NCIM

NATIONAL CYCLING INSTITUTE MILTON

NATIONAL CYCLING INSTITUTE MILTON C2 & OCUP #1

DECEMBER 5th-6th, 2026

TECHNICAL GUIDE

ONTARIO CYCLING

UCI

CYCLING CYCLISME CANADA

V1.0 20261111

Our Partners

Mattamy Homes	The Town of Milton
Factors Training	Sippy Cup Coffee

Competition Details

This competition is sanctioned by the UCI along with additional races sanctioned by Ontario Cycling. The regulations and scale of penalties of the UCI will apply to all of the C2 Events. Ontario Cup and Youth Cup events are also governed by the regulations, policies, and scale of penalties of Cycling Canada and Ontario Cycling.

Organizer

Chris Reid info@nicrevolution.com
National Cycling Institute Milton
2015 Pan Am Blvd
Milton, Ontario, Canada
L9E 0K7

Questions/Inquiries:
Chantal Thompson – chantalthompson86@gmail.com
+1-647-242-0042

Eligibility

The Elite events in the C2 are open to all UCI licence holders in the Elite, U23, and Junior (2nd Year) Categories. Riders with the Masters category selected on their licence may not enter the Elite events. Riders licenced by national federations other than Cycling Canada and USA Cycling must provide a letter of permission from their federation. It is recommended to email this in advance.

The Ontario Cup events are open to licenced Ontario Cycling members with a domestic or UCI licence (OC Challenge licences not permitted for riders in Cat B). Competitors from outside the province must have a UCI licence. Please consult the section on OC Event Categories for more detail.

Dates

The Competition will take place over 2 days from Saturday December 5th, 2026 to Sunday December 6th, 2026. There will be no extension of the competition past Sunday December 6th as a result of delay to the program.
UCI C2 Rider confirmation and meetings will take place in the evening of Friday December 4th, 2026

Registration

UCI C2 – CLICK HERE
Ontario Cup #1 – CLICK HERE

Registration closes for all events on Tuesday December 1st at 23h59 EST. Late registrations will be accepted until December 3rd at 15h59 EST along with a $50 late fee. No further registrations will be accepted after this time. Riders entered into the C2 events must confirm their participation during the designated time period on Friday December 4th as well as attend the Riders Meeting shortly thereafter. Riders' designates may attend confirmation in their place but must have a copy of their. Please contact the race organization if alternate arrangements are required.

Ontario Cup/Youth Cup participants may pickup their bib numbers anytime before their first event during the posted OCup confirmation hours. It is recommended to attend the riders meeting each morning.

Fees

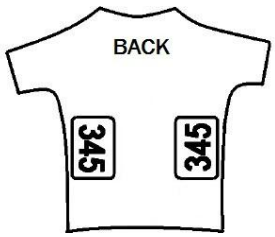
UCI C2 - $80 for the competition
Ontario Cup - $45 for each event entered
Junior Women's Showcase Event – Free
Youth Cup - $65 for the competition
(Above fees do not include HST)

REFUND POLICY
A rider must withdraw prior to registration closing to be eligible to receive a refund. Once the registration period has ended refunds are no longer available. All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus an Uplifter refund administration fee.

Clothing / Number Placement

Riders are required to wear clothing that corresponds with the team/club indicated on their license. Failure to wear appropriate clothing may result in penalties. Independent riders must wear neutral clothing, without sponsors.

Numbers must be worn on the lower back as seen in the diagram at the end of this section. Per UCI regulations, riders must wear two (2) numbers in all events. Numbers should be placed in such a way that there is a significant gap between them. The use of integrated jersey pouches is not permitted.



Medal Ceremonies

All athletes who have placed on the podium (top 3) must attend the award ceremonies. Failure to do so may result in a fine penalty and loss of prize money when applicable. Riders who cannot attend the ceremony must advise the President of the Commissaires Panel with a valid reason. Note that travel is not considered a valid reason. Riders must wear their cycling kit to the award ceremony. Failure to do so may result in a fine penalty and loss of award.

There will be a podium ceremony at the end of each session for any events completed prior.

UCI Points

All events in the UCI C2 competition awards UCI points subject to the regulations concerning this level of sanction. The available point schedules are as follows:

Omnium, Sprint, Keirin

RANK	UCI POINTS
1	100
2	90
3	80
4	75
5	70
6	65
7	60
8	55
9	50
10	45
11	41
12	38
13	35
14	32
15	29
16	26
17	24
18	22
19	20
20	18
21	16
22	14
23	12
24	10
25+	1

Scratch, Elimination, Points

RANK	UCI POINTS
1	75
2	68
3	60
4	56
5	52
6	49
7	45
8	41
9	37
10	34
11	31
12	28
13	26
14	24
15	22
16	20
17	18
18	16
19	15
20	14
21	12
22	10
23	9
24	8
25+	1

Prizes

The winners of each event in the C2 Competition will receive coffee from Sippy Cup Coffee Roasters. The top three winners in each event will receive a medal.

Anti-Doping

Sport Integrity Canada is the recognized body in Canada that conducts anti-doping activities within the sport of cycling. Should they choose to perform testing at this event, riders will be met by designated chaperones and provided further instructions at that time. Proper facilities will be made available for such activity.

On-Board Cameras

Video recording devices of any type, including bike mounted cameras and/or smart glasses during the competition is prohibited.

Preliminary Schedule

Friday, December 4th
UCI C2 Confirmation – 17h00-19h00
UCI C2 Team Manager/ Rider Meeting – 19h30

Saturday, December 5th
OCup Registration/Confirmation – Opens 08h30
OCup Rider Meeting – 09h30
Open Track (for riders racing in the session)
- Session 1 – 09h00 to 09h50
- Session 2 – 16h00 to 16h50

Session 1 – 10h00

Category	Event	Distance	Laps	Sanction
Elite Women	Sprint 200m Qualifying	200m	3.5	C2
Elite Men	Omnium I - Scratch Race	10 km	40	C2
Women CAT B/C/Master	Scratch Race Final	5 km	20	OCup
Elite Women	Scratch Race Final	10 km	40	C2
CAT D	Scratch Race Final	5 km	20	OCup
CAT C	Scratch Race Final	7.5 km	30	OCup
CAT B	Scratch Race Final	10 km	40	OCup
Elite Women	Sprint 1/4 Final	3 Laps	3	C2
Elite Men	Omnium II - Tempo Race	10 km	40	C2
Women CAT B/C/Master	Points Race Final	10 km	40	OCup
Elite Women	Points Race Final	20 km	80	C2
CAT D	Points Race Final	10 km	40	OCup
CAT C	Points Race Final	15 km	60	OCup
CAT B	Points Race Final	20 km	80	OCup

Session 2 – 17h00

Category	Event	Distance	Laps	Sanction
Elite Men	Keirin Round 1	6 Laps	6	C2
Elite Women	Sprint 1/2 Final Ride 1	3 Laps	3	C2
Elite Men	Omnium III - Elimination			C2
Women CAT B/C/Master	Elimination Final			OCup
Elite Women	Elimination Final			C2
Elite Men	Keirin Repechage	6 Laps	6	C2
Elite Women	Sprint 1/2 Final Ride 2	3 Laps	3	C2
CAT D	Elimination Final			OCup
CAT C	Elimination Final			OCup
CAT B	Elimination Final			OCup
Elite Women	Sprint 1/2 Final Ride 3 (if req)	3 Laps	3	C2
Elite Men	Keirin Semi Final	6 Laps	6	C2
Elite Women	Sprint Final Ride 1	3 Laps	3	C2
Junior Women	Points Race Final	15 km	60	OCup
Elite Men	Omnium IV - Points Race	25 km	100	C2
Elite Women	Sprint Final Ride 2	3 Laps	3	C2
Elite Men	Keirin Final	6 Laps	6	C2
Elite Women	Sprint Final Ride 3 (If req)	3 Laps	3	C2

Sunday, December 6th
Youth Cup Registration/Confirmation – Opens 08h30
Youth Cup Rider Meeting – 09h30
Open Track (for riders racing in the session)
- Session 1 – 09h00 to 09h50
- Session 2 – 15h00 to 15h50

Session 1 – 10h00

Category	Event	Distance	Laps	Sanction
Elite Men	Sprint 200m Qualifying	200m	3.5	C2
Elite Women	Omnium I - Scratch Race	10 km	40	C2
Elite Men	Scratch Race Final	10 km	40	C2
Youth CAT G	Scratch Race Final	2.5 km	10	Youth Cup
Youth CAT F	Scratch Race Final	3.75 km	15	Youth Cup
Youth CAT E	Scratch Race Final	5 km	20	Youth Cup
Elite Men	Sprint 1/8 Final	3 Laps	3	C2
Elite Women	Omnium II - Tempo Race	10 km	40	C2
Elite Men	Points Race Final	30 km	120	C2
Youth CAT G	Point-a-Lap Final	2.5 km	10	Youth Cup
Youth CAT F	Point-a-Lap Final	3.75 km	15	Youth Cup
Youth CAT E	Point-a-Lap Final	5 km	20	Youth Cup
Elite Men	Sprint 1/4 Final	3 Laps	3	C2

Session 2 – 16h00

Category	Event	Distance	Laps	Sanction
Elite Women	Keirin Round 1	6 Laps	6	C2
Elite Men	Sprint 1/2 Final Ride 1	3 Laps	3	C2
Elite Women	Omnium III - Elimination			C2
Elite Men	Elimination Final			C2
Youth CAT G	Elimination Final			Youth Cup
Youth CAT F	Elimination Final			Youth Cup
Youth CAT E	Elimination Final			Youth Cup
Elite Women	Keirin Repechage	6 Laps	6	C2
Elite Men	Sprint 1/2 Final Ride 2	3 Laps	3	C2
Youth CAT G	Chariot Race Qualification	375m	1.5	Youth Cup
Youth CAT F	Chariot Race Qualification	375m	1.5	Youth Cup
Youth CAT E	Chariot Race Qualification	375m	1.5	Youth Cup
Elite Men	Sprint 1/2 Final Ride 3 (if req)	3 Laps	3	C2
Elite Women	Keirin Semi Final	6 Laps	6	C2
Elite Men	Sprint Final Ride 1	3 Laps	3	C2
Elite Women	Omnium IV - Points Race	20 km	80	C2
Elite Men	Sprint Final Ride 2	3 Laps	3	C2
Youth CAT G	Chariot Race Finals	375m	1.5	Youth Cup
Youth CAT F	Chariot Race Finals	375m	1.5	Youth Cup
Youth CAT E	Chariot Race Finals	375m	1.5	Youth Cup
Elite Women	Keirin Final	6 Laps	6	C2
Elite Men	Sprint Final Ride 3 (If req)	3 Laps	3	C2

All times and schedules subject to change.

Specific Regulations for the C2 Competition

BUNCH RACES (OMNIUM, POINTS, SCRATCH, ELIMINATION)
If more than 24 riders are registered for these events, there will be qualification races added to the schedule in order to reduce the number of competitors below the track maximum. An equal number of riders starting each qualifier will be removed.

EVENT	QUALIFIER	DISTANCE
OMNIUM	POINTS RACE	Men 15KM Women 10KM
SCRATCH RACE	SCRATCH RACE	7.5KM
ELIMINATION	SCRATCH RACE	7.5KM
POINTS RACE	POINTS RACE	Men 15KM Women 10KM

SPRINT
The qualification for this event will be a flying 200m. The format of the competition will depend on the number of entries. All rides will be straight until the semi-finals, where they will be best of three.

KEIRIN
The format of the Keirin competition will follow the format listed in the UCI regulations. The starting round and number of heats will depend on the number of entries.

Specific Regulations for the Ontario Cup and Youth Cup Competition

OC EVENT CATEGORIES
OCup categories will be an open, ability-based format where athletes will self-seed themselves from Cat B-D (Open), Cat B-C & Masters (Women Only), and Cat E-G (Youth). The ability-based format is designed to provide meaningful competition for all riders and ensure appropriate participation numbers for quality racing. Any questions regarding format can be directed to OC office – Event Team. Depending on registration numbers, categories may be combined, but there will be separate podiums for each category. A minimum of ten (10) riders will need to be registered within each category for the category to stand as listed.

SUGGESTED SEEDING
The suggested seeding chart is a guideline based on the category that best reflects their abilities. NCIM will monitor and reserves the right to move entrants around based on category availability, previous OCup results, NCIM weekly racing results to ensure categories are comprised of similar abilities. U17 riders may race in the OCup categories (Cat B-D or Cat B-C Women) if they would prefer. The Cat B Open Category may not compete on an OC Challenge licence.

Categories	Suggested Seeding
Cat E	*U17 men finishing middle of the pack at Provincial Championship *U17 women in the top third of the field at Provincial and National Championship *U15 female/male finishing in the pack at Provincials
Cat F	*U15 with race experience *U13 male/female with advanced skill and physical maturity
Cat G	*U13 female/male *U11 female/male

YOUTH CATEGORY RESTRICTIONS

Category E, F, & G are not permitted to use disc wheels. There are gear restrictions for the following categories:

Cat E	7.12m
Cat F / G	6.71m

*There are no gear restrictions for the Junior riders and U17 riders (including upgraded U15s) who are racing the Cat B-D or Cat B-C Women categories.

Category F-G mass start races will have athletes beginning their race holding from the safety zone railing on the backstraight, completing a 1.5 lap rolling neutral start instead of the traditional single neutral lap. In addition, in the case of a mishap during a mass start race, riders in these categories will not be permitted to re-enter the race.

MEMBERSHIP
Ontario riders with licencing issues are encouraged to contact Chris Baskys, OC Membership Manager, well in advance of the competition.

info@ontariocycling.org

OTHER REGULATIONS
Riders who have pulled out of the competition must inform the President of the Commissaire Panel (PCP). This means that the rider will also be pulling out of all subsequent races on that day. Should they not inform the PCP this may result in a fine.
For all Youth Categories (E, F, G), the $65 youth pricing includes all Youth category events for the day. Riders must race in all the events listed. If they choose to pull out of a race, they will be removed from the remainder of the events on the schedule.

Track Certification

All riders must be certified on the track prior to racing. All certifications are done through NCIM through one of the following methods:

- Riders who have no track riding experience will need to attend a Track Certification. Please contact NCIM for more information on when the next Track Certification is taking place.
- Riders who have track riding experience elsewhere may get certified at one of the drop-in sessions scheduled on Friday Dec 4 and/or Saturday Dec 5
- Riders who are track certified in Bromont will need to provide proof that they have been track certified. Please send all certificates to the NCIM.
- For any additional questions regarding track certification please contact NCIM at the following address admin@ncirevolution.com

Event Staff

Organizer	REID, Chris	
Race Director	THOMPSON, Chantal	
Technical Director	PARADOWSKI, Andrew	
Volunteer Manager	HALL, Joe	
Event Admin & VIP	LENTINI, Nicole	
Finance	MILEWSKI, Michael	
Social Media & Marketing	GIROLAMETTO, Michael	
Sponsorship & Marketing	OELKUCH, George	
Timing, Scoring, & Results	POGUE, Doug (racetiming.ca)	
Ontario Cycling Rep	DROLET, Kim	
Ontario Cycling Rep	HUGHES, Teagan	
Speaker	FRONER, Axel	

Commissaires

President of the Commissaires Panel	PINKOSKI, Michael (AB)	UCI International Commissaire
Secretary	HEAD, Steve (ON)	Elite National Commissaire
Judge Referee	SITARSKI, Edward (ON)	Elite National Commissaire
Starter	LAROCQUE, Josee (ON)	Elite National Commissaire
Finish Judge	TRISCHUK, William (ON)	National Commissaire
Member of the Panel	DAY, Bradley (ON)	Elite National Commissaire
Member of the Panel	HILL, Benjamin (ON)	National Commissaire
Member of the Panel	SCHEERER, Kevin (ON)	Provincial Commissaire
Technical Delegate	EATON, Jen (ON)	Cycling Canada

Venue

Mattamy National Cycling Centre (MNCC)
2015 Pan Am Blvd.
Milton, Ontario, Canada

The Velodrome is a 250m indoor wood track constructed with Siberian spruce, with a painted concrete safety zone. The outer safety fence (balustrade) has been upgraded to meet the new UCI height standards.

Athlete Services

INFIELD ACCESS

Riders, Teams, Coaches and staff are permitted to access the infield for the purpose of the competition. No accreditation is required. Spectators, family, and personnel not involved with race operations are asked to stay in the public spectating areas.

PITS

Rider/Team pits will be allocated on a case by case basis depending on team size and need. Be sure to include your team name when registering so that pit assignments can be properly allocated. Smaller teams/Individual riders will share common spaces. Teams entered into the C2 competition may leave their equipment overnight however the NCIM assumes no responsibility for items left alone in this manner. If your team is participating in both the Ontario Cup and Youth cup, please contact the organiser to arrange maintaining the same pit as they will likely change overnight.

All items must be removed at the conclusion of the final event on Sunday December 6th

RESULTS

In effort to reduce environmental waste, there will not be any printing of start lists, results, schedules, or classifications. All documents related to the competition will be made available on http://tracktiming.live
There is a public wifi available in the velodrome.

LIVESTREAM

All sessions of this competition will be livestreamed. The feed will be available here: https://www.youtube.com/@FactorsTraining

TRACK BOOKING / RENTALS

Contact Shari Pay from the Town of Milton to organize private track rentals. These activities are outside the competition and are not supported in any way by the National Cycling Institute of Milton.

Co-ordinator, Cycling & Events
Shari Pay shari.pay@milton.ca

WARMUP/OPEN TRAINING

Riding on the track will be available for 50 mins prior to start of the first event in each session. There will be a limit of 30 people on the track at a given time and is only open to those riders competing in the session immediately following the warm up.

All riders must enter and exit from the backstraight and be wearing their bib numbers.
Standing starts will not be allowed.
The open training session will be monitored by a member of the Commissaire team.

Tickets

This event is open to the public. Spectators will use the "Community Entrance" on the west side of the velodrome and take the stairs or elevator to the third floor to access first come first serve seating. There is a walking track that surrounds the velodrome seating. It will be in use during the competition. Spectators are kindly asked not to block this area.

Parking

Athlete parking is located on the north, west, and south sides of the velodrome. Please note that there is a section on the north side that is meant for building staff until 5 PM on Friday. You may park in that section afterwards. If you are bringing a trailer, you must park in the spectator lot to the east side

Spectators are asked to park in the main lot to the East side of the building.

Vehicles not parked in designated spots may be ticketed and or towed by the Town of Milton

Medical Services

Onsite medical services will be provided by Odyssey Medical Service. They will be located in the infield near the entrance to the backstraight. They will be present for all official training and events.

The nearest hospital with an emergency department is located 4.2km away from the MNCC

Milton District Hospital
725 Bronte St. S, Milton, ON L9T 9K1

The next nearest available hospital is located 13.6km away from the MNCC

Oakville Trafalgar Memorial Hospital
3001 Hospital Gate, Oakville, ON L6M 0L8

Event Safety

Do not ride down the ramp. Riders are to walk their bikes down. Failure to do so may result in a penalty.
You are required to wear an approved, regulation cycling helmet at all times while riding your bike. This includes riding around the infield.
Access to trackside for video and photography is reserved for media personnel as approved by the NCIM and is at NCIM's sole discretion. Commissaires may refuse access to the safety apron at any time.

Media Requests

All media requests, including requesting access to the field of play/infield for photography should contact Chantal Thompson

chantalthompson86@gmail.com

General Information

The velodrome is located in the township of Milton, Ontario, a fast-growing municipality with a population over 160,000. It is a suburb within the Greater Toronto Area, roughly 60 km from the downtown core.

The nearest airport is Toronto Pearson (YYZ), approximately 42 km from the velodrome. Public transit services are available but are not convenient. It is recommended that out-of-town competitors seek alternate private transport

The average weather in Canada for southern Ontario for the month of December is relatively cold, averaging -5C to +5C. Snowfall and cover is common.

Canada runs on a single phase 120V electrical grid and uses the type A & B plugs

The national currency is the Canadian Dollar (CAD). Most vendors have electronic payment options for credit card and debit cards with wireless payment. Cash transactions are rounded down/up to the nearest $0.05