCI MTB team

Other Categories

- For all non-Canada Cup categories, the applicable Cycling BC regulations (AA) will be enforced.
- A BC Provincial License is required to compete in U15, U13, and Masters categories
- *A single-event license is available for athletes who want to compete in the OPEN category.
- Athletes with U17 Sport and U19 Sport classifications should register for the OPEN category.

REGISTRATION CATEGORIES

Women

Category	Description for Canada Cup/UCI Races in 2025	UCI Points	Canada Cup Points
Elite/U23 Women	For athletes born in 2006 or earlier. This Canada Cup category requires a UCI Race license (Code: XWE, XWE.E, XWU23, XWU23.E)	XCO	XCC, XCO
U19 Expert Women	For athletes born from 2007 to 2008. This Canada Cup category requires a UCI Race license (Code: XWJ.E)	XCO	XCC, XCO
U17 Expert Women	For athletes born from 2009 to 2010. This Canada Cup category requires a UCI Race license (Code: XWU17.E)		XCC, XCO
Masters B Women (45+)	For athletes born in 1980 or earlier. This category requires a Provincial or UCI Race license (Code: XWMB, XWMC, XWMD)		
Masters A Women (35-44)	For athletes born from 1981 to 1990. This category requires a Provincial or UCI Race license (Code: XWMA)		
U19 Sport Women	For athletes born from 2008 to 2007. This category requires a Provincial or UCI Race license (Code: XWJ.S)		
U17 Sport Women	For athletes born from 2009 to 2010. This category requires a Provincial or UCI Race license (Code: XWU17.S)		
U15 Women	For athletes born from 2011 to 2012. This category requires a Provincial or UCI Race license (Code: XWU15)		
U13 Women	For athletes born from 2013 to 2014. This category requires a Provincial or UCI Race license (Code: XWU13)		
Open 15+ Women	This category is available for athletes born in 2010 or earlier, with a Single-Event License or an annual membership.		

Men

Category	Description for Canada Cup/UCI Races in 2025	UCI Points	Canada Cup Points
Elite/U23 Men	For athletes born in 2006 or earlier. This Canada Cup category requires a UCI Race license (Code: XME, XME.E, XMU23, XMU23.E)	XCO	XCC, XCO
U19 Expert Men	For athletes born from 2007 to 2008. This Canada Cup category requires a UCI Race license (Code: XMJ.E)	XCO	XCC, XCO
U17 Expert Men	For athletes born from 2009 to 2010. This Canada Cup category requires a UCI Race license (Code: XMU17.E)		XCC, XCO
Masters C Men (55+)	For athletes born in 1970 or earlier. This category requires a Provincial or UCI Race license (Code: XMMC, XMMD)		
Masters B Men (45-54)	For athletes born from 1971 to 1980. This category requires a Provincial or UCI Race license (Code: XMMB)		
Masters A Men (35-44)	For athletes born from 1981 to 1990. This category requires a Provincial or UCI Race license (Code: XMMA)		
U19 Sport Men	For athletes born from 2008 to 2007. This category requires a Provincial or UCI Race license (Code: XMJ.S)		
U17 Sport Men	For athletes born from 2009 to 2010. This category requires a Provincial or UCI Race license (Code: XMU17.S)		
U15 Men	For athletes born from 2011 to 2012. This category requires a Provincial or UCI Race license (Code: XMU15)		
U13 Men	For athletes born from 2013 to 2014. This category requires a Provincial or UCI Race license (Code: XMU13)		
Open 15+ Men	This category is available for athletes born in 2010 or earlier, with a Single-Event License or an annual membership.		

Canada Cup Points Table - XCO

Elite / U23				U19 / U17	
PLACE	POINTS	PLACE	POINTS	PLACE	POINTS
1	200	41	35	1	100
2	175	42	34	2	85
3	155	43	33	3	70
4	140	44	32	4	60
5	130	45	31	5	50
6	120	46	30	6	45
7	115	47	29	7	40
8	110	48	28	8	37
9	105	49	27	9	34
10	100	50	26	10	32
11	95	51	25	11	30
12	90	52	24	12	29
13	85	53	23	13	28
14	80	54	22	14	27
15	75	55	21	15	26
16	71	56	20	16	25
17	69	57	19	17	24
18	66	58	18	18	23
19	64	59	17	19	22
20	62	60	16	20	21
21	60	61	15	21	20
22	58	62	14	22	19
23	56	63	13	23	18
24	54	64	12	24	17
25	52	65	11	25	16
26	50	66	10	26	15
27	49	67	9	27	14
28	48	68	8	28	13
29	47	69	7	29	12
30	46	70	6	30	11
31	45	71	5	31	10
32	44	72	4	32	9
33	43	73	3	33	8
34	42	74	2	34	7
35	41	75	1	35	6
36	40			36	5
37	39			37	4
38	38			38	3
39	37			39	2
40	36			40	1

RACE PACKAGE PICK-UP

- Package pick-up will be available at the race office (18 Below Restaurant @ Base 2 Blackcomb Mountain ([VIEW MAP](#)) at the following times:
 - Friday - 1:30 pm to 5:00 pm
 - Saturday - 8:00 am to 12:00pm
 - Sunday - 8:00 am to 10:00 am
- Whistler Blackcomb event waivers must be signed online prior or during package pickup.
- Race packages can be picked up by the rider or a representative; however, the rider's UCI license must be presented to pick up the package.
- If a representative is picking up the race package, they must have a valid UCI license.
- For Race Office hours of operation, view the schedule on the next page.

PLATES

Frame Plate

- Frame plates and race numbers may be reserved for athletes based on their UCI ranking.
 - Top 8 for categories: U17 M/W, U19 M/W, U23/Elite W)
 - Top 16 for categories: U23/Elite M
- Each cyclist is given a handlebar plate with their registration, which must be kept throughout the weekend.
- The plate is only valid for the current events.
- Any modification to the plate (cut, sticker, etc.) may result in the replacement of the plate at the cyclist's expense.
- The athlete who does not have their plate at a race will have to pay a fee of \$10 to obtain a new plate. This plate is compulsory during official training on the courses.

Coach's plate

- A plate is mandatory for coaches and accompanying persons (team or club) during official training on the courses.
- Register for the event as a coach and learn more about our coach plate policy at cyclingbc.net/coachplate.
- Coach plates cost \$10 and can be picked up at Race Package Pickup.

OFFICIAL TRAINING PERIODS

- The course will be open to competitors for official training only during the designated official training times listed below.
- Training is only permitted during official listed hours when medical is on-site.
- Training outside of scheduled hours will result in disqualification from racing.
- Athletes must affix their plates to their bicycles during official training on the course.

SCHEDULE

See the tables below for a full listing of the weekend's events. Please note that schedules are subject to change at the approval of the event's President of the Commissaire Panel.

Laps and Race Distances are to be confirmed by the UCI Chief Commissaire. Final details will be provided during the Team/Rider Meeting on July 12 at 5:30 pm PST at the Race Headquarters.

THURSDAY, JULY 10, 2025

9:00 am - 5:00 pm	Course marking in progress – will be open for Inspection
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FRIDAY, JULY 11, 2025

1:30 pm to 5:00 pm	Check In and Plate Pick Up at 18 Below - Blackcomb Base 2
3:00 pm to 6:00 pm	XCC / XCO Courses Open for Inspection

SATURDAY, JULY 12, 2025

8 am to 10:30 am	XCC Open Training
8 am to 12:00 pm	Check In and Plate Pick Up at 18 Below - Blackcomb Base 2
11:00 am	XCC Start Wave 1 - U13, U15, U17
11:40 am	XCC Start Wave 2 - U19 Sport/Masters/Open
12:20 pm	XCC Start Wave 3 - U17 Expert Female
1:00 pm	XCC Start Wave 4 - U17 Expert Men
1:40 pm	XCC Start Wave 5 - U19 Expert Female
2:20 pm	XCC Start Wave 6 - U19 Expert Male
3:00 pm	XCC Start Wave 7 - Elite Female, including U23
3:40 pm	XCC Start Wave 8 - Elite Male, including U23
4:20 pm	XCC Podiums at 18 Below (Blackcomb Base 2)
5:30 pm	XCO Team Managers / Riders Meeting at 18 Below (Blackcomb Base 2)

SUNDAY, JULY 13, 2025

8:00 am – 10:00 am	Late Plate Pick Up and Check In (NO Registration Available) [18 Below, Base 2]
8:30 am – 9:15 am	Open Training All Categories (<i>Closed Course</i>)
9:30 am – 10:45 am	U13, U15, U17 Sport, U19 Sport (<i>1 Min Gap for Each Age/Gender</i>)
11:00 am – 12:15 pm	Masters, Open, U17 Expert (<i>1 Min Gap for Each Age/Gender</i>)
12:30 pm – 2:30 pm	U19 Expert, Elite/U23 Female
2:30 pm – 4:30 pm	U19 Expert, Elite/U23 Male
4:30 pm	Après & Awards at Merlin's Bar & Grill (Base of Blackcomb Mountain)

RIDER CALL UP

Rider call-ups will follow the order set forth by the UCI and Canada Cup Regulations.

U17 (CC)

1. Top 16 from Event's XCC Results (8 for Women)
2. Top 8 of the current Canada Cup ranking
3. Remaining XCC results
4. Random order by plate numbers distributed

U19 Junior (Junior Series)

- 1) As per the most recently published UCI XCO juniors individual ranking of the current season (or the final ranking of the previous season if no ranking has yet been published for the current season).
 - All riders with UCI points, regardless of how they have been registered or have met the entry criteria.
- 2) Unclassified riders by rotation: The start order of the riders within the team must be confirmed by the teams during the riders' confirmation. The start order among the teams is determined as follows:
 - First, national teams whose order is determined by the nations' classification in the concerned category from the most recent world championships.
 - Second, unclassified national teams whose order is determined by drawing lots.
 - Third, UCI Elite Mountain Bike teams whose order is determined by the most recent team ranking.
 - Last, UCI Mountain Bike teams whose order is determined by the most recent team ranking.

The teams (in the order as mentioned above) are taken in turn, with the teams' first riders starting in sequence, then the teams' second riders, etc

- 3) Top 16 of the current Canada Cup ranking.
- 4) Random order by plate numbers distributed.

U23/Elite (W/M)

1. All riders on the current UCI ranking
2. All riders on the current Canada Cup ranking
3. Random order by plate number distributed.

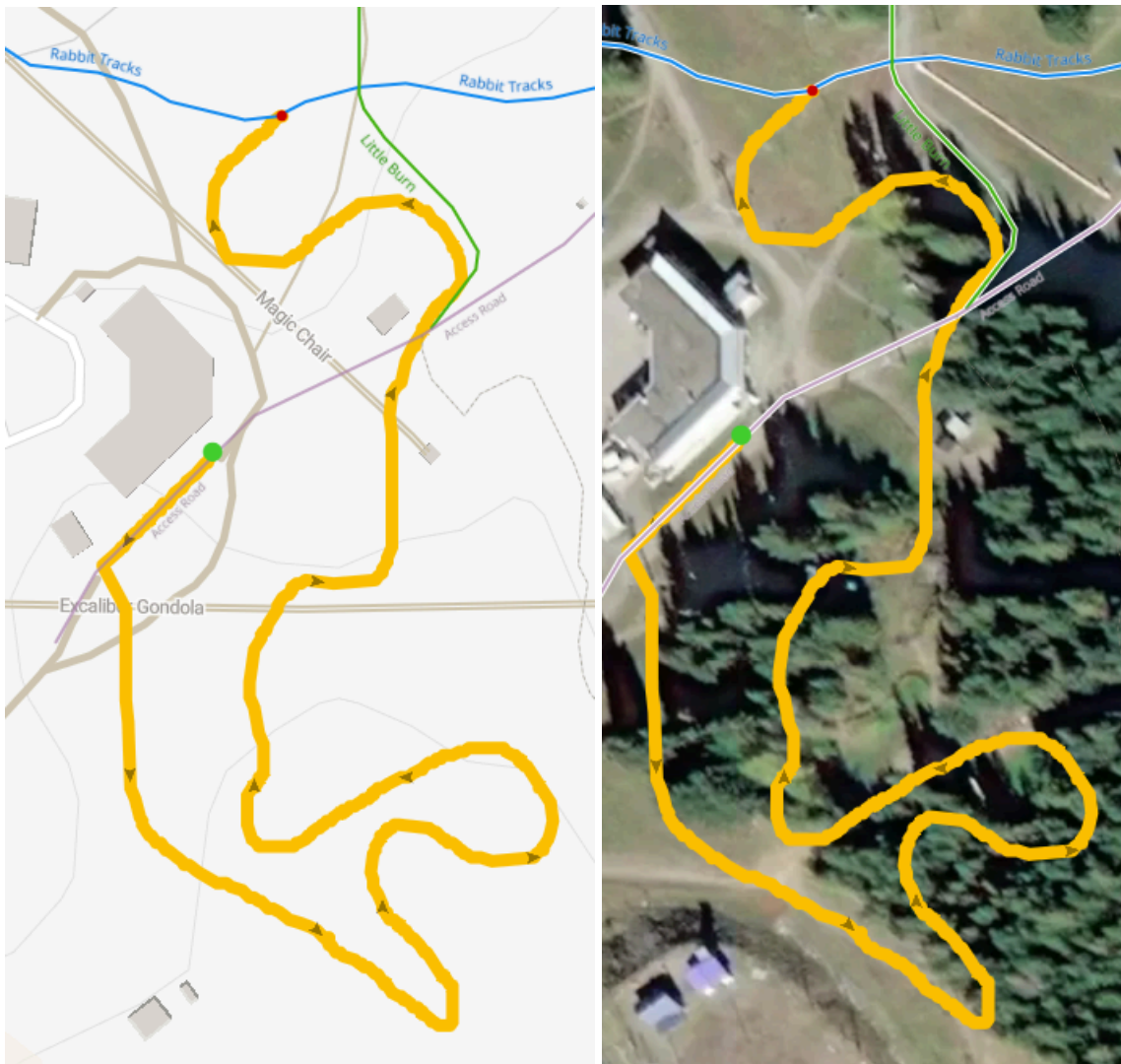
EVENT OFFICIALS

Role	Name	Province
Organizer	Mitch Collins	BC
Technical Delegate	Alex Joubert	ON
President of the Commissaire Panel	Cynthia Smith	USA
Asst. President of the Commissaire Panel	Christian Côté	QC
Secretary	Robert Armstrong	AB
Starter	Claire Bonin	BC
Member	Wally James	BC
Finish Judge	Sue Duxbury	BC

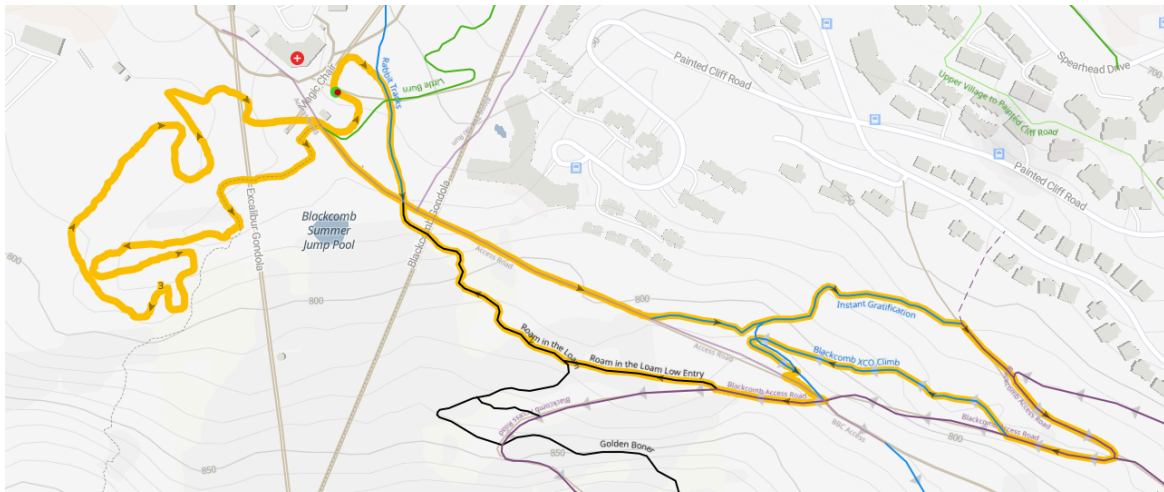
VENUE & TRACK INFORMATION

Address	Blackcomb Base 2, Behind 18 Below, 4890 Glacier Drive, Whistler, BC, V0N 1B4
Directions	Vancouver International Airport to Blackcomb Mountain, Base 2 (VIEW MAP)
Course GPS	XCO Course https://www.trailforks.com/route/2025-whistler-canada-cup-xco-course/ XCO Course Elite & U19 Experts https://www.trailforks.com/route/2025-whistler-canada-cup-xco-course-elite-and-u19-experts/

XCO Start Loop



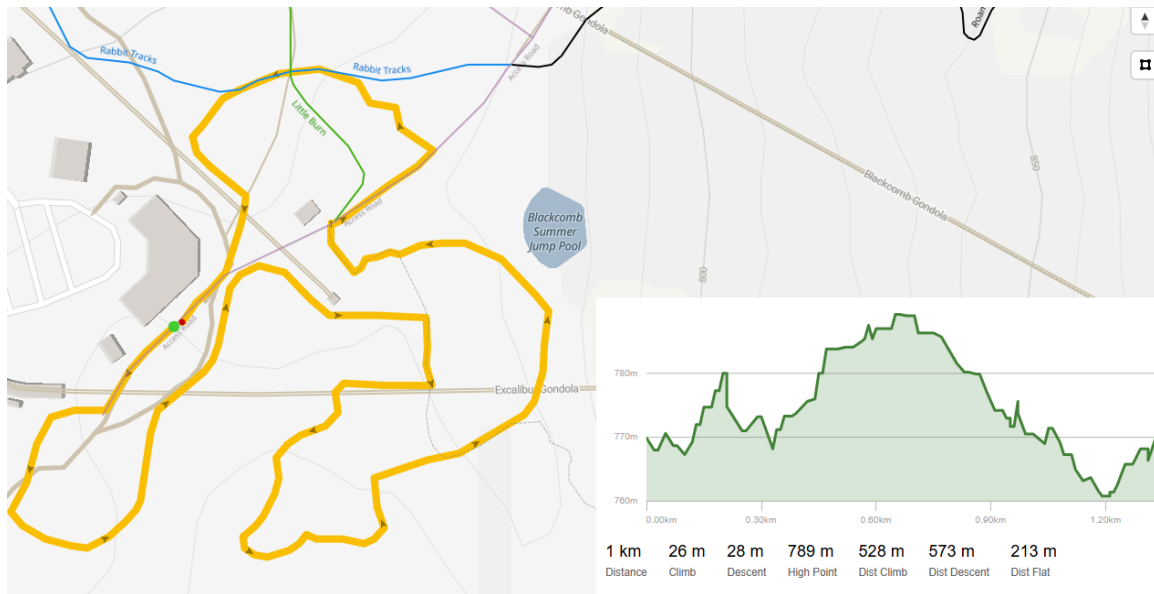
XCO Course Map



XCO Course Map Elite and U19 Experts



XCC Course Map



TIMING & RESULTS INFORMATION

Timing will be operated by Whistler Blackcomb Events Staff with Zone 4. Live Timing will be available. There's a maximum capacity for each event of 200 registrants. Please refer to the registration landing pages to see remaining spots available.

MEDIA

Media Contact: wbevents@vailresorts.com

ATHLETE & SPECTATOR SERVICES

Parking	Parking is directly onsite at Lot 6 Whistler Blackcomb. Follow the directions of the parking staff and take all garbage and recycling home.
Food Service	Whistler offers many options, but they are primarily located in the Main Village and Upper Village. At the start/finish location, there are no food services available.
Bike Shop and Service	Whistler Mountain Bike Park offers a full bike shop and service area for all parts, accessories and clothing. Please visit Garbanzo Bike and Bean.

MEDICAL & SECURITY SERVICES

On-site medical services	On-site medical provided by Bike Patrol
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Anti-doping	Anti-doping testing may be conducted on-site by the Canadian Centre for Ethics in Sport (CCES).
Nearest Hospital	Whistler Health Care Centre 4380 Lorimer Rd, Whistler, BC V8E 1A7
On-site security services	Riders and Teams are responsible for their own bikes and security. The event assumes no responsibility for loss, theft or damage.

ACCOMMODATION



Name	Address	Contact
Tourism Whistler	Whistler BC	For Reservations, call 1-800-944-7953 Reserve Here
Camping		
Riverside Camping & RV Resort	8018 Mons Rd Whistler, BC V8E 1K6	Riverside Camping Reservations
Whistler RV Park and Campgrounds	55 BC-99 Whistler, BC, V8E 0C5	Whistler RV Park Reservations





ON-SITE TEAM SETUP INFORMATION

There is limited technical space available. All teams must reserve a spot via email to wbevents@vailresorts.com

These spots will be issued on a first-come / first-served basis. As they are within the start and finish area, all vehicles must be in place by 9:00 a.m.

SPONSORS

	<p>Cycling Canada is the nation's oldest National Sport Organization and has one simple purpose – to inspire Canadians to cycle. Our mandate is to holistically develop the sport in partnership with our 11 Provincial/Territorial Sport Organizations, putting more Canadians on bikes from coast to coast and on podiums around the world.</p>
	<p>Cycling BC is the provincial governing body for the sport of cycling in British Columbia. We are a not-for-profit association registered under the BC Societies Act and affiliated with the Union Cycliste Internationale (UCI) through our membership in Cycling Canada. Other essential stakeholders supporting Cycling BC's objectives include race organizers, coaches, commissaires, instructors and committee members. We represent the full range of disciplines, including Road, Track, Cyclo-cross, Mountain Biking, BMX and Para-cycling.</p>

	<p>The UCI, or Union Cycliste Internationale, is the world governing body for cycling. It oversees and promotes cycling in all its forms, including competitive sport, leisure activities, and sustainable transportation. The UCI manages eight cycling disciplines, including road, track, mountain bike, and BMX.</p>
	<p>Whistler Mountain Bike Park has up to 70 marked trails. The trails span over 80 kilometers and 4,900 vertical feet. The park has four zones, namely Fitzsimmons Zone, Garbanzo Zone, Peak Zone, and Creek Zone. Each zone features trails for different riding abilities and stunning views.</p>
	<p>GoPro is a company that makes action cameras, which are small, rugged, and versatile cameras designed to capture video and photos during outdoor activities and sports. They are known for their ability to withstand harsh conditions and capture high-quality footage, according to GoPro.</p>
	<p>Gatorade is a sports drink formulated to replace electrolytes and carbohydrates lost through sweat during physical activity. It is primarily marketed as a beverage for athletes to help them rehydrate and refuel. Gatorade contains water, sugar, electrolytes like sodium and potassium, and other ingredients to provide a quick energy boost and replenish minerals lost through sweat.</p>